

**SOME HERMITE-HADAMARD TYPE INEQUALITIES FOR
CONVEX FUNCTIONS DEFINED ON CONVEX BODIES VIA
GAUSS-OSTROGRADSKY IDENTITY**

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ABSTRACT. In this paper, by the use of Gauss-Ostrogradsky identity, we establish some integral inequalities of Hermite-Hadamard type for functions of three variables defined on closed and bounded convex bodies of the Euclidean space \mathbb{R}^3 . Some examples for 3-dimensional balls are also provided.

1. INTRODUCTION

Recall the following inequalities of Hermite-Hadamard's type for convex functions defined on a ball $B(C, R)$, where $C = (a, b, c) \in \mathbb{R}^3$, $R > 0$ and

$$B(C, R) := \left\{ (x, y, z) \in \mathbb{R}^3 \mid (x - a)^2 + (y - b)^2 + (z - c)^2 \leq R^2 \right\}.$$

The following theorem holds [6].

Theorem 1. *Let $f : B(C, R) \rightarrow \mathbb{R}$ be a convex mapping on the ball $B(C, R)$. Then we have the inequalities:*

$$(1.1) \quad f(a, b, c) \leq \frac{1}{V(B(C, R))} \iiint_{B(C, R)} f(x, y, z) \, dx dy dz \\ \leq \frac{1}{A(B(C, R))} \iint_{S(C, R)} f(x, y, z) \, dS,$$

where

$$S(C, R) := \left\{ (x, y, z) \in \mathbb{R}^3 \mid (x - a)^2 + (y - b)^2 + (z - c)^2 = R^2 \right\}$$

and

$$V(B(C, R)) = \frac{4\pi R^3}{3}, \quad A(B(C, R)) = 4\pi R^2.$$

Let D be a bounded convex domain from \mathbb{R}^3 with a piecewise smooth boundary S . We use the notations

$$A(S) := \iint_S dS, \quad V(D) = \iiint_D dV, \\ \bar{x}_D := \frac{1}{V(D)} \iiint_D x dV, \quad \bar{y}_D := \frac{1}{V(D)} \iiint_D y dV, \quad \bar{z}_D := \frac{1}{V(D)} \iiint_D z dV$$

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and

$$\overline{x_S} := \frac{1}{A(S)} \iint_S x dS, \quad \overline{y_S} := \frac{1}{A(S)} \iint_S y dS \quad \text{and} \quad \overline{z_S} := \frac{1}{A(S)} \iint_S z dS.$$

Let us assume that the surface S is oriented with the aid of the unit normal h directed to the exterior of D

$$h = (\cos \alpha, \cos \beta, \cos \gamma).$$

The following Hermite-Hadamard type inequalities for convex functions defined on general convex domains were obtained by B. Gavrea in 2000, [9]:

Theorem 2. *Let $f : D \rightarrow \mathbb{R}$ be a convex function on D , a bounded convex domain from \mathbb{R}^3 with a piecewise smooth boundary S . Then we have the inequalities*

$$(1.2) \quad f(\overline{x_D}, \overline{y_D}, \overline{z_D}) \leq \frac{1}{V(D)} \iiint_D f dV \leq \frac{1}{4A(S)} \iint_S f dS \\ + \frac{1}{4V(D)} \iint_S [(x - \overline{x_S}) \cos \alpha + (y - \overline{y_S}) \cos \beta + (z - \overline{z_S}) \cos \gamma] f(x, y, z) dS.$$

For other multivariate Hermite-Hadamard type inequalities, see [2]-[4] and [10]-[16].

Motivated by the above results, we obtain in this paper other integral inequalities of Hermite-Hadamard type for convex functions defined on convex domains from the space. Some examples for three dimensional balls are also provided.

2. SOME PRELIMINARY FACTS AND RESULTS

Following Apostol [1], consider a surface described by the vector equation

$$(2.1) \quad r(u, v) = x(u, v) \vec{i} + y(u, v) \vec{j} + z(u, v) \vec{k}$$

where $(u, v) \in [a, b] \times [c, d]$.

If x, y, z are differentiable on $[a, b] \times [c, d]$ we consider the two vectors

$$\frac{\partial r}{\partial u} = \frac{\partial x}{\partial u} \vec{i} + \frac{\partial y}{\partial u} \vec{j} + \frac{\partial z}{\partial u} \vec{k}$$

and

$$\frac{\partial r}{\partial v} = \frac{\partial x}{\partial v} \vec{i} + \frac{\partial y}{\partial v} \vec{j} + \frac{\partial z}{\partial v} \vec{k}.$$

