

**STEKLOFF'S TYPE ABSOLUTE VALUE RIEMANN-STIELTJES  
INTEGRAL INEQUALITIES FOR FUNCTIONS OF OPERATORS  
IN HILBERT SPACES**

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ABSTRACT. Let  $(H; \langle \cdot, \cdot \rangle)$  be a complex Hilbert space. Denote by  $\mathcal{B}(H)$  the Banach  $C^*$ -algebra of bounded linear operators on  $H$ . In this paper we show among others that, if  $A : [a, b] \rightarrow \mathcal{B}(H)$  is strongly differentiable on  $(a, b)$  with  $\int_a^b A(t) dt = 0$  and  $A' \in L_2([a, b], \mathcal{B}(H))$  and if  $u : [a, b] \rightarrow \mathbb{R}$  is monotonic nondecreasing, then

$$\begin{aligned} & \int_a^b |A(t)|^2 du(t) \\ & \leq \left[ \frac{1}{12} (b-a) [u(b) - u(a)] + \frac{1}{b-a} \int_a^b \left( t - \frac{a+b}{2} \right)^2 du(t) \right] \\ & \times \int_a^b |A'(s)|^2 ds \end{aligned}$$

in the operator order of  $\mathcal{B}(H)$ . Applications for Grüss' type inequalities are provided. Some examples for the operator exponential are also given.

1. INTRODUCTION

It is well known that, see for instance [7], or [15], if  $u \in C^1([a, b], \mathbb{R})$ , namely  $u$  is continuous on  $[a, b]$  and has a derivative that is continuous on  $(a, b)$  and satisfies  $u(a) = u(b) = 0$ , then the following *Wirtinger type inequality* is valid

$$(1.1) \quad \int_a^b u^2(t) dt \leq \frac{(b-a)^2}{\pi^2} \int_a^b [u'(t)]^2 dt$$

with the equality holding if and only if  $u(t) = K \sin \left[ \frac{\pi(t-a)}{b-a} \right]$  for some constant  $K \in \mathbb{R}$ .

If  $u \in C^1([a, b], \mathbb{R})$  satisfies the condition  $u(a) = 0$ , then also

$$(1.2) \quad \int_a^b u^2(t) dt \leq \frac{4(b-a)^2}{\pi^2} \int_a^b [u'(t)]^2 dt$$

and the equality holds if and only if  $u(t) = L \sin \left[ \frac{\pi(t-a)}{2(b-a)} \right]$  for some constant  $L \in \mathbb{R}$ .

For some related Wirtinger type integral inequalities see [1], [3], [7] and [14]-[17].

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In 1901, W. Stekloff, [19], proved that, if  $u \in C^1([a, b], \mathbb{R})$  and  $\int_a^b u(t) dt = 0$ , then

$$(1.3) \quad \int_a^b u^2(x) dx \leq \frac{(b-a)^2}{\pi^2} \int_a^b [u'(x)]^2 dx.$$

In addition, if  $u(a) = u(b)$ , then, as proved by E. Almansi in 1905, [1], the inequality (1.3) can be improved as follows

$$(1.4) \quad \int_a^b u^2(x) dx \leq \frac{(b-a)^2}{4\pi^2} \int_a^b [u'(x)]^2 dx.$$

We can state the following result for complex functions  $h : [a, b] \rightarrow \mathbb{C}$ .

**Theorem 1.** *If  $h \in C^1([a, b], \mathbb{C})$  and  $\int_a^b h(t) dt = 0$ , then*

$$(1.5) \quad \int_a^b |h(x)|^2 dx \leq \frac{(b-a)^2}{\pi^2} \int_a^b |h'(x)|^2 dx.$$

*In addition, if  $h(a) = h(b)$ , then*

$$(1.6) \quad \int_a^b |h(x)|^2 dx \leq \frac{(b-a)^2}{4\pi^2} \int_a^b |h'(x)|^2 dx.$$

The proof follows by (1.3) and (1.4) applied for  $u = \operatorname{Re} h$  and  $u = \operatorname{Im} h$  and by adding the corresponding inequalities.

