

REVERSES OF OPERATOR HERMITE-HADAMARD INEQUALITIES

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ABSTRACT. Let f be an operator convex function on I and $A, B \in \mathcal{SA}_I(H)$, the convex set of selfadjoint operators with spectra in I . If $A \neq B$ and f , as an operator function, is Gâteaux differentiable on $[A, B] := \{(1-t)A + tB \mid t \in [0, 1]\}$, then

$$\begin{aligned} 0 &\leq \int_0^1 f((1-t)A + tB) dt - f\left(\frac{A+B}{2}\right) \\ &\leq \frac{1}{8} [\nabla f_B(B-A) - \nabla f_A(B-A)] \end{aligned}$$

and

$$\begin{aligned} 0 &\leq \frac{f(A) + f(B)}{2} - \int_0^1 f((1-t)A + tB) dt \\ &\leq \frac{1}{8} [\nabla f_B(B-A) - \nabla f_A(B-A)]. \end{aligned}$$

Two particular examples of interest are also given.

1. INTRODUCTION

A real valued continuous function f on an interval I is said to be *operator convex* (*operator concave*) on I if

$$(1.1) \quad f((1-\lambda)A + \lambda B) \leq (\geq) (1-\lambda)f(A) + \lambda f(B)$$

in the operator order, for all $\lambda \in [0, 1]$ and for every selfadjoint operator A and B on a Hilbert space H whose spectra are contained in I . Notice that a function f is operator concave if $-f$ is operator convex.

A real valued continuous function f on an interval I is said to be *operator monotone* if it is monotone with respect to the operator order, i.e., $A \leq B$ with $\text{Sp}(A), \text{Sp}(B) \subset I$ imply $f(A) \leq f(B)$.

For some fundamental results on operator convex (operator concave) and operator monotone functions, see [7] and the references therein.

As examples of such functions, we note that $f(t) = t^r$ is operator monotone on $[0, \infty)$ if and only if $0 \leq r \leq 1$. The function $f(t) = t^r$ is operator convex on $(0, \infty)$ if either $1 \leq r \leq 2$ or $-1 \leq r \leq 0$ and is operator concave on $(0, \infty)$ if $0 \leq r \leq 1$. The logarithmic function $f(t) = \ln t$ is operator monotone and operator concave on $(0, \infty)$. The entropy function $f(t) = -t \ln t$ is operator concave on $(0, \infty)$. The exponential function $f(t) = e^t$ is neither operator convex nor operator monotone.

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In [5] we obtained among others the following Hermite-Hadamard type inequalities for operator convex functions $f : I \rightarrow \mathbb{R}$

$$(1.2) \quad f\left(\frac{A+B}{2}\right) \leq \int_0^1 f((1-s)A + sB) ds \leq \frac{f(A) + f(B)}{2},$$

where A, B are selfadjoint operators with spectra included in I .

For recent inequalities for operator convex functions see [1]-[6] and [8]-[17].

Motivated by the above results, in this paper we show among others that if $A \neq B$ and f is Gâteaux differentiable on $[A, B] := \{(1-t)A + tB \mid t \in [0, 1]\}$, then

$$\begin{aligned} 0 &\leq \int_0^1 f((1-t)A + tB) dt - f\left(\frac{A+B}{2}\right) \\ &\leq \frac{1}{8} [\nabla f_B(B-A) - \nabla f_A(B-A)] \end{aligned}$$

and

$$\begin{aligned} 0 &\leq \frac{f(A) + f(B)}{2} - \int_0^1 f((1-t)A + tB) dt \\ &\leq \frac{1}{8} [\nabla f_B(B-A) - \nabla f_A(B-A)]. \end{aligned}$$

Two particular examples of interest for $f(x) = -\ln x$ and $f(x) = x^{-1}$ are also given.

