# MULTIPLICATIVE INEQUALITIES FOR WEIGHTED GEOMETRIC MEAN IN HERMITIAN UNITAL BANACH \*-ALGEBRAS

## S. S. DRAGOMIR<sup>1,2</sup>

ABSTRACT. Consider the quadratic weighted geometric mean

$$x \otimes_{\nu} y := \left| \left| y x^{-1} \right|^{\nu} x \right|^2$$

for invertible elements x, y in a Hermitian unital Banach \*-algebra and real number  $\nu$ . In this paper, by utilizing some results of Tominaga, Furuichi, Liao-Wu-Zhao, Zuo-Shi-Fujii and the author, we obtain various upper and lower bounds for the positive element  $(1 - \nu) |x|^2 + \nu |y|^2$  in terms of  $x \bigotimes_{\nu} y$ , where  $\nu \in [0, 1]$ , under various assumptions for the elements x, y involved. Applications for the classical weighted geometric mean

$$a \sharp_{\nu} b := a^{1/2} \left( a^{-1/2} b a^{-1/2} \right)^{\upsilon} a^{1/2}$$

of positive elements a, b that satisfy the condition  $0 < ka \le b \le Ka$  for certain numbers 0 < k < K, are also given.

#### 1. INTRODUCTION

Let A be a unital Banach \*-algebra with unit 1. An element  $a \in A$  is called *selfadjoint* if  $a^* = a$ . A is called *Hermitian* if every selfadjoint element a in A has real spectrum  $\sigma(a)$ , namely  $\sigma(a) \subset \mathbb{R}$ .

In what follows we assume that A is a Hermitian unital Banach \*-algebra.

We say that an element a is *nonnegative* and write this as  $a \ge 0$  if  $a^* = a$  and  $\sigma(a) \subset [0, \infty)$ . We say that a is *positive* and write a > 0 if  $a \ge 0$  and  $0 \notin \sigma(a)$ . Thus a > 0 implies that its inverse  $a^{-1}$  exists. Denote the set of all invertible elements of A by Inv (A). If  $a, b \in \text{Inv}(A)$ , then  $ab \in \text{Inv}(A)$  and  $(ab)^{-1} = b^{-1}a^{-1}$ . Also, saying that  $a \ge b$  means that  $a - b \ge 0$  and, similarly a > b means that a - b > 0.

The Shirali-Ford theorem asserts that [19] (see also [2, Theorem 41.5])

(SF) 
$$a^*a \ge 0$$
 for every  $a \in A$ .

Based on this fact, Okayasu [16], Tanahashi and Uchiyama [21] proved the following fundamental properties (see also [12]):

(i) If  $a, b \in A$ , then  $a \ge 0, b \ge 0$  imply  $a + b \ge 0$  and  $\alpha \ge 0$  implies  $\alpha a \ge 0$ ;

- (ii) If  $a, b \in A$ , then  $a > 0, b \ge 0$  imply a + b > 0;
- (iii) If  $a, b \in A$ , then either  $a \ge b > 0$  or  $a > b \ge 0$  imply a > 0;
- (iv) If a > 0, then  $a^{-1} > 0$ ;
- (v) If c > 0, then 0 < b < a if and only if cbc < cac, also  $0 < b \le a$  if and only if  $cbc \le cac$ ;

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(vi) If 0 < a < 1, then  $1 < a^{-1}$ ;

(vii) If 0 < b < a, then  $0 < a^{-1} < b^{-1}$ , also if 0 < b < a, then  $0 < a^{-1} < b^{-1}$ .

Okayasu [16] showed that the Löwner-Heinz inequality remains valid in a Hermitian unital Banach \*-algebra with continuous involution, namely if  $a, b \in A$  and  $p \in [0, 1]$  then a > b (a > b) implies that  $a^p > b^p$   $(a^p > b^p)$ .

In order to introduce the real power of a positive element, we need the following facts [2, Theorem 41.5].

Let  $a \in A$  and a > 0, then  $0 \notin \sigma(a)$  and the fact that  $\sigma(a)$  is a compact subset of  $\mathbb{C}$  implies that  $\inf\{z: z \in \sigma(a)\} > 0$  and  $\sup\{z: z \in \sigma(a)\} < \infty$ . Choose  $\gamma$  to be close rectifiable curve in  $\{\operatorname{Re} z > 0\}$ , the right half open plane of the complex plane, such that  $\sigma(a) \subset \operatorname{ins}(\gamma)$ , the inside of  $\gamma$ . Let G be an open subset of  $\mathbb{C}$  with  $\sigma(a) \subset G$ . If  $f: G \to \mathbb{C}$  is analytic, we define an element f(a) in A by

$$f(a) := \frac{1}{2\pi i} \int_{\gamma} f(z) (z-a)^{-1} dz$$

It is well known (see for instance [4, pp. 201-204]) that f(a) does not depend on the choice of  $\gamma$  and the Spectral Mapping Theorem (SMT)

$$\sigma\left(f\left(a\right)\right) = f\left(\sigma\left(a\right)\right)$$

holds.

For any  $\alpha \in \mathbb{R}$  we define for  $a \in A$  and a > 0, the real power

$$a^{\alpha} := \frac{1}{2\pi i} \int_{\gamma} z^{\alpha} \left( z - a \right)^{-1} dz,$$

where  $z^{\alpha}$  is the principal  $\alpha$ -power of z. Since A is a Banach \*-algebra, then  $a^{\alpha} \in A$ . Moreover, since  $z^{\alpha}$  is analytic in  $\{\operatorname{Re} z > 0\}$ , then by (SMT) we have

$$\sigma(a^{\alpha}) = (\sigma(a))^{\alpha} = \{z^{\alpha} : z \in \sigma(a)\} \subset (0, \infty).$$

Following [12], we list below some important properties of real powers:

- (viii) If  $0 < a \in A$  and  $\alpha \in \mathbb{R}$ , then  $a^{\alpha} \in A$  with  $a^{\alpha} > 0$  and  $(a^2)^{1/2} = a$ , [21, Lemma 6];

  - (ix) If  $0 < a \in A$  and  $\alpha, \beta \in \mathbb{R}$ , then  $a^{\alpha}a^{\beta} = a^{\alpha+\beta}$ ; (x) If  $0 < a \in A$  and  $\alpha \in \mathbb{R}$ , then  $(a^{\alpha})^{-1} = (a^{-1})^{\alpha} = a^{-\alpha}$ ;
  - (xi) If  $0 < a, b \in A, \alpha, \beta \in \mathbb{R}$  and ab = ba, then  $a^{\alpha}b^{\beta} = b^{\beta}a^{\alpha}$ .

We define the following means for  $\nu \in [0, 1]$ , see also [12] for different notations:

(A) 
$$a\nabla_{\nu}b := (1-\nu)a + \nu b, \ a, \ b \in A$$

the weighted arithmetic mean of (a, b),

(H) 
$$a!_{\nu}b := ((1-\nu)a^{-1}+\nu b^{-1})^{-1}, a, b > 0$$

the weighted harmonic mean of positive elements (a, b) and

(G) 
$$a \sharp_{\nu} b := a^{1/2} \left( a^{-1/2} b a^{-1/2} \right)^{\nu} a^{1/2}$$

the weighted geometric mean of positive elements (a, b). Our notations above are motivated by the classical notations used in operator theory. For simplicity, if  $\nu = \frac{1}{2}$ , we use the simpler notations  $a\nabla b$ , all and  $a \sharp b$ . The definition of weighted geometric mean can be extended for any real  $\nu$ .