In the recent paper we obtained the following weighted version of the above results:

**Theorem 2.** *Assume that  $w : [a, b] \rightarrow (0, \infty)$  is continuous on  $[a, b]$  with  $\int_a^b w(s) ds = 1$  and  $f \in C^1([a, b], \mathbb{C})$ . If  $\frac{f'}{\sqrt{w}} \in L_2[a, b]$  and  $\int_a^b f(t) w(t) dt = 0$ , then*

$$(1.7) \quad \int_a^b |f(t)|^2 w(t) dt \leq \frac{1}{\pi^2} \int_a^b \frac{|f'(t)|^2}{w(t)} dt.$$

*In addition, if  $f(a) = f(b)$ , then we have the better inequality*

$$(1.8) \quad \int_a^b |f(t)|^2 w(t) dt \leq \frac{1}{4\pi^2} \int_a^b \frac{|f'(t)|^2}{w(t)} dt.$$

We have the following inequality of Wirtinger type in the operator order of  $\mathcal{B}(H)$ , [12]:

**Theorem 3.** *Assume that  $A : [a, b] \rightarrow \mathcal{B}(H)$  is of class  $C^1$  on  $[a, b]$  and  $\int_a^b A(t) dt = 0$ , then*

$$(1.9) \quad \int_a^b |A(t)|^2 dt \leq \frac{(b-a)^2}{\pi^2} \int_a^b |A'(t)|^2 dt.$$

*In addition, if  $A(a) = A(b)$ , then we have the better inequality*

$$(1.10) \quad \int_a^b |A(t)|^2 dt \leq \frac{(b-a)^2}{4\pi^2} \int_a^b |A'(t)|^2 dt.$$

Motivated by the above results, in this paper we obtain sharp upper bounds for the Riemann-Stieltjes integral  $\int_a^b |A(t)|^2 du(t)$  in the case that  $A : [a, b] \rightarrow \mathcal{B}(H)$  is strongly differentiable on  $(a, b)$  with  $\int_a^b A(t) dt = 0$ ,  $A' \in L_2([a, b], \mathcal{B}(H))$  and  $u : [a, b] \rightarrow \mathbb{R}$  is monotonic nondecreasing. Applications for Grüss' type inequalities are provided. Some examples for the operator exponential are also given.

## 2. MAIN RESULTS

We have for  $\alpha : [a, b] \rightarrow \mathbb{C}$  and  $A : [a, b] \rightarrow \mathcal{B}(H)$ ,

$$\begin{aligned} 0 &\leq \left| \overline{\alpha(t)} A(s) - \overline{\alpha(s)} A(t) \right|^2 \\ &= |\alpha(t)| |A(s)|^2 - \alpha(s) \overline{\alpha(t)} A^*(t) A(s) \\ &\quad - \alpha(t) \overline{\alpha(s)} A^*(s) A(t) + |\alpha(s)|^2 |A(t)|^2, \end{aligned}$$

which gives that

$$\begin{aligned} &|\alpha(t)|^2 |A(s)|^2 + |\alpha(s)|^2 |A(t)|^2 \\ &\geq \alpha(s) \overline{\alpha(t)} A^*(t) A(s) + \alpha(t) \overline{\alpha(s)} A^*(s) A(t) \end{aligned}$$

for all  $s, t \in [a, b]$ .

Consider also  $u : [a, b] \rightarrow [0, \infty)$  monotonic nondecreasing and assume that  $A : [a, b] \rightarrow \mathcal{B}(H)$  is continuous.

Integrating over  $du(t)$  and  $du(s)$  on  $[a, b]$ , then we get

$$\begin{aligned} &\int_a^b |\alpha(t)|^2 du(t) \int_a^b |A(s)|^2 du(s) + \int_a^b |\alpha(s)|^2 du(s) \int_a^b |A(t)|^2 du(t) \\ &\geq \int_a^b \overline{\alpha(t)} A^*(t) du(t) \int_a^b \alpha(s) A(s) du(s) \\ &\quad + \int_a^b \overline{\alpha(s)} A^*(s) du(s) \int_a^b \alpha(t) A(t) du(t) \\ &= 2 \left| \int_a^b \alpha(s) A(s) du(s) \right|^2, \end{aligned}$$

which proves that

$$(2.1) \quad \int_a^b |\alpha(t)|^2 du(t) \int_a^b |A(t)|^2 du(t) \geq \left| \int_a^b \alpha(t) A(t) du(t) \right|^2,$$

provided that  $\alpha$  and  $A$  are continuous.