2. SOME PRELIMINARY FACTS

Let f be an operator convex function on I . For $(A, B) \in \mathcal{SA}_I(H)$, the class of all selfadjoint operators with spectra in I , we consider the auxiliary function $\varphi_{(A,B)} : [0, 1] \rightarrow \mathcal{SA}_I(H)$ defined by

$$(2.1) \quad \varphi_{(A,B)}(t) := f((1-t)A + tB).$$

For $x \in H$ we can also consider the auxiliary function $\varphi_{(A,B);x} : [0, 1] \rightarrow \mathbb{R}$ defined by

$$(2.2) \quad \varphi_{(A,B);x}(t) := \left\langle \varphi_{(A,B)}(t)x, x \right\rangle = \langle f((1-t)A + tB)x, x \rangle.$$

We have the following basic fact:

Lemma 1. *Let f be an operator convex function on I . For any $(A, B) \in \mathcal{SA}_I(H)$, $\varphi_{(A,B)}$ is well defined and convex in the operator order. For any $(A, B) \in \mathcal{SA}_I(H)$ and $x \in H$ the function $\varphi_{(A,B);x}$ is convex in the usual sense on $[0, 1]$.*

Proof. If $(A, B) \in \mathcal{SA}_I(H)$ and $t \in [0, 1]$ the convex combination $(1-t)A + tB$ is a selfadjoint operator with the spectrum in I showing that $\mathcal{SA}_I(H)$ in the Banach algebra $\mathcal{B}(H)$ of all bounded linear operators on H . By the continuous functional calculus of selfadjoint operator we also conclude that $f((1-t)A + tB)$ is a selfadjoint operator with spectrum in I .

Let $(A, B) \in \mathcal{SA}_I(H)$ and $t_1, t_2 \in [0, 1]$. If $\alpha, \beta > 0$ with $\alpha + \beta = 1$, then

$$\begin{aligned} \varphi_{(A,B)}(\alpha t_1 + \beta t_2) &:= f((1 - \alpha t_1 - \beta t_2)A + (\alpha t_1 + \beta t_2)B) \\ &= f((\alpha + \beta - \alpha t_1 - \beta t_2)A + (\alpha t_1 + \beta t_2)B) \\ &= f(\alpha[(1 - t_1)A + t_1B] + \beta[(1 - t_2)A + t_2B]) \\ &\leq \alpha f((1 - t_1)A + t_1B) + \beta f((1 - t_2)A + t_2B) \\ &= \alpha \varphi_{(A,B)}(t_1) + \beta \varphi_{(A,B)}(t_2), \end{aligned}$$

which proves the convexity $\varphi_{(A,B)}$ in the operator order.

Let $(A, B) \in \mathcal{SA}_I(H)$ and $x \in H$. If $t_1, t_2 \in [0, 1]$ and $\alpha, \beta > 0$ with $\alpha + \beta = 1$, then

$$\begin{aligned} \varphi_{(A,B);x}(\alpha t_1 + \beta t_2) &= \left\langle \varphi_{(A,B)}(\alpha t_1 + \beta t_2)x, x \right\rangle \\ &\leq \left\langle \left[\alpha \varphi_{(A,B)}(t_1) + \beta \varphi_{(A,B)}(t_2) \right] x, x \right\rangle \\ &= \alpha \left\langle \varphi_{(A,B)}(t_1)x, x \right\rangle + \beta \left\langle \varphi_{(A,B)}(t_2)x, x \right\rangle \\ &= \alpha \varphi_{(A,B);x}(t_1) + \beta \varphi_{(A,B);x}(t_2), \end{aligned}$$

which proves the convexity of $\varphi_{(A,B);x}$ on $[0, 1]$. \square

A continuous function $g : \mathcal{SA}_I(H) \rightarrow \mathcal{B}(H)$ is said to be *Gâteaux differentiable* in $A \in \mathcal{SA}_I(H)$ along the direction $B \in \mathcal{B}(H)$ if the following limit exists in the strong topology of $\mathcal{B}(H)$

$$(2.3) \quad \nabla g_A(B) := \lim_{s \rightarrow 0} \frac{g(A + sB) - g(A)}{s} \in \mathcal{B}(H).$$

If the limit (2.3) exists for all $B \in \mathcal{B}(H)$, then we say that f is *Gâteaux differentiable* in A and we can write $g \in \mathcal{G}(A)$. If this is true for any A in an open set \mathcal{S} from $\mathcal{SA}_I(H)$ we write that $g \in \mathcal{G}(\mathcal{S})$.

If g is a continuous function on I , by utilising the continuous functional calculus the corresponding function of operators will be denoted in the same way.

For two distinct operators $A, B \in \mathcal{SA}_I(H)$ we consider the segment of selfadjoint operators

$$[A, B] := \{(1 - t)A + tB \mid t \in [0, 1]\}.$$

We observe that $A, B \in [A, B]$ and $[A, B] \subset \mathcal{SA}_I(H)$.