In [12], B. Q. Feng proved the following properties of these means in A a Hermitian unital Banach \*-algebra:

 $\mathbf{2}$ 

(xii) If  $0 < a, b \in A$ , then a!b = b!a and a # b = b # a;

(xiii) If  $0 < a, b \in A$  and  $c \in Inv(A)$ , then

$$c^{*}(a|b) c = (c^{*}ac)! (c^{*}bc) \text{ and } c^{*}(a|b) c = (c^{*}ac) \sharp (c^{*}bc);$$

(xiv) If  $0 < a, b \in A$  and  $\nu \in [0, 1]$ , then

$$(a!_{\nu}b)^{-1} = (a^{-1}) \nabla_{\nu} (b^{-1}) \text{ and } (a^{-1}) \sharp_{\nu} (b^{-1}) = (a\sharp_{\nu}b)^{-1}.$$

Utilising the Spectral Mapping Theorem and the Bernoulli inequality for real numbers, B. Q. Feng obtained in [10] the following inequality between the weighted means introduced above:

(HGA) 
$$a\nabla_{\nu}b \ge a\sharp_{\nu}b \ge a!_{\nu}b$$

for any  $0 < a, b \in A$  and  $\nu \in [0, 1]$ .

In [21], Tanahashi and Uchiyama obtained the following identity of interest:

**Lemma 1.** If 0 < c, d and  $\lambda$  is a real number, then

(1.1) 
$$(dcd)^{\lambda} = dc^{1/2} \left( c^{1/2} d^2 c^{1/2} \right)^{\lambda - 1} c^{1/2} d.$$

Using this equality we proved the following fact [8]:

**Proposition 1.** For any  $0 < a, b \in A$  we have

$$b\sharp_{1-\nu}a = a\sharp_{\nu}b$$

for any real number  $\nu$ .

In [8] we introduced the quadratic weighted mean of (x, y) with  $x, y \in \text{Inv}(A)$ and the real weight  $\nu \in \mathbb{R}$ , as the positive element denoted by  $x \bigotimes_{\nu} y$  and defined by

(S) 
$$x \bigotimes_{\nu} y := x^* \left( (x^*)^{-1} y^* y x^{-1} \right)^{\nu} x = x^* \left| y x^{-1} \right|^{2\nu} x = \left| \left| y x^{-1} \right|^{\nu} x \right|^2.$$

When  $\nu = 1/2$ , we denote  $x \otimes_{1/2} y$  by  $x \otimes y$  and we have

$$x \circledast y = x^* \left( (x^*)^{-1} y^* y x^{-1} \right)^{1/2} x = x^* \left| y x^{-1} \right| x = \left| \left| y x^{-1} \right|^{1/2} x \right|^2.$$

We can also introduce the 1/2-quadratic weighted mean of (x, y) with  $x, y \in$ Inv (A) and the real weight  $\nu \in \mathbb{R}$  by

(1/2-S) 
$$x \bigotimes_{\nu}^{1/2} y := (x \bigotimes_{\nu} y)^{1/2} = \left| \left| y x^{-1} \right|^{\nu} x \right|.$$

Correspondingly, when  $\nu = 1/2$  we denote  $x \mathbb{S}^{1/2} y$  and we have

$$x \circledast^{1/2} y = \left| \left| y x^{-1} \right|^{1/2} x \right|.$$

The following equalities hold [8]:

**Proposition 2.** For any  $x, y \in \text{Inv}(A)$  and  $\nu \in \mathbb{R}$  we have

$$(x \otimes_{\nu} y)^{-1} = (x^*)^{-1} \otimes_{\nu} (y^*)^{-1}$$

and

$$(x^{-1}) \, \mathbb{S}_{\nu} (y^{-1}) = (x^* \, \mathbb{S}_{\nu} y^*)^{-1}.$$

If we take in (S)  $x = a^{1/2}$  and  $y = b^{1/2}$  with a, b > 0 then we get

$$a^{1/2}$$
 (S) <sub>$\nu$</sub>   $b^{1/2} = a \sharp_{\nu} b$ 

for any  $\nu \in \mathbb{R}$  that shows that the quadratic weighted mean can be seen as an extension of the weighted geometric mean for positive elements considered in the introduction.

Let  $x, y \in \text{Inv}(A)$ . If we take in the definition of " $\sharp_{\nu}$ " the elements  $a = |x|^2 > 0$ and  $b = |y|^2 > 0$  we also have for real  $\nu$ 

$$|x|^{2} \sharp_{\nu} |y|^{2} = |x| \left( |x|^{-1} |y|^{2} |x|^{-1} \right)^{\nu} |x| = |x| \left| |y| |x|^{-1} \right|^{2\nu} |x| = \left| \left| |y| |x|^{-1} \right|^{\nu} |x| \right|^{2}.$$

It is then natural to ask how the positive elements  $x \otimes_{\nu} y$  and  $|x|^2 \sharp_{\nu} |y|^2$  do compare, when  $x, y \in \text{Inv}(A)$  and  $\nu \in \mathbb{R}$ ?

In [8] we proved the following lemma that provides a slight generalization of Lemma 1.

**Lemma 2.** If  $0 < c, d \in Inv(A)$  and  $\lambda$  is a real number, then

$$(dcd^*)^{\lambda} = dc^{1/2} \left( c^{1/2} |d|^2 c^{1/2} \right)^{\lambda-1} c^{1/2} d^*.$$

**Remark 1.** The identity (2.18) was proved by. T. Furuta in [11] for positive operator c and invertible operator d in the Banach algebra of all bonded linear operators on a Hilbert space by using the polar decomposition of the invertible operator  $dc^{1/2}$ .

The following fundamental fact that connects the quadratic weighted geometric mean  $\mathcal{S}_{\nu}$  to the weighted geometric mean  $\sharp_{\nu}$  holds [8]:

**Theorem 1.** If  $x, y \in \text{Inv}(A)$  and  $\lambda$  is a real number, then

$$x \circledast_{\nu} y = \left| x \right|^2 \sharp_{\nu} \left| y \right|^2$$

Now, assume that f(z) is analytic in the right half open plane {Re z > 0} and for the interval  $I \subset (0, \infty)$  assume that  $f(z) \ge 0$  for any  $z \in I$ . If  $u \in A$  such that  $\sigma(u) \subset I$ , then by (SMT) we have

$$\sigma(f(u)) = f(\sigma(u)) \subset f(I) \subset [0,\infty)$$

meaning that  $f(u) \ge 0$  in the order of A.

Therefore, we can state the following fact that will be used to establish various inequalities in A.

**Lemma 3.** Let f(z) and g(z) be analytic in the right half open plane  $\{\operatorname{Re} z > 0\}$ and for the interval  $I \subset (0, \infty)$  assume that  $f(z) \ge g(z)$  for any  $z \in I$ . Then for any  $u \in A$  with  $\sigma(u) \subset I$  we have  $f(u) \ge g(u)$  in the order of A.