In the case of Lebesgue and Bochner integrals, the inequality (2.1) also holds for  $\alpha \in L_2[a, b]$  and  $A \in L_2([a, b], \mathcal{B}(H))$ .

We have the following Riemann-Stieltjes integral inequality:

**Theorem 4.** *Assume that  $A : [a, b] \rightarrow \mathcal{B}(H)$  is strongly differentiable on  $(a, b)$  with  $\int_a^b A(t) dt = 0$  and  $A' \in L_2([a, b], \mathcal{B}(H))$ . If  $u : [a, b] \rightarrow \mathbb{R}$  is monotonic*

nondecreasing, then

$$\begin{aligned}
 (2.2) \quad & \int_a^b |A(t)|^2 du(t) \\
 & \leq \left[ \frac{1}{12} (b-a) [u(b) - u(a)] + \frac{1}{b-a} \int_a^b \left( t - \frac{a+b}{2} \right)^2 du(t) \right] \\
 & \quad \times \int_a^b |A'(s)|^2 ds \\
 & = \left[ \frac{1}{3} (b-a) [u(b) - u(a)] - \frac{2}{b-a} \int_a^b \left( t - \frac{a+b}{2} \right) u(t) dt \right] \\
 & \quad \times \int_a^b |A'(s)|^2 ds.
 \end{aligned}$$

The inequality is sharp.

*Proof.* We use Montgomery identity for functions with values in  $\mathcal{B}(H)$ ,

$$(2.3) \quad A(t) = \frac{1}{b-a} \int_a^b A(s) ds + \frac{1}{b-a} \int_a^b k(t,s) A'(s) ds,$$

where

$$k(t,s) = \begin{cases} s-a, & s \in [a,t], \\ s-b, & s \in (t,b]. \end{cases}$$

Since  $\int_a^b A(s) ds = 0$ , hence by Cauchy-Bunyakowsky-Schwarz inequality (2.1) we have

$$\begin{aligned}
 (2.4) \quad |A(t)|^2 &= \frac{1}{(b-a)^2} \left| \int_a^b k(t,s) A'(s) ds \right|^2 \\
 &\leq \frac{1}{(b-a)^2} \int_a^b |k(t,s)|^2 ds \int_a^b |A'(s)|^2 ds.
 \end{aligned}$$

Observe that

$$\begin{aligned}
 \int_a^b |k(t,s)|^2 ds &= \int_a^t (s-a)^2 ds + \int_t^b (s-b)^2 ds \\
 &= \frac{1}{3} \left[ (t-a)^3 + (b-t)^3 \right],
 \end{aligned}$$

then by (2.4) we get

$$|A(t)|^2 \leq \frac{1}{3(b-a)^2} \left[ (t-a)^3 + (b-t)^3 \right] \int_a^b |A'(s)|^2 ds$$

for  $t \in [a, b]$ .

Taking the Riemann-Stieltjes integral we get

$$(2.5) \quad \int_a^b |A(t)|^2 du(t) \leq \frac{1}{3(b-a)^2} \int_a^b \left[ (t-a)^3 + (b-t)^3 \right] du(t) \int_a^b |A'(s)|^2 ds.$$

Since

$$\frac{1}{3} \left[ \left( \frac{t-a}{b-a} \right)^3 + \left( \frac{b-t}{b-a} \right)^3 \right] = \frac{1}{12} + \left( \frac{t - \frac{a+b}{2}}{b-a} \right)^2,$$

hence

$$\begin{aligned} & \frac{1}{3} \int_a^b \left[ \left( \frac{t-a}{b-a} \right)^3 + \left( \frac{b-t}{b-a} \right)^3 \right] du(t) \\ &= \frac{1}{12} [u(b) - u(a)] + \frac{1}{(b-a)^2} \int_a^b \left( t - \frac{a+b}{2} \right)^2 du(t) \end{aligned}$$

which, by (2.5), proves the first part of (2.2).