The *cross product* of these two vectors $\frac{\partial r}{\partial u} \times \frac{\partial r}{\partial v}$ will be referred to as the fundamental vector product of the representation r . Its components can be expressed as *Jacobian determinants*. In fact, we have [1, p. 420]

$$(2.2) \quad \frac{\partial r}{\partial u} \times \frac{\partial r}{\partial v} = \begin{vmatrix} \frac{\partial y}{\partial u} & \frac{\partial z}{\partial u} \\ \frac{\partial y}{\partial v} & \frac{\partial z}{\partial v} \end{vmatrix} \vec{i} + \begin{vmatrix} \frac{\partial z}{\partial u} & \frac{\partial x}{\partial u} \\ \frac{\partial z}{\partial v} & \frac{\partial x}{\partial v} \end{vmatrix} \vec{j} + \begin{vmatrix} \frac{\partial x}{\partial u} & \frac{\partial y}{\partial u} \\ \frac{\partial x}{\partial v} & \frac{\partial y}{\partial v} \end{vmatrix} \vec{k} \\ = \frac{\partial(y, z)}{\partial(u, v)} \vec{i} + \frac{\partial(z, x)}{\partial(u, v)} \vec{j} + \frac{\partial(x, y)}{\partial(u, v)} \vec{k}.$$

Let $S = r(T)$ be a parametric surface described by a vector-valued function r defined on the box $T = [a, b] \times [c, d]$. The area of S denoted A_S is defined by the double integral [1, p. 424-425]

$$(2.3) \quad A_S = \int_a^b \int_c^d \left\| \frac{\partial r}{\partial u} \times \frac{\partial r}{\partial v} \right\| dudv \\ = \int_a^b \int_c^d \sqrt{\left(\frac{\partial(y, z)}{\partial(u, v)} \right)^2 + \left(\frac{\partial(z, x)}{\partial(u, v)} \right)^2 + \left(\frac{\partial(x, y)}{\partial(u, v)} \right)^2} dudv.$$

We define surface integrals in terms of a parametric representation for the surface. One can prove that under certain general conditions the value of the integral is independent of the representation.

Let $S = r(T)$ be a parametric surface described by a vector-valued differentiable function r defined on the box $T = [a, b] \times [c, d]$ and let $f : S \rightarrow \mathbb{C}$ defined and bounded on S . The surface integral of f over S is defined by [1, p. 430]

$$(2.4) \quad \int \int_S f dS = \int_a^b \int_c^d f(x, y, z) \left\| \frac{\partial r}{\partial u} \times \frac{\partial r}{\partial v} \right\| dudv \\ = \int_a^b \int_c^d f(x(u, v), y(u, v), z(u, v)) \\ \times \sqrt{\left(\frac{\partial(y, z)}{\partial(u, v)} \right)^2 + \left(\frac{\partial(z, x)}{\partial(u, v)} \right)^2 + \left(\frac{\partial(x, y)}{\partial(u, v)} \right)^2} dudv.$$

If $S = r(T)$ is a parametric surface, the fundamental vector product $N = \frac{\partial r}{\partial u} \times \frac{\partial r}{\partial v}$ is normal to S at each regular point of the surface. At each such point there are two unit normals, a unit normal n_1 , which has the same direction as N , and a unit normal n_2 which has the opposite direction. Thus

$$n_1 = \frac{N}{\|N\|} \text{ and } n_2 = -n_1.$$

Let n be one of the two normals n_1 or n_2 . Let also F be a vector field defined on S and assume that the surface integral,

$$\int \int_S (F \cdot n) dS,$$

called the flux surface integral, exists. Here $F \cdot n$ is the dot or inner product.

We can write [1, p. 434]

$$\int \int_S (F \cdot n) dS = \pm \int_a^b \int_c^d F(r(u, v)) \cdot \left(\frac{\partial r}{\partial u} \times \frac{\partial r}{\partial v} \right) dudv$$

where the sign " + " is used if $n = n_1$ and the " - " sign is used if $n = n_2$.

If

$$F(x, y, z) = P(x, y, z) \vec{i} + Q(x, y, z) \vec{j} + R(x, y, z) \vec{k}$$

and

$$r(u, v) = x(u, v) \vec{i} + y(u, v) \vec{j} + z(u, v) \vec{k} \text{ where } (u, v) \in [a, b] \times [c, d]$$

then the flux surface integral for $n = n_1$ can be explicitly calculated as [1, p. 435]

$$(2.5) \quad \int \int_S (F \cdot n) dS = \int_a^b \int_c^d P(x(u, v), y(u, v), z(u, v)) \frac{\partial(y, z)}{\partial(u, v)} dudv \\ + \int_a^b \int_c^d Q(x(u, v), y(u, v), z(u, v)) \frac{\partial(z, x)}{\partial(u, v)} dudv \\ + \int_a^b \int_c^d R(x(u, v), y(u, v), z(u, v)) \frac{\partial(x, y)}{\partial(u, v)} dudv.$$

The sum of the double integrals on the right is often written more briefly as [1, p. 435]

$$\int \int_S P(x, y, z) dy \wedge dz + \int \int_S Q(x, y, z) dz \wedge dx + \int \int_S R(x, y, z) dx \wedge dy.$$

Let $B \subset \mathbb{R}^3$ be a solid in 3-space bounded by an orientable closed surface S , and let n be the unit outer normal to S . If F is a continuously differentiable vector field defined on B , we have the *Gauss-Ostrogradsky identity*

$$(GO) \quad \iiint_B (\operatorname{div} F) dV = \int \int_S (F \cdot n) dS.$$

If we express

$$F(x, y, z) = P(x, y, z) \vec{i} + Q(x, y, z) \vec{j} + R(x, y, z) \vec{k},$$

then (GO) can be written as

$$(2.6) \quad \iiint_B \left(\frac{\partial P(x, y, z)}{\partial x} + \frac{\partial Q(x, y, z)}{\partial y} + \frac{\partial R(x, y, z)}{\partial z} \right) dx dy dz \\ = \int \int_S P(x, y, z) dy \wedge dz + \int \int_S Q(x, y, z) dz \wedge dx \\ + \int \int_S R(x, y, z) dx \wedge dy.$$

By taking the real and imaginary part, we can extend the above inequality for complex valued functions P, Q, R defined on B .