We have the following inequalities between means [8]:

**Theorem 2.** For any  $x, y \in \text{Inv}(A)$  and  $\nu \in [0, 1]$  we have

(1.2) 
$$|x|^2 \nabla_{\nu} |y|^2 \ge x \widehat{\mathbb{S}}_{\nu} y \ge |x|^2 |_{\nu} |y|^2.$$

In particular,

(1.3) 
$$|x|^2 \nabla |y|^2 \ge x \Im y \ge |x|^2 |y|^2$$

We can define the weighted means for  $\nu \in [0, 1]$  and the elements  $x, y \in \text{Inv}(A)$ and  $\nu \in [0, 1]$  by

$$x\nabla_{\nu}^{1/2}y := \left( |x|^2 \nabla_{\nu} |y|^2 \right)^{1/2} = \left( (1-\nu) |x|^2 + \nu |y|^2 \right)^{1/2}$$

and

$$x!_{\nu}^{1/2}y := \left( |x|^{2}!_{\nu} |y|^{2} \right)^{1/2} = \left( (1-\nu) |x|^{-2} + \nu |y|^{-2} \right)^{-1/2}.$$

For  $\nu = 1/2$  we consider

$$x\nabla^{1/2}y := \left(|x|^2 \nabla |y|^2\right)^{1/2} = \frac{\sqrt{2}}{2} \left(|x|^2 + |y|^2\right)^{1/2}$$

and

$$x!^{1/2}y := \left(|x|^2! |y|^2\right)^{1/2} = \sqrt{2} \left(|x|^{-2} + |y|^{-2}\right)^{-1/2}$$

We have [8]:

**Corollary 1.** Let A be a Hermitian unital Banach \*-algebra with continuous involution. Then for any  $x, y \in \text{Inv}(A)$  and  $\nu \in [0, 1]$  we have

(1.4) 
$$x\nabla_{\nu}^{1/2}y \ge x \mathbb{S}_{\nu}^{1/2}y \ge x!_{\nu}^{1/2}y.$$

In particular, we have

(1.5) 
$$x\nabla^{1/2}y \ge x\mathbb{S}^{1/2}y \ge x!^{1/2}y.$$

Recall that a  $C^*$ -algebra A is a Banach \*-algebra such that the norm satisfies the condition

$$|a^*a|| = ||a||^2$$
 for any  $a \in A$ 

If a  $C^*$ -algebra A has a unit 1, then automatically ||1|| = 1.

It is well know that, if A is a  $C^*$ -algebra, then (see for instance [15, 2.2.5 Theorem])

 $b \ge a \ge 0$  implies that  $||b|| \ge ||a||$ .

**Corollary 2.** Let A be a unital C<sup>\*</sup>-algebra. Then for any  $x, y \in \text{Inv}(A)$  and  $\nu \in [0,1]$  we have

(1.6) 
$$(1-\nu) \|x\|^2 + \nu \|y\|^2 \ge \left\| (1-\nu) |x|^2 + \nu |y|^2 \right\| \ge \left\| \left| yx^{-1} \right|^{\nu} x \right\|^2.$$

In particular,

(1.7) 
$$\frac{1}{2} \left( \left\| x \right\|^2 + \left\| y \right\|^2 \right) \ge \frac{1}{2} \left\| \left| x \right|^2 + \left| y \right|^2 \right\| \ge \left\| \left| y x^{-1} \right|^{1/2} x \right\|^2$$

Motivated by the above facts, in this paper we obtain various upper and lower bounds for the positive element  $(1 - \nu) |x|^2 + \nu |y|^2$  in terms of the quadratic mean  $x \bigotimes_{\nu} y$ , namely, inequalities of the form

$$\delta x \mathfrak{S}_{\nu} y \le (1-\nu) \left| x \right|^2 + \nu \left| y \right|^2 \le \Delta x \mathfrak{S}_{\nu} y,$$

where  $\nu \in [0,1]$  and the numbers  $1 \leq \delta < \Delta < \infty$ , under various assumptions for the elements involved. Applications for the classical geometric mean  $a \sharp_{\nu} b :=$  $a^{1/2} \left(a^{-1/2}ba^{-1/2}\right)^{\upsilon} a^{1/2}$  of positive elements a, b that satisfy the condition  $0 < ka \leq b \leq Ka$  for certain numbers 0 < k < K, are also given.

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### 2. Some Preliminary Facts

Jensen's inequality for convex function is one of the most known and extensively used inequality in various filed of Modern Mathematics. It is a source of many classical inequalities including the generalized triangle inequality, the arithmetic mean-geometric mean-harmonic mean inequality, the positivity of *relative entropy* in Information Theory, Schannon's inequality, Ky Fan's inequality, Levinson's inequality and other results. For classical and contemporary developments related to the Jensen inequality, see [3], [14], [18] and [9] where further references are provided.

To be more specific, we recall that, if X is a linear space and  $C \subseteq X$  a convex subset in X, then for any convex function  $f: C \to \mathbb{R}$  and any  $z_i \in C$ ,  $r_i \geq 0$  for  $i \in \{1, ..., k\}$ ,  $k \geq 2$  with  $\sum_{i=1}^{k} r_i = R_k > 0$  one has the weighted Jensen's inequality:

(J) 
$$\frac{1}{R_k} \sum_{i=1}^k r_i f(z_i) \ge f\left(\frac{1}{R_k} \sum_{i=1}^k r_i z_i\right).$$

If  $f: C \to \mathbb{R}$  is strictly convex and  $r_i > 0$  for  $i \in \{1, ..., k\}$  then the equality case holds in (J) if and only if  $z_1 = ... = z_n$ .

By  $\mathcal{P}_n$  we denote the set of all nonnegative *n*-tuples  $(p_1, ..., p_n)$  with the property that  $\sum_{i=1}^n p_i = 1$ . Consider the normalised Jensen functional

$$\mathcal{J}_n\left(f, \mathbf{x}, \mathbf{p}\right) = \sum_{i=1}^n p_i f\left(x_i\right) - f\left(\sum_{i=1}^n p_i x_i\right) \ge 0,$$

where  $f: C \to \mathbb{R}$  is a convex function on the convex set C and  $\mathbf{x} = (x_1, ..., x_n) \in C^n$ and  $\mathbf{p} \in \mathcal{P}_n$ .

The following result holds [5]:

**Lemma 4.** If  $\mathbf{p}, \mathbf{q} \in \mathcal{P}_n, q_i > 0$  for each  $i \in \{1, ..., n\}$  then

(2.1) 
$$(0 \leq) \min_{1 \leq i \leq n} \left\{ \frac{p_i}{q_i} \right\} \mathcal{J}_n \left( f, \mathbf{x}, \mathbf{q} \right) \leq \mathcal{J}_n \left( f, \mathbf{x}, \mathbf{p} \right) \leq \max_{1 \leq i \leq n} \left\{ \frac{p_i}{q_i} \right\} \mathcal{J}_n \left( f, \mathbf{x}, \mathbf{q} \right).$$

In the case n = 2, if we put  $p_1 = 1 - p$ ,  $p_2 = p$ ,  $q_1 = 1 - q$  and  $q_2 = q$  with  $p \in [0, 1]$  and  $q \in (0, 1)$  then by (2.1) we get

(2.2) 
$$\min\left\{\frac{p}{q}, \frac{1-p}{1-q}\right\} \left[ (1-q) f(x) + qf(y) - f((1-q)x + qy) \right]$$
$$\leq (1-p) f(x) + pf(y) - f((1-p)x + py)$$
$$\leq \max\left\{\frac{p}{q}, \frac{1-p}{1-q}\right\} \left[ (1-q) f(x) + qf(y) - f((1-q)x + qy) \right]$$

for any  $x, y \in C$ .