Using the integration by parts for the Riemann-Stieltjes integral, we have

$$\begin{aligned} (2.6) \quad & \int_a^b \left[ (t-a)^3 + (b-t)^3 \right] du(t) \\ &= \left[ (t-a)^3 + (b-t)^3 \right] u(t) \Big|_a^b - 3 \int_a^b \left[ (t-a)^2 - (b-t)^2 \right] u(t) dt \\ &= (b-a)^3 u(b) - (b-a)^3 u(a) - 3(b-a) \int_a^b (2t-a-b) u(t) dt \\ &= (b-a)^3 [u(b) - u(a)] - 6(b-a) \int_a^b \left( t - \frac{a+b}{2} \right) u(t) dt. \end{aligned}$$

If we use (2.5) and (2.6) we derive the desired result (2.2).

The sharpness of the inequality follows by Corollary 2 below.  $\square$

**Corollary 1.** *Assume that  $A : [a, b] \rightarrow \mathcal{B}(H)$  is absolutely continuous with  $\int_a^b A(t) dt = 0$  and  $A' \in L_2([a, b], \mathcal{B}(H))$ . If  $w : [a, b] \rightarrow (0, \infty)$  is integrable on  $[a, b]$  with  $\int_a^b w(s) ds = 1$ , then*

$$\begin{aligned} (2.7) \quad & \int_a^b |A(t)|^2 w(t) dt \\ & \leq \left[ \frac{1}{12} (b-a) + \frac{1}{b-a} \int_a^b \left( t - \frac{a+b}{2} \right)^2 w(t) dt \right] \int_a^b |A'(s)|^2 ds. \end{aligned}$$

**Remark 1.** *Assume that  $B : [a, b] \rightarrow \mathcal{B}(H)$  is absolutely continuous and  $B' \in L_2([a, b], \mathcal{B}(H))$ . By taking*

$$A = B - \frac{1}{b-a} \int_a^b B(s) ds$$

in (2.2) we obtain

$$\begin{aligned}
(2.8) \quad & \int_a^b \left| B(t) - \frac{1}{b-a} \int_a^b B(s) ds \right|^2 du(t) \\
& \leq \left[ \frac{1}{12} (b-a) [u(b) - u(a)] + \frac{1}{b-a} \int_a^b \left( t - \frac{a+b}{2} \right)^2 du(t) \right] \\
& \quad \times \int_a^b |B'(s)|^2 ds \\
& = \left[ \frac{1}{3} (b-a) [u(b) - u(a)] - \frac{2}{b-a} \int_a^b \left( t - \frac{a+b}{2} \right) u(t) dt \right] \\
& \quad \times \int_a^b |B'(s)|^2 ds,
\end{aligned}$$

provided that  $u : [a, b] \rightarrow \mathbb{R}$  is monotonic nondecreasing.

Using Cauchy-Bunyakowsky-Schwarz integral inequality for the Riemann-Stieltjes integral with monotonic integrators (2.1), we have

$$\begin{aligned}
& \left| \int_a^b B(t) du(t) - \frac{u(b) - u(a)}{b-a} \int_a^b B(s) ds \right|^2 \\
& \leq [u(b) - u(a)] \int_a^b \left| B(t) - \frac{1}{b-a} \int_a^b B(s) ds \right|^2 du(t).
\end{aligned}$$

Therefore by (2.8) we derive

$$\begin{aligned}
(2.9) \quad & \left| \int_a^b B(t) du(t) - \frac{u(b) - u(a)}{b-a} \int_a^b B(s) ds \right|^2 \\
& \leq \left[ \frac{1}{12} (b-a) [u(b) - u(a)] + \frac{1}{b-a} \int_a^b \left( t - \frac{a+b}{2} \right)^2 du(t) \right] \\
& \quad \times \int_a^b |B'(s)|^2 ds.
\end{aligned}$$