For the body B we consider the coordinates for the *center of gravity* $G(\bar{x}_B, \bar{y}_B, \bar{z}_B)$ defined by

$$\bar{x}_B := \frac{1}{V(B)} \iiint_B x dx dy dz, \quad \bar{y}_B := \frac{1}{V(B)} \iiint_B y dx dy dz$$

and

$$\bar{z}_B := \frac{1}{V(B)} \iiint_B z dx dy dz.$$

We have:

Lemma 1. *Let B be a solid in the three dimensional space \mathbb{R}^3 bounded by an orientable closed surface S . If $f : B \rightarrow \mathbb{C}$ is a continuously differentiable function*

defined on a open set containing B , then we have the equality

$$\begin{aligned}
(2.7) \quad & \iiint_B f(x, y, z) dx dy dz \\
&= \frac{1}{3} \iiint_B \left[(\alpha - x) \frac{\partial f(x, y, z)}{\partial x} + (\beta - y) \frac{\partial f(x, y, z)}{\partial y} \right. \\
&\quad \left. + (\gamma - z) \frac{\partial f(x, y, z)}{\partial z} \right] dx dy dz \\
&+ \frac{1}{3} \left[\int \int_S (x - \alpha) f(x, y, z) dy \wedge dz + \int \int_S (y - \beta) f(x, y, z) dz \wedge dx \right. \\
&\quad \left. + \int \int_S (z - \gamma) f(x, y, z) dx \wedge dy \right]
\end{aligned}$$

for all α, β and γ complex numbers.

In particular, we have

$$\begin{aligned}
(2.8) \quad & \iiint_B f(x, y, z) dx dy dz \\
&= \frac{1}{3} \iiint_B \left[(\overline{x_B} - x) \frac{\partial f(x, y, z)}{\partial x} + (\overline{y_B} - y) \frac{\partial f(x, y, z)}{\partial y} \right. \\
&\quad \left. + (\overline{z_B} - z) \frac{\partial f(x, y, z)}{\partial z} \right] dx dy dz \\
&+ \frac{1}{3} \left[\int \int_S (x - \overline{x_B}) f(x, y, z) dy \wedge dz + \int \int_S (y - \overline{y_B}) f(x, y, z) dz \wedge dx \right. \\
&\quad \left. + \int \int_S (z - \overline{z_B}) f(x, y, z) dx \wedge dy \right].
\end{aligned}$$

Proof. We have

$$\begin{aligned}
\frac{\partial [(x - \alpha) f(x, y, z)]}{\partial x} &= f(x, y, z) + (x - \alpha) \frac{\partial f(x, y, z)}{\partial x}, \\
\frac{\partial [(y - \beta) f(x, y, z)]}{\partial y} &= f(x, y, z) + (y - \beta) \frac{\partial f(x, y, z)}{\partial y}
\end{aligned}$$

and

$$\frac{\partial [(z - \gamma) f(x, y, z)]}{\partial z} = f(x, y, z) + (z - \gamma) \frac{\partial f(x, y, z)}{\partial z}.$$

By adding these three equalities we get

$$\begin{aligned}
(2.9) \quad & \frac{\partial [(x - \alpha) f(x, y, z)]}{\partial x} + \frac{\partial [(y - \beta) f(x, y, z)]}{\partial y} + \frac{\partial [(z - \gamma) f(x, y, z)]}{\partial z} \\
&= 3f(x, y, z) \\
&+ (x - \alpha) \frac{\partial f(x, y, z)}{\partial x} + (y - \beta) \frac{\partial f(x, y, z)}{\partial y} + (z - \gamma) \frac{\partial f(x, y, z)}{\partial z}
\end{aligned}$$

for all $(x, y, z) \in B$.

Integrating this equality on B we get

$$\begin{aligned}
(2.10) \quad & \iiint_B \left(\frac{\partial [(x - \alpha) f(x, y, z)]}{\partial x} + \frac{\partial [(y - \beta) f(x, y, z)]}{\partial y} \right. \\
& \quad \left. + \frac{\partial [(z - \gamma) f(x, y, z)]}{\partial z} \right) dx dy dz \\
& = 3 \iiint_B f(x, y, z) dx dy dz \\
& \quad + \iiint_B \left[(x - \alpha) \frac{\partial f(x, y, z)}{\partial x} + (y - \beta) \frac{\partial f(x, y, z)}{\partial y} \right. \\
& \quad \quad \left. + (z - \gamma) \frac{\partial f(x, y, z)}{\partial z} \right] dx dy dz.
\end{aligned}$$