Lemma 2. *Let f be an operator convex function on I and $(A, B) \in \mathcal{SA}_I(H)$, with $A \neq B$. If $f \in \mathcal{G}([A, B])$, then the auxiliary function $\varphi_{(A,B)}$ is differentiable on $(0, 1)$ and*

$$(2.4) \quad \varphi'_{(A,B)}(t) = \nabla f_{(1-t)A+tB}(B - A).$$

Also we have for the lateral derivative that

$$(2.5) \quad \varphi'_{(A,B)}(0+) = \nabla f_A(B - A)$$

and

$$(2.6) \quad \varphi'_{(A,B)}(1-) = \nabla f_B(B - A).$$

Proof. Let $t \in (0, 1)$ and $h \neq 0$ small enough such that $t + h \in (0, 1)$. Then

$$(2.7) \quad \begin{aligned} & \frac{\varphi_{(A,B)}(t+h) - \varphi_{(A,B)}(t)}{h} \\ &= \frac{f((1-t-h)A + (t+h)B) - f((1-t)A + tB)}{h} \\ &= \frac{f((1-t)A + tB + h(B-A)) - f((1-t)A + tB)}{h}. \end{aligned}$$

Since $f \in \mathcal{G}([A, B])$, hence by taking the limit over $h \rightarrow 0$ in (2.7) we get

$$\begin{aligned} \varphi'_{(A,B)}(t) &= \lim_{h \rightarrow 0} \frac{\varphi_{(A,B)}(t+h) - \varphi_{(A,B)}(t)}{h} \\ &= \lim_{h \rightarrow 0} \frac{f((1-t)A + tB + h(B-A)) - f((1-t)A + tB)}{h} \\ &= \nabla g_{(1-t)A+tB}(B-A), \end{aligned}$$

which proves (2.8).

Also, we have

$$\begin{aligned} \varphi'_{(A,B)}(0+) &= \lim_{h \rightarrow 0+} \frac{\varphi_{(A,B)}(h) - \varphi_{(A,B)}(0)}{h} \\ &= \lim_{h \rightarrow 0+} \frac{f((1-h)A + hB) - f(A)}{h} \\ &= \lim_{h \rightarrow 0+} \frac{f(A + h(B-A)) - f(A)}{h} \\ &= \nabla f_A(B-A) \end{aligned}$$

since f is assumed to be Gâteaux differentiable in A . This proves (2.5).

The equality (2.6) follows in a similar way. \square

Lemma 3. *Let f be an operator convex function on I and $(A, B) \in \mathcal{SA}_I(H)$, with $A \neq B$. If $f \in \mathcal{G}([A, B])$, then for $0 < t_1 < t_2 < 1$ we have*

$$(2.8) \quad \nabla g_{(1-t_1)A+t_1B}(B-A) \leq \nabla g_{(1-t_2)A+t_2B}(B-A)$$

in the operator order.

We also have

$$(2.9) \quad \nabla f_A(B-A) \leq \nabla g_{(1-t_1)A+t_1B}(B-A)$$

and

$$(2.10) \quad \nabla g_{(1-t_2)A+t_2B}(B-A) \leq \nabla f_B(B-A).$$

Proof. Let $x \in H$. The auxiliary function $\varphi_{(A,B);x}$ is convex in the usual sense on $[0, 1]$ and differentiable on $(0, 1)$ and for $t \in (0, 1)$

$$\begin{aligned} \varphi'_{(A,B);x}(t) &= \lim_{h \rightarrow 0} \frac{\varphi_{(A,B);x}(t+h) - \varphi_{(A,B);x}(t)}{h} \\ &= \lim_{h \rightarrow 0} \left\langle \frac{\varphi_{(A,B)}(t+h) - \varphi_{(A,B)}(t)}{h}, x, x \right\rangle \\ &= \left\langle \lim_{h \rightarrow 0} \frac{\varphi_{(A,B)}(t+h) - \varphi_{(A,B)}(t)}{h}, x, x \right\rangle \\ &= \langle \nabla g_{(1-t)A+tB}(B-A), x, x \rangle. \end{aligned}$$

Since for $0 < t_1 < t_2 < 1$ we have by the gradient inequality for scalar convex functions that

$$\varphi'_{(A,B),x}(t_1) \leq \varphi'_{(A,B),x}(t_2)$$

then we get

$$(2.11) \quad \langle \nabla g_{(1-t_1)A+t_1B}(B-A)x, x \rangle \leq \langle \nabla g_{(1-t_2)A+t_2B}(B-A)x, x \rangle$$

for all $x \in H$, which is equivalent to the inequality (2.8) in the operator order.