If  $w : [a, b] \rightarrow (0, \infty)$  is integrable on  $[a, b]$  with  $\int_a^b w(s) ds = 1$ , then we have the following result comparing the weighted integral mean with the integral mean,

$$\begin{aligned}
(2.10) \quad & \left| \frac{1}{b-a} \int_a^b B(t) w(t) dt - \frac{1}{b-a} \int_a^b B(s) ds \right| \\
& \leq \frac{1}{b-a} \int_a^b \left| B(t) - \frac{1}{b-a} \int_a^b B(s) ds \right|^2 w(t) dt \\
& \leq \left[ \frac{1}{12} + \frac{1}{(b-a)^2} \int_a^b \left( t - \frac{a+b}{2} \right)^2 w(t) dt \right] \int_a^b |B'(s)|^2 ds.
\end{aligned}$$

**Corollary 2.** Assume that  $B : [a, b] \rightarrow \mathcal{B}(H)$  is strongly differentiable on  $(a, b)$  and  $B' \in L_2([a, b], \mathcal{B}(H))$ , then

$$(2.11) \quad \left| B\left(\frac{a+b}{2}\right) - \frac{1}{b-a} \int_a^b B(s) ds \right|^2 \leq \frac{1}{12} (b-a) \int_a^b |B'(s)|^2 ds.$$

The constant  $\frac{1}{12}$  is best possible in (2.11).

*Proof.* We use the inequality (2.2) for the nondecreasing function  $u(t) = \operatorname{sgn}\left(t - \frac{a+b}{2}\right)$ . Integrating by parts in the Riemann-Stieltjes integral,

$$\begin{aligned} & \int_a^b |A(t)|^2 du(t) \\ &= |A(t)|^2 u(t) \Big|_a^b - \int_a^b u(t) d(|A(t)|^2) \\ &= |A(b)|^2 u(b) - |A(a)|^2 u(a) - \left( - \int_a^{\frac{a+b}{2}} d(|A(t)|^2) + \int_{\frac{a+b}{2}}^b d(|A(t)|^2) \right) \\ &= |A(b)|^2 + |A(a)|^2 + \int_a^{\frac{a+b}{2}} d(|A(t)|^2) - \int_{\frac{a+b}{2}}^b d(|A(t)|^2). \end{aligned}$$

Since

$$\int_a^{\frac{a+b}{2}} d(|A(t)|^2) = \left| A\left(\frac{a+b}{2}\right) \right|^2 - |A(a)|^2$$

and

$$\int_{\frac{a+b}{2}}^b d(|A(t)|^2) = |A(b)|^2 - \left| A\left(\frac{a+b}{2}\right) \right|^2,$$

hence

$$\begin{aligned} \int_a^b |A(t)|^2 du(t) &= |A(b)|^2 + |A(a)|^2 \\ &\quad + \left| A\left(\frac{a+b}{2}\right) \right|^2 - |A(a)|^2 - |A(b)|^2 + \left| A\left(\frac{a+b}{2}\right) \right|^2 \\ &= 2 \left| A\left(\frac{a+b}{2}\right) \right|^2. \end{aligned}$$

Also

$$\begin{aligned} & \frac{1}{3} (b-a) [u(b) - u(a)] - \frac{2}{b-a} \int_a^b \left( t - \frac{a+b}{2} \right) u(t) dt \\ &= \frac{2}{3} (b-a) - \frac{2}{b-a} \int_a^b \left| t - \frac{a+b}{2} \right| dt = \frac{2}{3} (b-a) - \frac{1}{2} (b-a) \\ &= \frac{1}{6} (b-a). \end{aligned}$$

Then by (2.2) we get

$$\left| A\left(\frac{a+b}{2}\right) \right|^2 \leq \frac{1}{12} (b-a) \int_a^b |A'(s)|^2 ds.$$

Finally, if we take  $A = B - \frac{1}{b-a} \int_a^b B(s) ds$ , then we get the desired result (2.11).