Applying the *Gauss-Ostrogradsky identity (2.6)* for the functions

$$P(x, y, z) = (x - \alpha) f(x, y, z), \quad Q(x, y, z) = (y - \beta) f(x, y, z)$$

and

$$R(x, y, z) = (z - \gamma) f(x, y, z)$$

we obtain

$$\begin{aligned}
(2.11) \quad & \iiint_B \left(\frac{\partial [(x - \alpha) f(x, y, z)]}{\partial x} + \frac{\partial [(y - \beta) f(x, y, z)]}{\partial y} \right. \\
& \quad \left. + \frac{\partial [(z - \gamma) f(x, y, z)]}{\partial z} \right) dx dy dz \\
& = \int \int_S (x - \alpha) f(x, y, z) dy \wedge dz + \int \int_S (y - \beta) f(x, y, z) dz \wedge dx \\
& \quad + \int \int_S (z - \gamma) f(x, y, z) dx \wedge dy.
\end{aligned}$$

By (2.10) and (2.11) we get

$$\begin{aligned}
& 3 \iiint_B f(x, y, z) dx dy dz \\
& + \iiint_B \left[(x - \alpha) \frac{\partial f(x, y, z)}{\partial x} + (y - \beta) \frac{\partial f(x, y, z)}{\partial y} + (z - \gamma) \frac{\partial f(x, y, z)}{\partial z} \right] dx dy dz \\
& = \int \int_S (x - \alpha) f(x, y, z) dy \wedge dz + \int \int_S (y - \beta) f(x, y, z) dz \wedge dx \\
& \quad + \int \int_S (z - \gamma) f(x, y, z) dx \wedge dy,
\end{aligned}$$

which is equivalent to the desired result (2.7). \square

Remark 1. For a function f as in Lemma 1 above, we define the points

$$x_{B, \partial f} := \frac{\iiint_B x \frac{\partial f(x, y, z)}{\partial x} dx dy dz}{\iiint_B \frac{\partial f(x, y, z)}{\partial x} dx dy dz}, \quad y_{B, \partial f} := \frac{\iiint_B y \frac{\partial f(x, y, z)}{\partial y} dx dy dz}{\iiint_B \frac{\partial f(x, y, z)}{\partial y} dx dy dz},$$

and

$$z_{B, \partial f} := \frac{\iiint_B z \frac{\partial f(x, y, z)}{\partial z} dx dy dz}{\iiint_B \frac{\partial f(x, y, z)}{\partial z} dx dy dz}$$

provided the denominators are not zero.

If we take $\alpha = x_{B,\partial f}$, $\beta = y_{B,\partial f}$ and $\gamma = z_{B,\partial f}$ in (2.7), then we get

$$(2.12) \quad \iiint_B f(x, y, z) dx dy dz \\ = \frac{1}{3} \left[\int \int_S (x - x_{B,\partial f}) f(x, y, z) dy \wedge dz + \int \int_S (y - \beta_{y_{B,\partial f}}) f(x, y, z) dz \wedge dx \right. \\ \left. + \int \int_S (z - z_{B,\partial f}) f(x, y, z) dx \wedge dy \right],$$

since, obviously,

$$\iiint_B \left[(x_{B,\partial f} - x) \frac{\partial f(x, y, z)}{\partial x} + (y_{B,\partial f} - y) \frac{\partial f(x, y, z)}{\partial y} \right. \\ \left. + (z_{B,\partial f} - z) \frac{\partial f(x, y, z)}{\partial z} \right] dx dy dz = 0.$$

We also have the following dual approach:

Remark 2. For a function f as in Lemma 1 above, we define the points

$$x_{S,f} := \frac{\int \int_S x f(x, y, z) dy \wedge dz}{\int \int_S f(x, y, z) dy \wedge dz}, \quad y_{S,f} := \frac{\int \int_S y f(x, y, z) dz \wedge dx}{\int \int_S f(x, y, z) dz \wedge dx}$$

and

$$z_{S,f} := \frac{\int \int_S z f(x, y, z) dx \wedge dy}{\int \int_S f(x, y, z) dx \wedge dy}$$

provided the denominators are not zero.

If we take $\alpha = x_{S,f}$, $\beta = y_{S,f}$ and $\gamma = z_{S,f}$ in (2.7), then we get

$$(2.13) \quad \iiint_B f(x, y, z) dx dy dz \\ = \frac{1}{3} \iiint_B \left[(x_{S,f} - x) \frac{\partial f(x, y, z)}{\partial x} + (y_{S,f} - y) \frac{\partial f(x, y, z)}{\partial y} \right. \\ \left. + (z_{S,f} - z) \frac{\partial f(x, y, z)}{\partial z} \right] dx dy dz$$

since, obviously,

$$\int \int_S (x - x_{S,f}) f(x, y, z) dy \wedge dz + \int \int_S (y - y_{S,f}) f(x, y, z) dz \wedge dx \\ + \int \int_S (z - z_{S,f}) f(x, y, z) dx \wedge dy = 0.$$

3. INEQUALITIES FOR CONVEX FUNCTIONS

We have the following result:

Theorem 3. Let B be a convex body in the three dimensional space \mathbb{R}^3 bounded by an orientable closed surface S and $f : B \rightarrow \mathbb{C}$ a continuously differentiable function

defined on a open set containing B . If f is convex on B , then for any $(u, v, w) \in B$ we have

$$\begin{aligned}
(3.1) \quad & f(u, v, w) + (\bar{x}_B - u) \frac{\partial f(u, v, w)}{\partial x} \\
& + (\bar{y}_B - v) \frac{\partial f(u, v, w)}{\partial y} + (\bar{z}_B - w) \frac{\partial f(u, v, w)}{\partial z} \\
& \leq \frac{1}{V(B)} \iiint_B f(x, y, z) dx dy dz \\
& \leq \frac{1}{4} f(u, v, w) + \frac{1}{4} \frac{1}{V(B)} \left[\int \int_S (x - u) f(x, y, z) dy \wedge dz \right. \\
& \left. + \int \int_S (y - v) f(x, y, z) dz \wedge dx + \int \int_S (z - w) f(x, y, z) dx \wedge dy \right].
\end{aligned}$$

In particular, we have

$$\begin{aligned}
(3.2) \quad & f(\bar{x}_B, \bar{y}_B, \bar{z}_B) \leq \frac{1}{V(B)} \iiint_B f(x, y, z) dx dy dz \\
& \leq \frac{1}{4} f(\bar{x}_B, \bar{y}_B, \bar{z}_B) + \frac{1}{4} \frac{1}{V(B)} \left[\int \int_S (x - \bar{x}_B) f(x, y, z) dy \wedge dz \right. \\
& \left. + \int \int_S (y - \bar{y}_B) f(x, y, z) dz \wedge dx + \int \int_S (z - \bar{z}_B) f(x, y, z) dx \wedge dy \right].
\end{aligned}$$

Proof. By the gradient inequality for the convex function f on the convex set B we have

$$\begin{aligned}
& (x - u) \frac{\partial f(u, v, w)}{\partial x} + (y - v) \frac{\partial f(u, v, w)}{\partial y} + (z - w) \frac{\partial f(u, v, w)}{\partial z} \\
& \leq f(x, y, z) - f(u, v, w) \\
& \leq (x - u) \frac{\partial f(x, y, z)}{\partial x} + (y - v) \frac{\partial f(x, y, z)}{\partial y} + (z - w) \frac{\partial f(x, y, z)}{\partial z}
\end{aligned}$$

for all $(u, v, w), (x, y, z) \in B$.

If we take the integral mean over the variables $(x, y, z) \in B$, we get

$$\begin{aligned}
& \frac{1}{V(B)} \iiint_B (x - u) \frac{\partial f(u, v, w)}{\partial x} dx dy dz + \frac{1}{V(B)} \iiint_B (y - v) \frac{\partial f(u, v, w)}{\partial y} dx dy dz \\
& \quad + \frac{1}{V(B)} \iiint_B (z - w) \frac{\partial f(u, v, w)}{\partial z} dx dy dz \\
& \leq \frac{1}{V(B)} \iiint_B f(x, y, z) dx dy dz - \frac{1}{V(B)} \iiint_B f(u, v, w) dx dy dz \\
& \leq \frac{1}{V(B)} \iiint_B (x - u) \frac{\partial f(x, y, z)}{\partial x} dx dy dz + \frac{1}{V(B)} \iiint_B (y - v) \frac{\partial f(x, y, z)}{\partial y} dx dy dz \\
& \quad + \frac{1}{V(B)} \iiint_B (z - w) \frac{\partial f(x, y, z)}{\partial z} dx dy dz
\end{aligned}$$

namely

$$\begin{aligned}
(3.3) \quad & (\bar{x}_B - u) \frac{\partial f(u, v, w)}{\partial x} + (\bar{y}_B - v) \frac{\partial f(u, v, w)}{\partial y} + (\bar{z}_B - w) \frac{\partial f(u, v, w)}{\partial z} \\
& \leq \frac{1}{V(B)} \iiint_B f(x, y, z) dx dy dz - f(u, v, w) \\
& \leq \frac{1}{V(B)} \iiint_B (x - u) \frac{\partial f(x, y, z)}{\partial x} dx dy dz + \frac{1}{V(B)} \iiint_B (y - v) \frac{\partial f(x, y, z)}{\partial y} dx dy dz \\
& \quad + \frac{1}{V(B)} \iiint_B (z - w) \frac{\partial f(x, y, z)}{\partial z} dx dy dz
\end{aligned}$$

for all $(u, v, w) \in B$, which is an inequality of interest in itself.

The first inequality in (3.3) gives now the first part of (3.1).

From the identity (2.7) we get for $(\alpha, \beta, \gamma) = (u, v, w)$ that

$$\begin{aligned}
& \iiint_B f(x, y, z) dx dy dz \\
& = \frac{1}{3} \iiint_B \left[(u - x) \frac{\partial f(x, y, z)}{\partial x} + (v - y) \frac{\partial f(x, y, z)}{\partial y} \right. \\
& \quad \left. + (w - z) \frac{\partial f(x, y, z)}{\partial z} \right] dx dy dz \\
& + \frac{1}{3} \left[\int \int_S (x - u) f(x, y, z) dy \wedge dz + \int \int_S (y - v) f(x, y, z) dz \wedge dx \right. \\
& \quad \left. + \int \int_S (z - w) f(x, y, z) dx \wedge dy \right],
\end{aligned}$$

namely

$$\begin{aligned}
& \frac{1}{V(B)} \iiint_B \left[(x - u) \frac{\partial f(x, y, z)}{\partial x} + (y - v) \frac{\partial f(x, y, z)}{\partial y} \right. \\
& \quad \left. + (z - w) \frac{\partial f(x, y, z)}{\partial z} \right] dx dy dz = \\
& + \frac{1}{V(B)} \left[\int \int_S (x - u) f(x, y, z) dy \wedge dz + \int \int_S (y - v) f(x, y, z) dz \wedge dx \right. \\
& \quad \left. + \int \int_S (z - w) f(x, y, z) dx \wedge dy \right] - 3 \frac{1}{V(B)} \iiint_B f(x, y, z) dx dy dz.
\end{aligned}$$