If we take  $q = \frac{1}{2}$  in (2.2), then we get

(2.3) 
$$2\min\{t, 1-t\} \left[ \frac{f(x) + f(y)}{2} - f\left(\frac{x+y}{2}\right) \right] \\ \leq (1-t) f(x) + tf(y) - f((1-t)x + ty) \\ \leq 2\max\{t, 1-t\} \left[ \frac{f(x) + f(y)}{2} - f\left(\frac{x+y}{2}\right) \right]$$

for any  $x, y \in C$  and  $t \in [0, 1]$ .

If we take in (2.2)  $f(x) = -\ln x$ , then we get

$$(2.4) \qquad \left(\frac{A_q\left(\alpha,\beta\right)}{G_q\left(\alpha,\beta\right)}\right)^{\min\left\{\frac{p}{q},\frac{1-p}{1-q}\right\}} \le \frac{A_p\left(\alpha,\beta\right)}{G_p\left(\alpha,\beta\right)} \le \left(\frac{A_q\left(\alpha,\beta\right)}{G_q\left(\alpha,\beta\right)}\right)^{\max\left\{\frac{p}{q},\frac{1-p}{1-q}\right\}}$$

for any  $\alpha$ ,  $\beta > 0$  and for any  $p \in [0, 1]$ ,  $q \in (0, 1)$ .

This inequality is a particular case for n = 2 of the inequality (4.2) from [5]. For  $q = \frac{1}{2}$  we have by (2.4) that

(2.5) 
$$\left(\frac{A(\alpha,\beta)}{G(\alpha,\beta)}\right)^{2\min\{p,1-p\}} \le \frac{A_p(\alpha,\beta)}{G_p(\alpha,\beta)} \le \left(\frac{A(\alpha,\beta)}{G(\alpha,\beta)}\right)^{2\max\{p,1-p\}}$$

for any  $\alpha$ ,  $\beta > 0$  and for any  $p \in [0, 1]$ .

Recall that Kantorovich's constant  $\mathcal{K}$  is defined by

(K) 
$$\mathcal{K}(h) := \frac{(h+1)^2}{4h}, \ h > 0$$

It is well known that  $\mathcal{K}$  is *decreasing* on (0, 1) and *increasing* on  $[1, \infty)$ ,  $\mathcal{K}(h) \ge 1$  for any h > 0 and  $\mathcal{K}(h) = \mathcal{K}\left(\frac{1}{h}\right)$  for any h > 0.

The inequality (2.5) can be thus written as

(ZL) 
$$\mathcal{K}^{\min\{p,1-p\}}\left(\frac{\alpha}{\beta}\right) \leq \frac{A_p\left(\alpha,\beta\right)}{G_p\left(\alpha,\beta\right)} \leq \mathcal{K}^{\max\{p,1-p\}}\left(\frac{\alpha}{\beta}\right).$$

The first inequality in (ZL) was obtained by Zou et al. in [23] while the second by Liao et al. [13].

For  $q \in (0, 1)$  we consider the function  $f_q: (0, \infty) \to (0, \infty)$  defined by

$$f_q(h) := \frac{A_q(1,h)}{G_q(1,h)} = \frac{1-q+qh}{h^q} = (1-q)h^{-q} + qh^{1-q}.$$

The function  $f_q$  is differentiable and

$$f'_{q}(h) = (1-q) q h^{-q-1} (h-1),$$

which shows that the function  $f_q$  is decreasing on (0, 1) and increasing on  $[1, \infty)$ . We have  $f_q(1) = 1$ ,  $\lim_{h\to 0+} f_q(h) = +\infty$ ,  $\lim_{h\to\infty} f_q(h) = +\infty$  and  $f_q(\frac{1}{h}) = f_{1-q}(h)$  for any h > 0 and  $q \in (0, 1)$ .

Therefore, by considering the 3 possible situations for the location of the interval  $[\ell, L] \subset (0, \infty)$  and the number 1 we get

(2.6) 
$$\max_{h \in [\ell, L]} f_q(h) = \begin{cases} f_q(\ell) \text{ if } L < 1, \\ \max\{f_q(\ell), f_q(L)\} \text{ if } \ell \le 1 \le L, \\ f_q(L) \text{ if } 1 < \ell, \end{cases}$$
$$= \begin{cases} \frac{A_q(1, \ell)}{G_q(1, \ell)} \text{ if } L < 1, \\ \max\{\frac{A_q(1, \ell)}{G_q(1, \ell)}, \frac{A_q(1, L)}{G_q(1, L)}\} \text{ if } \ell \le 1 \le L, \\ \frac{A_q(1, L)}{G_q(1, L)} \text{ if } 1 < \ell \end{cases}$$

and

(2.7) 
$$\min_{h \in [\ell, L]} f_q(h) = \begin{cases} f_q(L) \text{ if } L < 1, \\ 1 \text{ if } \ell \le 1 \le L \\ f_q(\ell) \text{ if } 1 < \ell, \end{cases} = \begin{cases} \frac{A_q(1, L)}{G_q(1, L)} \text{ if } L < 1, \\ 1 \text{ if } \ell \le 1 \le L, \\ \frac{A_q(1, \ell)}{G_q(1, \ell)} \text{ if } 1 < \ell. \end{cases}$$

We then have the following fact:

**Lemma 5.** For any  $p \in [0,1]$ ,  $q \in (0,1)$  and  $h \in [\ell, L] \subset (0,\infty)$  we have the bounds  $\gamma_{p,q}(\ell, L) \leq \frac{A_p(1,h)}{G_p(1,h)} \leq \Gamma_{p,q}(\ell, L)$ 

where

(2.8) 
$$\Gamma_{p,q}\left(\ell,L\right) := \begin{cases} \left(\frac{A_q(1,\ell)}{G_q(1,\ell)}\right)^{\max\left\{\frac{p}{q},\frac{1-p}{1-q}\right\}} & \text{if } L < 1, \\ \max\left\{\left(\frac{A_q(1,\ell)}{G_q(1,\ell)}\right)^{\max\left\{\frac{p}{q},\frac{1-p}{1-q}\right\}}, \left(\frac{A_q(1,L)}{G_q(1,L)}\right)^{\max\left\{\frac{p}{q},\frac{1-p}{1-q}\right\}} \\ & \text{if } \ell \le 1 \le L, \\ \left(\frac{A_q(1,L)}{G_q(1,L)}\right)^{\max\left\{\frac{p}{q},\frac{1-p}{1-q}\right\}} & \text{if } 1 < \ell \end{cases}$$

and

(2.9) 
$$\gamma_{p,q}(\ell,L) := \begin{cases} \left(\frac{A_q(1,L)}{G_q(1,L)}\right)^{\min\left\{\frac{p}{q},\frac{1-p}{1-q}\right\}} & \text{if } L < 1, \\ 1 & \text{if } \ell \le 1 \le L, \end{cases}$$

$$\left(\frac{A_q(1,\ell)}{G_q(1,\ell)}\right)^{\min\left\{\frac{1}{q},\frac{1-q}{1-q}\right\}} \quad if \ 1 < \ell.$$