In the scalar case, consider the function

$$A_0(t) := \begin{cases} \frac{1}{2}(t-a)^2, & t \in [a, \frac{a+b}{2}], \\ \frac{1}{2}(t-b)^2, & t \in (\frac{a+b}{2}, b]. \end{cases}$$

Then

$$A_0\left(\frac{a+b}{2}\right) = \frac{1}{8}(b-a)^2$$

and

$$A'_0(t) := \begin{cases} t-a, & t \in (a, \frac{a+b}{2}), \\ t-b, & t \in (\frac{a+b}{2}, b). \end{cases}$$

We have

$$\int_a^b A_0(t) dt = \frac{1}{2} \int_a^{\frac{a+b}{2}} (t-a)^2 dt + \frac{1}{2} \int_{\frac{a+b}{2}}^b (t-b)^2 dt = \frac{(b-a)^3}{24},$$

$$\int_a^b |A'_0(t)|^2 dt = \int_a^{\frac{a+b}{2}} (t-a)^2 dt + \int_{\frac{a+b}{2}}^b (t-b)^2 dt = \frac{(b-a)^3}{12}$$

and

$$(b-a) A\left(\frac{a+b}{2}\right) - \int_a^b A(t) dt = \frac{1}{8}(b-a)^3 - \frac{(b-a)^3}{24} = \frac{(b-a)^3}{12}.$$

Therefore

$$\left| (b-a) A\left(\frac{a+b}{2}\right) - \int_a^b A(t) dt \right|^2 = \frac{(b-a)^6}{144}$$

and

$$\frac{1}{12}(b-a)^3 \int_a^b |A'_0(t)|^2 dt = \frac{(b-a)^6}{144},$$

which proves the sharpness of the constant  $\frac{1}{12}$ .  $\square$

### 3. SOME EXAMPLES

Consider the function  $A(t) = \exp(tT)$ , where  $t \in \mathbb{R}$  and  $T \in \mathcal{B}(H)$ . Then  $A'(t) = T \exp(tT)$ , for  $t \in \mathbb{R}$  and  $T \in \mathcal{B}(H)$ . By making use of (2.11) we get

$$(3.1) \quad \left| (b-a) \exp\left(\frac{a+b}{2}T\right) - \int_a^b \exp(tT) dt \right|^2 \leq \frac{1}{12}(b-a)^3 \int_a^b |T \exp(tT)|^2 dt.$$

If  $T$  is invertible, then [4]

$$(3.2) \quad \int_a^b \exp(tT) dt = T^{-1} [\exp(bT) - \exp(aT)].$$

From (3.1) we derive

$$(3.3) \quad \left| (b-a) \exp\left(\frac{a+b}{2}T\right) - T^{-1} [\exp(bT) - \exp(aT)] \right|^2 \leq \frac{1}{12}(b-a)^3 \int_a^b |T \exp(tT)|^2 dt.$$



For  $T$  invertible, if we consider  $B(t) = T \exp(tT)$ , then  $B'(t) = T^2 \exp(tT)$  and

$$\int_a^b B(t) dt = \exp(bT) - \exp(aT).$$

By (2.11) we derive

$$(3.4) \quad \left| (b-a)T \exp\left(\frac{a+b}{2}T\right) - \exp(bT) + \exp(aT) \right|^2 \\ \leq \frac{1}{12} (b-a)^3 \int_a^b |T^2 \exp(tT)|^2 dt.$$

Since for any operator  $V \in \mathcal{B}(H)$  we have  $|V|^2 \leq \|V\|^2$  and  $\|\exp(tT)\| \leq \exp(t\|T\|)$ ,  $t \in \mathbb{R}$ ,  $T \in \mathcal{B}(H)$ , then by (3.1) we get

$$(3.5) \quad \left| (b-a) \exp\left(\frac{a+b}{2}T\right) - \int_a^b \exp(tT) dt \right|^2 \\ \leq \frac{1}{12} (b-a)^3 \int_a^b \|T \exp(tT)\|^2 dt \leq \frac{1}{12} \|T\|^2 (b-a)^3 \int_a^b \|\exp(tT)\|^2 dt \\ \leq \frac{1}{12} \|T\|^2 (b-a)^3 \int_a^b \exp(2\|T\|t) dt.$$

If  $0 \leq a \leq b$ , then

$$\int_a^b \exp(2\|T\|t) dt = \int_a^b \exp(2\|T\|t) dt = \frac{\exp(2\|T\|b) - \exp(2\|T\|a)}{2\|T\|}$$

and by (3.5) we get

$$(3.6) \quad \left| (b-a) \exp\left(\frac{a+b}{2}T\right) - \int_a^b \exp(tT) dt \right|^2 \\ \leq \frac{1}{24} (b-a)^3 \|T\| [\exp(2\|T\|b) - \exp(2\|T\|a)]$$

for any  $T \in \mathcal{B}(H)$ .