From the second part of (3.3) we get

$$\begin{aligned}
& \frac{1}{V(B)} \iiint_B f(x, y, z) dx dy dz - f(u, v, w) \\
& \leq \frac{1}{V(B)} \left[\int \int_S (x - u) f(x, y, z) dy \wedge dz + \int \int_S (y - v) f(x, y, z) dz \wedge dx \right. \\
& \quad \left. + \int \int_S (z - w) f(x, y, z) dx \wedge dy \right] - 3 \frac{1}{V(B)} \iiint_B f(x, y, z) dx dy dz,
\end{aligned}$$

namely

$$\begin{aligned} & \frac{4}{V(B)} \iiint_B f(x, y, z) dx dy dz \leq f(u, v, w) \\ & + \frac{1}{V(B)} \left[\int \int_S (x - u) f(x, y, z) dy \wedge dz + \int \int_S (y - v) f(x, y, z) dz \wedge dx \right. \\ & \qquad \qquad \qquad \left. + \int \int_S (z - w) f(x, y, z) dx \wedge dy \right], \end{aligned}$$

which gives the second part of the inequality (3.1). \square

Remark 3. *The first inequality in (3.2) is the same as the one from inequality (1.2).*

Corollary 1. *With the assumptions of Theorem 3 and if $(x_{S,f}, y_{S,f}, z_{S,f}) \in B$, then*

$$\begin{aligned} (3.4) \quad & f(x_{S,f}, y_{S,f}, z_{S,f}) + (\bar{x}_B - x_{S,f}) \frac{\partial f(x_{S,f}, y_{S,f}, z_{S,f})}{\partial x} \\ & + (\bar{y}_B - y_{S,f}) \frac{\partial f(x_{S,f}, y_{S,f}, z_{S,f})}{\partial y} + (\bar{z}_B - z_{S,f}) \frac{\partial f(x_{S,f}, y_{S,f}, z_{S,f})}{\partial z} \\ & \leq \frac{1}{V(B)} \iiint_B f(x, y, z) dx dy dz \leq \frac{1}{4} f(x_{S,f}, y_{S,f}, z_{S,f}). \end{aligned}$$

The proof follows by (3.1) observing that

$$\begin{aligned} & \int \int_S (x - x_{S,f}) f(x, y, z) dy \wedge dz + \int \int_S (y - y_{S,f}) f(x, y, z) dz \wedge dx \\ & \qquad \qquad \qquad + \int \int_S (z - z_{S,f}) f(x, y, z) dx \wedge dy = 0. \end{aligned}$$

Corollary 2. *With the assumptions of Theorem 3, we have*

$$\begin{aligned} (3.5) \quad & \frac{1}{V(B)} \iiint_B f(x, y, z) dx dy dz \leq \frac{1}{3} \frac{1}{V(B)} \left[\int \int_S (x - \bar{x}_B) f(x, y, z) dy \wedge dz \right. \\ & \left. + \int \int_S (y - \bar{y}_B) f(x, y, z) dz \wedge dx + \int \int_S (z - \bar{z}_B) f(x, y, z) dx \wedge dy \right]. \end{aligned}$$

Proof. From (3.2) we get

$$\begin{aligned} & \frac{1}{V(B)} \iiint_B f(x, y, z) dx dy dz \\ & \leq \frac{1}{4} f(\bar{x}_B, \bar{y}_B, \bar{z}_B) + \frac{1}{4} \frac{1}{V(B)} \left[\int \int_S (x - \bar{x}_B) f(x, y, z) dy \wedge dz \right. \\ & \quad \left. + \int \int_S (y - \bar{y}_B) f(x, y, z) dz \wedge dx + \int \int_S (z - \bar{z}_B) f(x, y, z) dx \wedge dy \right] \\ & \leq \frac{1}{4} \frac{1}{V(B)} \iiint_B f(x, y, z) dx dy dz + \frac{1}{4} \frac{1}{V(B)} \left[\int \int_S (x - \bar{x}_B) f(x, y, z) dy \wedge dz \right. \\ & \quad \left. + \int \int_S (y - \bar{y}_B) f(x, y, z) dz \wedge dx + \int \int_S (z - \bar{z}_B) f(x, y, z) dx \wedge dy \right], \end{aligned}$$