We observe that for q = 1/2, we get, see also (ZL), that

(2.10) 
$$\gamma_{p,1/2}(\ell,L) \le \frac{A_p(1,h)}{G_p(1,h)} \le \Gamma_{p,1/2}(\ell,L),$$

for  $p \in [0, 1]$  and  $h \in [\ell, L]$ , where

(2.11) 
$$\Gamma_{p,1/2}(\ell,L) = \begin{cases} \mathcal{K}^{\max\{p,1-p\}}(\ell) & \text{if } L < 1, \\ \max\left\{\mathcal{K}^{\max\{p,1-p\}}(\ell), \mathcal{K}^{\max\{p,1-p\}}(L)\right\} \\ \text{if } \ell \le 1 \le L, \\ \mathcal{K}^{\max\{p,1-p\}}(L) & \text{if } 1 < \ell \end{cases}$$

and

$$\mathcal{K}^{\min\{p,1-p\}}(L) \text{ if } L < 1,$$

(2.12) 
$$\gamma_{p,1/2}(\ell, L) := \begin{cases} 1 \text{ if } \ell \le 1 \le L, \\ \mathcal{K}^{\min\{p, 1-p\}}(\ell) \text{ if } 1 < \ell, \end{cases}$$

where  $\mathcal{K}$  is Kantorovich's constant.

By taking  $q = p \in (0, 1)$  in Lemma 5 we get

(2.13) 
$$\gamma_p\left(\ell,L\right) \le \frac{A_p\left(1,h\right)}{G_p\left(1,h\right)} \le \Gamma_p\left(\ell,L\right)$$

where

$$\left(\begin{array}{c}
\frac{A_p(1,\ell)}{G_p(1,\ell)} \text{ if } L < 1, \\
C + C + C + C + C
\end{array}\right)$$

(2.14) 
$$\Gamma_p(\ell, L) := \begin{cases} \max\left\{\frac{A_p(1,\ell)}{G_p(1,\ell)}, \frac{A_p(1,L)}{G_p(1,L)}\right\} \\ \text{if } \ell \le 1 \le L, \\ \frac{A_p(1,L)}{G_p(1,L)} \text{ if } 1 < \ell \end{cases}$$

and

(2.15) 
$$\gamma_{p}(\ell, L) := \begin{cases} \frac{A_{p}(1,L)}{G_{p}(1,L)} \text{ if } L < 1, \\ 1 \text{ if } \ell \leq 1 \leq L, \\ \frac{A_{p}(1,\ell)}{G_{p}(1,\ell)} \text{ if } 1 < \ell. \end{cases}$$

We recall that *Specht's ratio* is defined by

(2.16) 
$$S(h) := \begin{cases} \frac{h^{\frac{h}{h-1}}}{e \ln \left(h^{\frac{1}{h-1}}\right)} & \text{if } h \in (0,1) \cup (1,\infty) \\ 1 & \text{if } h = 1. \end{cases}$$

It is well known that  $\lim_{h\to 1} \mathcal{S}(h) = 1$ ,  $\mathcal{S}(h) = \mathcal{S}(\frac{1}{h}) > 1$  for h > 0,  $h \neq 1$ . The function is strictly decreasing on (0, 1) and strictly increasing on  $(1, \infty)$ .

The following inequality provides a refinement and a multiplicative reverse for Young's

(2.17) 
$$\mathcal{S}\left(\left(\frac{\alpha}{\beta}\right)^r\right)\alpha^{1-\nu}\beta^{\nu} \le (1-\nu)\alpha + \nu\beta \le \mathcal{S}\left(\frac{\alpha}{\beta}\right)\alpha^{1-\nu}\beta^{\nu},$$

where  $\alpha, \beta > 0, \nu \in [0, 1], r = \min\{1 - \nu, \nu\}.$ 

The second inequality in (2.17) is due to Tominaga [22] while the first one is due to Furuichi [12].

We then have the inequalities

(2.18) 
$$\mathcal{S}(h^r) h^{\nu} \le 1 - \nu + \nu h \le \mathcal{S}(h) h^{\nu},$$

for any h > 0 and  $\nu \in [0, 1]$ , where  $r = \min\{1 - \nu, \nu\}$ .

In [23] the authors also showed that

$$\mathcal{K}^{r}(h) \geq \mathcal{S}(h^{r}) \text{ for } h > 0 \text{ and } r \in \left[0, \frac{1}{2}\right]$$

implying that the lower bound in (ZL) is better than the lower bound from (2.17).

Using the properties of the function  $\mathcal{S}$  we can conclude that

(2.19) 
$$\sigma_p(\ell, L) \le \frac{A_p(1, h)}{G_p(1, h)} \le \Sigma(\ell, L)$$

for  $p \in [0, 1]$  and  $h \in [\ell, L]$ , where

$$\Sigma(\ell, L) := \max_{h \in [\ell, L]} \mathcal{S}(h) = \begin{cases} \mathcal{S}(\ell) & \text{if } L < 1, \\ \max \left\{ \mathcal{S}(\ell), \mathcal{S}(L) \right\} & \text{if } \ell \le 1 \le L, \\ \mathcal{S}(L) & \text{if } 1 < \ell \end{cases}$$

and

$$\sigma_p\left(\ell,L\right) := \min_{h \in [\ell,L]} \mathcal{S}\left(h\right) = \begin{cases} \mathcal{S}\left(L^{\min\{p,1-p\}}\right) & \text{if } L < 1, \\ 1 & \text{if } \ell \le 1 \le L, \\ \mathcal{S}\left(\ell^{\min\{p,1-p\}}\right) & \text{if } 1 < \ell. \end{cases}$$

In [6] we obtained the following exponential upper bound

(2.20) 
$$(1 \le) \frac{(1-\nu)\alpha + \nu\beta}{\alpha^{1-\nu}\beta^{\nu}} \le \exp\left[4\nu(1-\nu)\left(\mathcal{K}\left(\frac{\alpha}{\beta}\right) - 1\right)\right],$$

giving the inequality

(2.21) 
$$\frac{A_p(1,h)}{G_p(1,h)} \le \Psi_p(\ell,L)$$

where

(2.22) 
$$\Psi_{p}(\ell,L) := \max_{h \in [\ell,L]} \left\{ \exp \left[ 4p \left( 1 - p \right) \left( \mathcal{K}(h) - 1 \right) \right] \right\}$$

$$= \begin{cases} \exp \left[4p \left(1-p\right) \left(\mathcal{K} \left(\ell\right)-1\right)\right] \text{ if } L < 1, \\ \exp \left[4p \left(1-p\right) \left(\max \left\{\mathcal{K} \left(\ell\right), \mathcal{K} \left(L\right)\right\}-1\right)\right] \\ \text{ if } \ell \le 1 \le L, \\ \exp \left[4p \left(1-p\right) \left(\mathcal{K} \left(L\right)-1\right)\right] \text{ if } 1 < \ell. \end{cases}$$