Let $0 < t_1 < 1$. By the gradient inequality for scalar convex functions we also have

$$\varphi'_{(A,B),x}(0+) \leq \varphi'_{(A,B),x}(t_1),$$

which, as above implies that

$$\langle \nabla f_A(B-A)x, x \rangle \leq \langle \nabla g_{(1-t_1)A+t_1B}(B-A)x, x \rangle$$

for all $x \in H$, that is equivalent to the operator inequality (2.9).

The inequality (2.10) follows in a similar way. \square

Corollary 1. *Let f be an operator convex function on I and $(A, B) \in \mathcal{SA}_I(H)$, with $A \neq B$. If $f \in \mathcal{G}([A, B])$, then for all $t \in (0, 1)$ we have*

$$(2.12) \quad \nabla f_A(B-A) \leq \nabla f_{(1-t)A+tB}(B-A) \leq \nabla f_B(B-A).$$

3. REVERSES OF OPERATOR HERMITE-HADAMARD INEQUALITIES

It is well known that, if E is a Banach space and $f : [0, 1] \rightarrow E$ is a continuous function, then f is Bochner integrable, and its Bochner integral coincides with its Riemann integral. We denote this integral as usual by $\int_0^1 f(t) dt$.

We have the following reverse of the first operator Hermite-Hadamard inequality:

Theorem 1. *Let f be an operator convex function on I and $A, B \in \mathcal{SA}_I(H)$, with $A \neq B$. If $f \in \mathcal{G}([A, B])$, then*

$$(3.1) \quad \begin{aligned} 0 &\leq \int_0^1 f((1-t)A+tB) dt - f\left(\frac{A+B}{2}\right) \\ &\leq \frac{1}{8} [\nabla f_B(B-A) - \nabla f_A(B-A)]. \end{aligned}$$

Proof. Using integration by parts formula for the Bochner integral, we have

$$(3.2) \quad \begin{aligned} \int_0^{1/2} t \varphi'_{(A,B)}(t) dt &= \frac{1}{2} \varphi_{(A,B)}\left(\frac{1}{2}\right) - \int_0^{1/2} \varphi_{(A,B)}(t) dt \\ &= \frac{1}{2} f\left(\frac{A+B}{2}\right) - \int_0^{1/2} f((1-t)A+tB) dt \end{aligned}$$

and

$$(3.3) \quad \begin{aligned} \int_{1/2}^1 (t-1) \varphi'_{(A,B)}(t) dt &= \frac{1}{2} \varphi_{(A,B)}\left(\frac{1}{2}\right) - \int_{1/2}^1 f((1-t)A+tB) dt \\ &= \frac{1}{2} f\left(\frac{A+B}{2}\right) - \int_{1/2}^1 f((1-t)A+tB) dt. \end{aligned}$$

If we add these two equalities, we get the following identity of interest

$$(3.4) \quad \begin{aligned} & \int_0^1 f((1-t)A + tB) dt - f\left(\frac{A+B}{2}\right) \\ &= \int_{1/2}^1 (1-t) \varphi'_{(A,B)}(t) dt - \int_0^{1/2} t \varphi'_{(A,B)}(t) dt. \end{aligned}$$

From Lemma 3 we have

$$(3.5) \quad \varphi'_{(A,B)}(1/2) \leq \varphi'_{(A,B)}(t) \leq \varphi'_{(A,B)}(1-) = \nabla f_B(B-A), \quad t \in [1/2, 1)$$

and

$$(3.6) \quad \nabla f_A(B-A) = \varphi'_{(A,B)}(0+) \leq \varphi'_{(A,B)}(t) \leq \varphi'_{(A,B)}(1/2), \quad t \in (0, 1/2],$$

This implies that

$$(1-t) \varphi'_{(A,B)}(1/2) \leq (1-t) \varphi'_{(A,B)}(t) \leq (1-t) \nabla f_B(B-A)$$

for $t \in [1/2, 1)$ and

$$-t \varphi'_{(A,B)}(1/2) \leq -t \varphi'_{(A,B)}(t) \leq -t \nabla f_A(B-A)$$

for $t \in (0, 1/2]$.