which implies that

$$\begin{aligned} \frac{3}{4V(B)} \iiint_B f(x, y, z) dx dy dz &\leq \frac{1}{4} \frac{1}{V(B)} \left[\int \int_S (x - \bar{x}_B) f(x, y, z) dy \wedge dz \right. \\ &\quad \left. + \int \int_S (y - \bar{y}_B) f(x, y, z) dz \wedge dx + \int \int_S (z - \bar{z}_B) f(x, y, z) dx \wedge dy \right] \end{aligned}$$

that is equivalent to (3.5). \square

Corollary 3. *With the assumptions of Theorem 3 we have*

$$\begin{aligned} (3.6) \quad &\frac{1}{A(S)} \int \int_S f(u, v, w) dS + \frac{1}{A(S)} \int \int_S \left[(\bar{x}_B - u) \frac{\partial f(u, v, w)}{\partial x} \right. \\ &\quad \left. + (\bar{y}_B - v) \frac{\partial f(u, v, w)}{\partial y} + (\bar{z}_B - w) \frac{\partial f(u, v, w)}{\partial z} \right] dS \\ &\leq \frac{1}{V(B)} \iiint_B f(x, y, z) dx dy dz \\ &\leq \frac{1}{4} \frac{1}{A(S)} \int \int_S f(u, v, w) dS + \frac{1}{4} \frac{1}{V(B)} \left[\int \int_S (x - \bar{x}_S) f(x, y, z) dy \wedge dz \right. \\ &\quad \left. + \int \int_S (y - \bar{y}_S) f(x, y, z) dz \wedge dx + \int \int_S (z - \bar{z}_S) f(x, y, z) dx \wedge dy \right]. \end{aligned}$$

Proof. By taking the integral mean $\frac{1}{A(S)} \int \int_S (\cdot) dS$ over the variables (u, v, w) in the integral (3.1), we get

$$\begin{aligned} &\frac{1}{A(S)} \int \int_S f(u, v, w) dS + \frac{1}{A(S)} \int \int_S \left[(\bar{x}_B - u) \frac{\partial f(u, v, w)}{\partial x} \right. \\ &\quad \left. + (\bar{y}_B - v) \frac{\partial f(u, v, w)}{\partial y} + (\bar{z}_B - w) \frac{\partial f(u, v, w)}{\partial z} \right] dS \\ &\leq \frac{1}{V(B)} \iiint_B f(x, y, z) dx dy dz \\ &\leq \frac{1}{4} \frac{1}{A(S)} \int \int_S f(u, v, w) dS \\ &\quad + \frac{1}{4} \frac{1}{V(B)} \left[\int \int_S \left(x - \frac{1}{A(S)} \int \int_S u dS \right) f(x, y, z) dy \wedge dz \right. \\ &\quad \left. + \int \int_S \left(y - \frac{1}{A(S)} \int \int_S v dS \right) f(x, y, z) dz \wedge dx \right. \\ &\quad \left. + \int \int_S \left(z - \frac{1}{A(S)} \int \int_S w dS \right) f(x, y, z) dx \wedge dy \right], \end{aligned}$$

which is equivalent to (3.6). \square

Remark 4. *The second inequality in (3.6) is an equivalent formulation of the second inequality in (1.2).*

4. APPLICATIONS FOR THREE DIMENSIONAL BALLS

Now, let us compute the surface integral

$$K(S(C, R), f) := \iint_{S(C, R)} f(x, y, z) dS,$$

where

$$S(C, R) := \left\{ (x, y, z) \in \mathbb{R}^3 \mid (x - a)^2 + (y - b)^2 + (z - c)^2 = R^2 \right\}.$$

If we consider the parametrization of $S(C, R)$ given by:

$$S(C, R) : \begin{cases} x = R \cos \psi \cos \varphi + a \\ y = R \cos \psi \sin \varphi + b \\ z = R \sin \psi + c \end{cases} ; (\psi, \varphi) \in \left[-\frac{\pi}{2}, \frac{\pi}{2} \right] \times [0, 2\pi]$$

and putting

$$A := \begin{vmatrix} \frac{\partial y}{\partial \psi} & \frac{\partial z}{\partial \psi} \\ \frac{\partial y}{\partial \varphi} & \frac{\partial z}{\partial \varphi} \end{vmatrix} = -R^2 \cos^2 \psi \cos \varphi,$$

$$B := \begin{vmatrix} \frac{\partial x}{\partial \psi} & \frac{\partial z}{\partial \psi} \\ \frac{\partial x}{\partial \varphi} & \frac{\partial z}{\partial \varphi} \end{vmatrix} = R^2 \cos^2 \psi \sin \varphi,$$

and

$$C := \begin{vmatrix} \frac{\partial x}{\partial \psi} & \frac{\partial y}{\partial \psi} \\ \frac{\partial x}{\partial \varphi} & \frac{\partial y}{\partial \varphi} \end{vmatrix} = -R^2 \sin \psi \cos \psi,$$

we have that

$$A^2 + B^2 + C^2 = R^4 \cos^2 \psi \text{ for all } (\psi, \varphi) \in \left[-\frac{\pi}{2}, \frac{\pi}{2} \right] \times [0, 2\pi].$$