For  $p\in[0,1]$  and the interval  $[\ell,L]\subset(0,\infty)\,,$  we define the following composite coefficients

(2.23) 
$$\Theta_{p}\left(\ell,L\right) := \min\left\{\Gamma_{p,1/2}\left(\ell,L\right), \Gamma_{p}\left(\ell,L\right), \Sigma\left(\ell,L\right), \Psi_{p}\left(\ell,L\right)\right\}$$
and

(2.24) 
$$\theta_p(\ell, L) := \max\left\{\gamma_{p,1/2}(\ell, L), \gamma_p(\ell, L), \sigma_p(\ell, L)\right\}$$

Then from (2.10), (2.13), (2.19) and (2.21) we have the double inequality (2.25)  $\theta_p(\ell, L) h^p \leq 1 - p + ph \leq \Theta_p(\ell, L) h^p$ 

for any  $p \in [0,1]$  and  $h \in [\ell,L] \subset (0,\infty)$ .

3. Multiplicative Inequalities for the Quadratic Geometric Mean

Assume that  $x, y \in \text{Inv}(A)$  and the constants M > m > 0 are such that

$$(3.1) M \ge \left| yx^{-1} \right| \ge m.$$

The inequality (3.1) is equivalent to

(3.2) 
$$M^{2} \ge |yx^{-1}|^{2} = (x^{*})^{-1} |y|^{2} x^{-1} \ge m^{2}$$

If we multiply at left with  $x^*$  and at right with x we get the equivalent relation

(3.3) 
$$M^2 |x|^2 \ge |y|^2 \ge m^2 |x|^2.$$

We have:

**Theorem 3.** Let A be a Hermitian unital Banach \*-algebra. Assume that  $x, y \in$ Inv (A) and the constants M > m > 0 are such that (3.1) is true. Then we have the inequalities

(3.4) 
$$\theta_{\nu} \left( m^{2}, M^{2} \right) x \widehat{\mathbb{S}}_{\nu} y \leq |x|^{2} \nabla_{\nu} |y|^{2} \leq \Theta_{\nu} \left( m^{2}, M^{2} \right) x \widehat{\mathbb{S}}_{\nu} y$$

for any  $\nu \in [0,1]$ .

*Proof.* Using the inequality (2.25) we have

(3.5) 
$$\theta_{\nu}(k,K) z^{\nu} \leq 1 - \nu + \nu z \leq \Theta_{\nu}(k,K) z^{\nu}$$

for any real  $z \in [k, K] \subset (0, \infty)$  and for any  $\nu \in [0, 1]$ , where the coefficients  $\theta_{\nu}(k, K)$  and  $\Theta_{\nu}(k, K)$  are defined by (2.24) and (2.23).

Let  $u \in A$  with spectrum  $\sigma(u) \subset [k, K] \subset (0, \infty)$ . Then by applying Lemma 3 for the corresponding analytic functions in the right half open plane {Re z > 0} involved in the inequality (3.5) we conclude that we have in the order of A that

(3.6) 
$$\theta_{\nu}(k,K) u^{\nu} \leq 1 - \nu + \nu u \leq \Theta_{\nu}(k,K) u^{\nu}.$$

If  $x, y \in \text{Inv}(A)$  satisfy the condition (3.1) then, by (3.2), the element  $u = |yx^{-1}|^2 \in \text{Inv}(A)$  and  $\sigma(u) \subset [m^2, M^2] \subset (0, \infty)$ .

By (3.6) we then have

(3.7) 
$$\theta_{\nu} \left( m^{2}, M^{2} \right) \left( \left| yx^{-1} \right|^{2} \right)^{\nu} \leq 1 - \nu + \nu \left| yx^{-1} \right|^{2} \\ \leq \Theta_{\nu} \left( m^{2}, M^{2} \right) \left( \left| yx^{-1} \right|^{2} \right)^{\nu} ,$$

for any  $\nu \in [0, 1]$ .

If we multiply this inequality at left with  $x^*$  and at right with x we get

(3.8) 
$$\theta_{\nu} (m^{2}, M^{2}) x^{*} (|yx^{-1}|^{2})^{\nu} x \leq (1-\nu) |x|^{2} + \nu x^{*} |yx^{-1}|^{2} x$$
$$\leq \Theta_{\nu} (m^{2}, M^{2}) x^{*} (|yx^{-1}|^{2})^{\nu} x,$$

for any  $\nu \in [0,1]$ .

Since

$$x^* |yx^{-1}|^2 x = x^* ((x^*)^{-1} y^* yx^{-1}) x = y^* y = |y|^2,$$

and

$$x^* \left( \left| yx^{-1} \right|^2 \right)^{\nu} x = x \mathfrak{S}_{\nu} y$$

for  $x, y \in \text{Inv}(A)$ , then by (3.8) we get the desired result (3.4).

**Remark 2.** For  $\nu = 1/2$ , let us consider

$$\begin{split} \Theta\left(m^{2}, M^{2}\right) &:= \Theta_{1/2}\left(m^{2}, M^{2}\right) \\ &= \min\left\{\Gamma_{1/2, 1/2}\left(m^{2}, M^{2}\right), \Gamma_{1/2}\left(m^{2}, M^{2}\right), \Sigma\left(m^{2}, M^{2}\right), \Psi_{1/2}\left(m^{2}, M^{2}\right)\right\} \end{split}$$

where

$$\Gamma_{1/2,1/2}(m^{2}, M^{2}) = \begin{cases} \mathcal{K}^{1/2}(m^{2}) & \text{if } M < 1, \\ \max \left\{ \mathcal{K}^{1/2}(m^{2}), \mathcal{K}^{1/2}(M^{2}) \right\} \\ \text{if } m \le 1 \le M, \\ \mathcal{K}^{1/2}(M^{2}) & \text{if } 1 < m \end{cases}$$
$$= \Gamma_{1/2}(m^{2}, M^{2}), \\ \Sigma(m^{2}, M^{2}) = \begin{cases} \mathcal{S}(m^{2}) & \text{if } M < 1, \\ \max \left\{ \mathcal{S}(m^{2}), \mathcal{S}(M^{2}) \right\} & \text{if } m \le 1 \le M, \\ \mathcal{S}(M^{2}) & \text{if } 1 < m \end{cases}$$

and

$$\Psi_{1/2}\left(m^{2}, M^{2}\right) = \begin{cases} \exp\left[\mathcal{K}\left(m^{2}\right) - 1\right] & \text{if } M < 1, \\ \exp\left[\max\left\{\mathcal{K}\left(m^{2}\right), \mathcal{K}\left(M^{2}\right)\right\} - 1\right] \\ \text{if } m \leq 1 \leq M, \\ \exp\left[\mathcal{K}\left(M^{2}\right) - 1\right] & \text{if } 1 < m. \end{cases}$$