By integrating these inequalities on the corresponding intervals, we get

$$\frac{1}{8} \varphi'_{(A,B)}(1/2) \leq \int_{1/2}^1 (1-t) \varphi'_{(A,B)}(t) dt \leq \frac{1}{8} \nabla f_B(B-A)$$

and

$$-\frac{1}{8} \varphi'_{(A,B)}(1/2) \leq -\int_0^{1/2} t \varphi'_{(A,B)}(t) dt \leq -\frac{1}{8} \nabla f_A(B-A).$$

By addition, we deduce that

$$\begin{aligned} 0 &\leq \int_{1/2}^1 (1-t) \varphi'_{(A,B)}(t) dt - \int_0^{1/2} t \varphi'_{(A,B)}(t) dt \\ &\leq \frac{1}{8} [\nabla f_B(B-A) - \nabla f_A(B-A)] \end{aligned}$$

and by the identity (3.4) we get (3.1). \square

We have the following reverse of the second operator Hermite-Hadamard inequality:

Theorem 2. *Let f be an operator convex function on I and $A, B \in \mathcal{SA}_I(H)$, with $A \neq B$. If $f \in \mathcal{G}([A, B])$, then*

$$(3.7) \quad \begin{aligned} 0 &\leq \frac{f(A) + f(B)}{2} - \int_0^1 f((1-t)A + tB) dt \\ &\leq \frac{1}{8} [\nabla f_B(B-A) - \nabla f_A(B-A)]. \end{aligned}$$

Proof. Using integration by parts formula for the Bochner integral, we have

$$\begin{aligned}
 (3.8) \quad \int_0^1 \left(t - \frac{1}{2}\right) \varphi'_{(A,B)}(t) dt &= \left(t - \frac{1}{2}\right) \varphi_{(A,B)}(t) \Big|_0^1 - \int_0^1 \varphi_{(A,B)}(t) dt \\
 &= \frac{\varphi_{(A,B)}(1) + \varphi_{(A,B)}(0)}{2} - \int_0^1 \varphi_{(A,B)}(t) dt \\
 &= \frac{f(B) + f(A)}{2} - \int_0^1 f((1-t)A + tB) dt.
 \end{aligned}$$

Observe that

$$\begin{aligned}
 (3.9) \quad \int_0^1 \left(t - \frac{1}{2}\right) \varphi'_{(A,B)}(t) dt \\
 = \int_{1/2}^1 \left(t - \frac{1}{2}\right) \varphi'_{(A,B)}(t) dt - \int_0^{1/2} \left(\frac{1}{2} - t\right) \varphi'_{(A,B)}(t) dt.
 \end{aligned}$$

Therefore, we have the following identity of interest

$$\begin{aligned}
 &\frac{f(B) + f(A)}{2} - \int_0^1 f((1-t)A + tB) dt \\
 &= \int_{1/2}^1 \left(t - \frac{1}{2}\right) \varphi'_{(A,B)}(t) dt - \int_0^{1/2} \left(\frac{1}{2} - t\right) \varphi'_{(A,B)}(t) dt.
 \end{aligned}$$

From the inequality (3.5) we obtain

$$\begin{aligned}
 \left(t - \frac{1}{2}\right) \varphi'_{(A,B)}(1/2) &\leq \left(t - \frac{1}{2}\right) \varphi'_{(A,B)}(t) \\
 &\leq \left(t - \frac{1}{2}\right) \nabla f_B(B - A), \quad t \in [1/2, 1]
 \end{aligned}$$

and from (3.6)

$$\begin{aligned}
 \left(\frac{1}{2} - t\right) \nabla f_A(B - A) &\leq \left(\frac{1}{2} - t\right) \varphi'_{(A,B)}(t) \\
 &\leq \left(\frac{1}{2} - t\right) \varphi'_{(A,B)}(1/2), \quad t \in (0, 1/2],
 \end{aligned}$$

namely

$$\begin{aligned}
 -\left(\frac{1}{2} - t\right) \varphi'_{(A,B)}(1/2) &\leq -\left(\frac{1}{2} - t\right) \varphi'_{(A,B)}(t) \\
 &\leq -\left(\frac{1}{2} - t\right) \nabla f_A(B - A), \quad t \in (0, 1/2].
 \end{aligned}$$