Thus,

$$\begin{aligned} (4.1) \quad K(S(C, R), f) &= \iint_{S(C, R)} f(x, y, z) dS \\ &= \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \int_0^{2\pi} [f(R \cos \psi \cos \varphi + a, R \cos \psi \sin \varphi + b, R \sin \psi + c) \\ &\quad \times \sqrt{A^2 + B^2 + C^2}] d\psi d\varphi \\ &= R^2 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \int_0^{2\pi} \cos \psi f(R \cos \psi \cos \varphi + a, R \cos \psi \sin \varphi + b, R \sin \psi + c) d\psi d\varphi. \end{aligned}$$

We also have

$$\begin{aligned}
(4.2) \quad L(S(C, R), f) &:= \int \int_{S(C, R)} (x - a) f(x, y, z) dy \wedge dz \\
&+ \int \int_{S(C, R)} (y - b) f(x, y, z) dz \wedge dx + \int \int_{S(C, R)} (z - c) f(x, y, z) dx \wedge dy \\
&= -R^3 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \int_0^{2\pi} \cos^3 \psi \cos^2 \varphi \\
&\quad \times f(R \cos \psi \cos \varphi + a, R \cos \psi \sin \varphi + b, R \sin \psi + c) d\psi d\varphi \\
&\quad + R^3 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \int_0^{2\pi} \cos^3 \psi \sin^2 \varphi \\
&\quad \times f(R \cos \psi \cos \varphi + a, R \cos \psi \sin \varphi + b, R \sin \psi + c) d\psi d\varphi \\
&- R^3 \int \int_S \sin^2 \psi \cos \psi f(R \cos \psi \cos \varphi + a, R \cos \psi \sin \varphi + b, R \sin \psi + c) d\psi d\varphi.
\end{aligned}$$

Let us consider the transformation $T_2 : \mathbb{R}^3 \rightarrow \mathbb{R}^3$ given by:

$$T_2(r, \psi, \varphi) := (r \cos \psi \cos \varphi + a, r \cos \psi \sin \varphi + b, r \sin \psi + c).$$

It is well known that the Jacobian of T_2 is

$$J(T_2) = r^2 \cos \psi$$

and T_2 is a one-to-one mapping defined on the interval of \mathbb{R}^3 , $[0, R] \times [-\frac{\pi}{2}, \frac{\pi}{2}] \times [0, 2\pi]$, with values in the ball $B(C, R)$ from \mathbb{R}^3 . Thus we have the change of variable:

$$\begin{aligned}
(4.3) \quad I(B(C, R), f) &:= \iiint_{B(C, R)} f(x, y, z) dx dy dz \\
&= \int_0^R \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \int_0^{2\pi} f(r \cos \psi \cos \varphi + a, r \cos \psi \sin \varphi + b, r \sin \psi + c) r^2 \cos \psi dr d\psi d\varphi.
\end{aligned}$$

Assume that f is convex on the ball $B(C, R)$. From the inequality (3.2) we get

$$\begin{aligned}
(4.4) \quad f(a, b, c) &\leq \frac{1}{V(B(C, R))} I(B(C, R), f) \\
&\leq \frac{1}{4} f(a, b, c) + \frac{1}{4V(B(C, R))} L(S(C, R), f),
\end{aligned}$$

where $V(B(C, R)) = \frac{4\pi R^3}{3}$, while from the inequality (3.5) we also have

$$(4.5) \quad \frac{1}{V(B(C, R))} I(B(C, R), f) \leq \frac{1}{3V(B(C, R))} L(S(C, R), f).$$

Further, consider

$$\begin{aligned}
 J(S(C, R), f) &:= \int \int_{S(C, R)} \left[(\overline{x_B} - u) \frac{\partial f(u, v, w)}{\partial x} \right. \\
 &\quad \left. + (\overline{y_B} - v) \frac{\partial f(u, v, w)}{\partial y} + (\overline{z_B} - w) \frac{\partial f(u, v, w)}{\partial z} \right] dS \\
 &= -R \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \int_0^{2\pi} \cos \psi \cos \varphi \frac{\partial f(R \cos \psi \cos \varphi + a, R \cos \psi \sin \varphi + b, R \sin \psi + c)}{\partial x} d\psi d\varphi \\
 &\quad - R \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \int_0^{2\pi} \cos \psi \sin \varphi \frac{\partial f(R \cos \psi \cos \varphi + a, R \cos \psi \sin \varphi + b, R \sin \psi + c)}{\partial y} d\psi d\varphi \\
 &\quad - R \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \int_0^{2\pi} \sin \psi \frac{\partial f(R \cos \psi \cos \varphi + a, R \cos \psi \sin \varphi + b, R \sin \psi + c)}{\partial z} d\psi d\varphi.
 \end{aligned}$$

Then from the inequality (3.6) we get the following inequalities of interest:

$$\begin{aligned}
 (4.6) \quad &\frac{1}{A(S(C, R))} K(S(C, R), f) + \frac{1}{A(S(C, R))} J(S(C, R), f) \\
 &\leq \frac{1}{V(B(C, R))} I(B(C, R), f) \\
 &\leq \frac{1}{4} \frac{1}{A(S(C, R))} K(S(C, R), f) + \frac{1}{4} \frac{1}{V(B(C, R))} L(S(C, R), f),
 \end{aligned}$$

where $A(S(C, R)) = 4\pi R^2$ is the area of the sphere.

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