Also, let us put

$$\theta(m^2, M^2) := \theta_{1/2}(m^2, M^2)$$
  
= min { $\gamma_{1/2, 1/2}(m^2, M^2), \gamma_{1/2}(m^2, M^2), \sigma_{1/2}(m^2, M^2)$ }

where

$$\gamma_{1/2,1/2} \left( m^2, M^2 \right) = \begin{cases} \mathcal{K}^{1/2} \left( M^2 \right) & \text{if } M < 1, \\ 1 & \text{if } m \le 1 \le M, \\ \mathcal{K}^{1/2} \left( m^2 \right) & \text{if } 1 < m, \end{cases}$$
$$= \gamma_{1/2} \left( m^2, M^2 \right),$$

and

$$\sigma_{1/2}(m^2, M^2) = \begin{cases} S(M) & \text{if } M < 1, \\ 1 & \text{if } m \le 1 \le M, \\ S(m) & \text{if } 1 < m. \end{cases}$$

Then by (3.4) written by  $\nu = 1/2$  we get the simple inequality

(3.9) 
$$\theta\left(m^{2}, M^{2}\right) x \otimes y \leq |x|^{2} \nabla |y|^{2} \leq \Theta\left(m^{2}, M^{2}\right) x \otimes y$$

provided that  $x, y \in \text{Inv}(A)$  and the constants M > m > 0 are such that (3.1) is true.

With the notations  $x \nabla_{\nu}^{1/2} y$ ,  $x \nabla^{1/2} y$ ,  $x \mathbb{S}_{\nu}^{1/2} y$  and  $x \mathbb{S}^{1/2} y$  from the introduction, we can state:

**Corollary 3.** Let A be a Hermitian unital Banach \*-algebra with continuous involution. Assume that  $x, y \in \text{Inv}(A)$  and the constants M > m > 0 are such that (3.1) is true. Then we have the inequalities

(3.10) 
$$\theta_{\nu}^{1/2}(m^2, M^2) x \mathbb{S}_{\nu}^{1/2} y \le x \nabla_{\nu}^{1/2} y \le \Theta_{\nu}(m^2, M^2) x \mathbb{S}_{\nu}^{1/2} y$$

for any  $\nu \in [0,1]$ .

In particular,

(3.11) 
$$\theta^{1/2} \left( m^2, M^2 \right) x \mathbb{S}^{1/2} y \le x \nabla^{1/2} y \le \Theta \left( m^2, M^2 \right) x \mathbb{S}^{1/2} y.$$

The proof follows by Okayasu's theorem from the introduction and the inequality (3.4) in which we take the square root.

**Corollary 4.** Let A be a unital  $C^*$ -algebra. Assume that  $x, y \in \text{Inv}(A)$  and the constants M > m > 0 are such that (3.1) is true. Then we have the inequalities

(3.12) 
$$\theta_{\nu} \left( m^{2}, M^{2} \right) \left\| \left| yx^{-1} \right|^{\nu} x \right\|^{2} \leq \left\| (1-\nu) \left| x \right|^{2} + \nu \left| y \right|^{2} \right\|$$
$$\leq \Theta_{\nu} \left( m^{2}, M^{2} \right) \left\| \left| yx^{-1} \right|^{\nu} x \right\|^{2},$$

for any  $\nu \in [0,1]$ .

In particular, we have

(3.13) 
$$\theta(m^{2}, M^{2}) \left\| \left| yx^{-1} \right|^{1/2} x \right\|^{2} \leq \frac{1}{2} \left\| |x|^{2} + |y|^{2} \right\|$$
$$\leq \Theta(m^{2}, M^{2}) \left\| \left| yx^{-1} \right|^{1/2} x \right\|^{2}.$$

We also have the following result for positive elements:

**Corollary 5.** Let A be a Hermitian unital Banach \*-algebra. If  $0 < a, b \in A$  and 0 < k < K are such that

$$(3.14) ka \le b \le Ka,$$

then

(3.15) 
$$\theta_{\nu}(k,K) a \sharp_{\nu} b \le a \nabla_{\nu} b \le \Theta_{\nu}(k,K) a \sharp_{\nu} b$$

for any  $\nu \in [0,1]$ , where  $\theta_{\nu}(k,K)$  and  $\Theta_{\nu}(k,K)$  are given by (2.24) and (2.23). In particular, we have

(3.16) 
$$\theta(k, K) a \sharp b \le a \nabla b \le \Theta(k, K) a \sharp b$$

where  $\theta\left(k,K\right) = \theta_{1/2}\left(k,K\right)$  and  $\Theta\left(k,K\right) = \Theta_{1/2}\left(k,K\right)$ .

The proof follows by Theorem 3 applied for  $x = a^{1/2}, y = b^{1/2}, M = \sqrt{K}$  and  $m = \sqrt{k}$ .

## 4. Related Exponential Bounds

Further on, we also have the exponential inequalities:

**Lemma 6.** For any  $\alpha$ ,  $\beta > 0$  and  $\nu \in [0, 1]$  we have

(4.1) 
$$\exp\left[\frac{1}{2}\nu\left(1-\nu\right)\left(1-\frac{\min\left\{\alpha,\beta\right\}}{\max\left\{\alpha,\beta\right\}}\right)^{2}\right]$$
$$\leq \frac{\left(1-\nu\right)\alpha+\nu\beta}{\alpha^{1-\nu}\beta^{\nu}}$$
$$\leq \exp\left[\frac{1}{2}\nu\left(1-\nu\right)\left(\frac{\max\left\{\alpha,\beta\right\}}{\min\left\{\alpha,\beta\right\}}-1\right)^{2}\right].$$

These inequalities were obtained in current form in [7] and for  $\alpha < \beta$ , via a different technique, in [1].

We have:

**Theorem 4.** Let A be a Hermitian unital Banach \*-algebra. Assume that  $x, y \in$ Inv (A) and the constants M > m > 0 are such that (3.1) is true. Then we have the inequalities

(4.2) 
$$\exp\left[\frac{1}{2}\nu(1-\nu)\left(1-\frac{\min\{1,M^2\}}{\max\{1,m^2\}}\right)^2\right]x \otimes_{\nu} y$$
$$\leq |x|^2 \nabla_{\nu} |y|^2$$
$$\leq \exp\left[\frac{1}{2}\nu(1-\nu)\left(\frac{\max\{1,M^2\}}{\min\{1,m^2\}}-1\right)^2\right]x \otimes_{\nu} y$$

any  $\nu \in [0,1]$ .