Integrating these inequalities on the corresponding intervals, we get

$$\frac{1}{8} \varphi'_{(A,B)}(1/2) \leq \int_{1/2}^1 \left(t - \frac{1}{2}\right) \varphi'_{(A,B)}(t) dt \leq \frac{1}{8} \nabla f_B(B - A),$$

and

$$-\frac{1}{8} \varphi'_{(A,B)}(1/2) \leq -\int_0^{1/2} \left(\frac{1}{2} - t\right) \varphi'_{(A,B)}(t) dt \leq -\frac{1}{8} \nabla f_A(B - A).$$

If we add these two inequalities, we obtain

$$\begin{aligned} 0 &\leq \int_{1/2}^1 \left(t - \frac{1}{2}\right) \varphi'_{(A,B)}(t) dt - \int_0^{1/2} \left(\frac{1}{2} - t\right) \varphi'_{(A,B)}(t) dt \\ &\leq \frac{1}{8} [\nabla f_B(B - A) - \nabla f_A(B - A)], \end{aligned}$$

which, by the use of identity (3.9) produces the desired result (3.7). \square

Remark 1. *It is well known that, if h is a C^1 -function defined on an open interval, then the operator function $h(X)$ is Fréchet differentiable and the derivative $Dh(A)(B)$ equals the Gâteaux derivative $\nabla f_A(B)$. So for operator convex functions f that are of class C^1 on I we have the inequalities*

$$\begin{aligned} (3.10) \quad 0 &\leq \int_0^1 f((1-t)A + tB) dt - f\left(\frac{A+B}{2}\right) \\ &\leq \frac{1}{8} [Df(B)(B - A) - Df(A)(B - A)] \end{aligned}$$

and

$$\begin{aligned} (3.11) \quad 0 &\leq \frac{f(A) + f(B)}{2} - \int_0^1 f((1-t)A + tB) dt \\ &\leq \frac{1}{8} [Df(B)(B - A) - Df(A)(B - A)] \end{aligned}$$

for all $A, B \in \mathcal{SA}_I(H)$.

4. SOME EXAMPLES

We note that the function $f(x) = -\ln x$ is operator convex on $(0, \infty)$. The \ln function is operator Gâteaux differentiable with the following explicit formula for the derivative (cf. Pedersen [12, p. 155]):

$$(4.1) \quad \nabla \ln_T(S) = \int_0^\infty (s1_H + T)^{-1} S (s1_H + T)^{-1} ds$$

for $T, S > 0$

If we write the inequalities (3.1) and (3.7) for $-\ln$ we get

$$\begin{aligned} (4.2) \quad 0 &\leq \ln\left(\frac{A+B}{2}\right) - \int_0^1 \ln((1-t)A + tB) dt \\ &\leq \frac{1}{8} \left[\int_0^\infty (s1_H + A)^{-1} (B - A) (s1_H + A)^{-1} ds \right. \\ &\quad \left. - \int_0^\infty (s1_H + B)^{-1} (B - A) (s1_H + B)^{-1} ds \right] \end{aligned}$$

and

$$\begin{aligned} (4.3) \quad 0 &\leq \int_0^1 \ln((1-t)A + tB) dt - \frac{\ln A + \ln B}{2} \\ &\leq \frac{1}{8} \left[\int_0^\infty (s1_H + A)^{-1} (B - A) (s1_H + A)^{-1} ds \right. \\ &\quad \left. - \int_0^\infty (s1_H + B)^{-1} (B - A) (s1_H + B)^{-1} ds \right] \end{aligned}$$

for all $A, B > 0$.

The function $f(x) = x^{-1}$ is also operator convex on $(0, \infty)$, operator Gâteaux differentiable and

$$\nabla f_T(S) = -T^{-1}ST^{-1}$$

for $T, S > 0$.

If we write the inequalities (3.1) and (3.7) for this function, then we get

$$(4.4) \quad 0 \leq \int_0^1 ((1-t)A + tB)^{-1} dt - \left(\frac{A+B}{2}\right)^{-1} \\ \leq \frac{1}{8} [A^{-1}(B-A)A^{-1} - B^{-1}(B-A)B^{-1}]$$

and

$$(4.5) \quad 0 \leq \frac{A^{-1} + B^{-1}}{2} - \int_0^1 ((1-t)A + tB)^{-1} dt \\ \leq \frac{1}{8} [A^{-1}(B-A)A^{-1} - B^{-1}(B-A)B^{-1}]$$

for all $A, B > 0$.

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