In particular, we have

(4.3)  
$$\exp\left[\frac{1}{8}\left(1 - \frac{\min\{1, M^2\}}{\max\{1, m^2\}}\right)^2\right] x \otimes y$$
$$\leq |x|^2 \nabla |y|^2$$
$$\leq \exp\left[\frac{1}{8}\left(\frac{\max\{1, M^2\}}{\min\{1, m^2\}} - 1\right)^2\right] x \otimes y.$$

*Proof.* From the inequality (4.1) we have

(4.4) 
$$\exp\left[\frac{1}{2}\nu\left(1-\nu\right)\left(1-\frac{\min\left\{1,z\right\}}{\max\left\{1,z\right\}}\right)^{2}\right]z^{\nu}$$
$$\leq 1-\nu+\nu z$$
$$\leq \exp\left[\frac{1}{2}\nu\left(1-\nu\right)\left(\frac{\max\left\{1,z\right\}}{\min\left\{1,z\right\}}-1\right)^{2}\right]z^{\nu}$$
for any  $z \geq 0$  and any  $\nu \in [0,1]$ 

 $\begin{array}{l} \text{for any } z>0 \text{ and any } \nu \in \left[0,1\right].\\ \text{If } z\in \left[m^2,M^2\right]\subset (0,\infty) \text{ then} \end{array}$ 

$$0 \le \frac{\max\{1, z\}}{\min\{1, z\}} - 1 \le \frac{\max\{1, M^2\}}{\min\{1, m^2\}} - 1$$

and

$$0 \le 1 - \frac{\min\left\{1, M^2\right\}}{\max\left\{1, m^2\right\}} \le 1 - \frac{\min\left\{1, z\right\}}{\max\left\{1, z\right\}},$$

which implies that

$$\exp\left[\frac{1}{2}\nu(1-\nu)\left(\frac{\max\{1,z\}}{\min\{1,z\}}-1\right)^{2}\right] \\ \leq \exp\left[\frac{1}{2}\nu(1-\nu)\left(\frac{\max\{1,M^{2}\}}{\min\{1,m^{2}\}}-1\right)^{2}\right]$$

and

$$\exp\left[\frac{1}{2}\nu(1-\nu)\left(1-\frac{\min\{1,M^2\}}{\max\{1,m^2\}}\right)^2\right] \le \exp\left[\frac{1}{2}\nu(1-\nu)\left(1-\frac{\min\{1,z\}}{\max\{1,z\}}\right)^2\right].$$

By (4.4) we then have

(4.5) 
$$\exp\left[\frac{1}{2}\nu(1-\nu)\left(1-\frac{\min\{1,M^2\}}{\max\{1,m^2\}}\right)^2\right]z^{\nu} \le 1-\nu+\nu z \le \exp\left[\frac{1}{2}\nu(1-\nu)\left(\frac{\max\{1,M^2\}}{\min\{1,m^2\}}-1\right)^2\right]z^{\nu}$$

for any  $z \in [m^2, M^2]$  and any  $\nu \in [0, 1]$ . Let  $u \in A$  with spectrum  $\sigma(u) \subset [m^2, M^2] \subset (0, \infty)$ . Then by applying Lemma 3 for the corresponding analytic functions in the right half open plane  $\{\operatorname{Re} z > 0\}$ involved in the inequality (4.5) we conclude that we have in the order of A that

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(4.6) 
$$\exp\left[\frac{1}{2}\nu\left(1-\nu\right)\left(1-\frac{\min\left\{1,M^{2}\right\}}{\max\left\{1,m^{2}\right\}}\right)^{2}\right]u^{\nu}$$
$$\leq 1-\nu+\nu u$$
$$\leq \exp\left[\frac{1}{2}\nu\left(1-\nu\right)\left(\frac{\max\left\{1,M^{2}\right\}}{\min\left\{1,m^{2}\right\}}-1\right)^{2}\right]u^{\nu}$$

for any  $\nu \in [0,1]$ .

Now, on making use of a similar argument to the one in the proof of Theorem 3 we deduce the desired result (4.2). We omit the details. 

Corollary 6. Let A be a Hermitian unital Banach \*-algebra with continuous involution. Assume that x,  $y \in Inv(A)$  and the constants M > m > 0 are such that (3.1) is true. Then we have the inequalities

(4.7) 
$$\exp\left[\frac{1}{4}\nu(1-\nu)\left(1-\frac{\min\{1,M^2\}}{\max\{1,m^2\}}\right)^2\right]x\mathbb{S}_{\nu}^{1/2}y$$
$$\leq x\nabla_{\nu}^{1/2}y$$
$$\leq \exp\left[\frac{1}{4}\nu(1-\nu)\left(\frac{\max\{1,M^2\}}{\min\{1,m^2\}}-1\right)^2\right]x\mathbb{S}_{\nu}^{1/2}y$$

for any  $\nu \in [0,1]$ .

In particular, we have

(4.8) 
$$\exp\left[\frac{1}{16}\left(1 - \frac{\min\{1, M^2\}}{\max\{1, m^2\}}\right)^2\right] x \mathbb{S}^{1/2} y$$
$$\leq x \nabla^{1/2} y$$
$$\leq \exp\left[\frac{1}{16}\left(\frac{\max\{1, M^2\}}{\min\{1, m^2\}} - 1\right)^2\right] x \mathbb{S}^{1/2} y.$$

We have the norm inequalities:

**Corollary 7.** Let A be a unital C<sup>\*</sup>-algebra. Assume that  $x, y \in \text{Inv}(A)$  and the constants M > m > 0 are such that (3.1) is true. Then we have the inequalities

$$(4.9) \exp\left[\frac{1}{2}\nu(1-\nu)\left(1-\frac{\min\{1,M^2\}}{\max\{1,m^2\}}\right)^2\right] \left\| |yx^{-1}|^{\nu}x\|^2 \le \left\| (1-\nu)|x|^2+\nu|y|^2 \right\| \le \exp\left[\frac{1}{2}\nu(1-\nu)\left(\frac{\max\{1,M^2\}}{\min\{1,m^2\}}-1\right)^2\right] \left\| |yx^{-1}|^{\nu}x\|^2,\right.$$

for any  $\nu \in [0,1]$ .

In particular, we have

$$(4.10) \quad \exp\left[\frac{1}{8}\left(1 - \frac{\min\{1, M^2\}}{\max\{1, m^2\}}\right)^2\right] \left\| |yx^{-1}|^{1/2} x\|^2 \le \frac{1}{2} \left\| |x|^2 + |y|^2 \right\| \\ \le \exp\left[\frac{1}{8}\left(\frac{\max\{1, M^2\}}{\min\{1, m^2\}} - 1\right)^2\right] \left\| |yx^{-1}|^{1/2} x\|^2 \right].$$

We also have the following result for positive elements:

**Corollary 8.** Let A be a Hermitian unital Banach \*-algebra. If  $0 < a, b \in A$  and 0 < k < K are such that the condition (3.14) is valid, then

(4.11) 
$$\exp\left[\frac{1}{2}\nu(1-\nu)\left(1-\frac{\min\{1,K\}}{\max\{1,k\}}\right)^{2}\right]a\sharp_{\nu}b \leq a\nabla_{\nu}b$$
$$\leq \exp\left[\frac{1}{2}\nu(1-\nu)\left(\frac{\max\{1,K\}}{\min\{1,k\}}-1\right)^{2}\right]a\sharp_{\nu}b$$

for any  $\nu \in [0,1]$ .

In particular, we have

(4.12) 
$$\exp\left[\frac{1}{8}\left(1 - \frac{\min\{1, K\}}{\max\{1, k\}}\right)^{2}\right]a\sharp b \le a\nabla b$$
$$\le \exp\left[\frac{1}{8}\left(\frac{\max\{1, K\}}{\min\{1, k\}} - 1\right)^{2}\right]a\sharp b.$$

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