Moreover, if  $T$  is invertible, then we also have the exponential inequality

$$(3.7) \quad \left| (b-a) \exp\left(\frac{a+b}{2}T\right) - T^{-1} [\exp(bT) - \exp(aT)] \right|^2 \\ \leq \frac{1}{24} (b-a)^3 \|T\| [\exp(2\|T\|b) - \exp(2\|T\|a)].$$

Consider the function  $A(t) = \exp[(1-t)A](B-A)\exp(tB)$ ,  $t \in [0, 1]$ . Then, integrating by parts

$$\begin{aligned}
& \int_0^1 f(t) dt \\
&= \int_0^1 (\exp[(1-t)A] B \exp(tB) - \exp[(1-t)A] A \exp(tB)) dt \\
&= \int_0^1 \exp[(1-t)A] (\exp(tB))' dt + \int_0^1 (\exp[(1-t)A])' \exp(tB) dt \\
&= \exp[(1-t)A] \exp(tB) \Big|_0^1 + A \int_0^1 \exp[(1-t)A] \exp(tB) dt \\
&+ \exp[(1-t)A] \exp(tB) \Big|_0^1 - \int_0^1 (\exp[(1-t)A]) B \exp(tB) dt \\
&= 2(\exp B - \exp A) - \int_0^1 \exp[(1-t)A] (B-A) \exp(tB) dt \\
&= 2(\exp B - \exp A) - \int_0^1 f(t) dt,
\end{aligned}$$

which gives the following identity of interest [5]

$$\int_0^1 \exp[(1-t)A] (B-A) \exp(tB) dt = \exp B - \exp A$$

for all  $A, B \in \mathcal{B}(H)$ .

Also

$$\begin{aligned}
A'(t) &= -A \exp[(1-t)A] (B-A) \exp(tB) \\
&+ \exp[(1-t)A] (B-A) B \exp(tB) dt \\
&= \exp[(1-t)A] (B-A) B \exp(tB) dt \\
&- \exp[(1-t)A] A (B-A) \exp(tB) dt \\
&= \exp[(1-t)A] [(B-A)B - A(B-A)] \exp(tB) dt \\
&= \exp[(1-t)A] (B^2 - 2AB + A^2) \exp(tB) dt.
\end{aligned}$$

By utilising (2.6) we get

$$\begin{aligned}
(3.8) \quad & \left| \exp\left(\frac{1}{2}A\right) (B-A) \exp\left(\frac{1}{2}B\right) - \exp B + \exp A \right|^2 \\
& \leq \frac{1}{12} \int_a^b \left| \exp[(1-t)A] (B^2 - 2AB + A^2) \exp(tB) \right|^2 dt,
\end{aligned}$$

for all  $A, B \in \mathcal{B}(H)$ .

Since

$$\begin{aligned}
 & \left| \exp[(1-t)A] (B^2 - 2AB + A^2) \exp(tB) \right|^2 \\
 & \leq \left\| \exp[(1-t)A] (B^2 - 2AB + A^2) \exp(tB) \right\|^2 \\
 & \leq \left\| \exp[(1-t)A] \right\|^2 \left\| B^2 - 2AB + A^2 \right\|^2 \left\| \exp(tB) \right\|^2 \\
 & \leq \exp[2(1-t)\|A\|] \left\| B^2 - 2AB + A^2 \right\|^2 \exp(2t\|B\|) \\
 & = \left\| B^2 - 2AB + A^2 \right\|^2 \exp[2[(1-t)\|A\| + t\|B\|]] \\
 & = \left\| B^2 - 2AB + A^2 \right\|^2 \exp\{2[(1-t)\|A\| + t\|B\|]\},
 \end{aligned}$$

hence by (3.8) we get

$$\begin{aligned}
 (3.9) \quad & \left| \exp\left(\frac{1}{2}A\right) (B - A) \exp\left(\frac{1}{2}B\right) - \exp B + \exp A \right|^2 \\
 & \leq \frac{1}{12} \left\| B^2 - 2AB + A^2 \right\|^2 \int_a^b \exp\{2[(1-t)\|A\| + t\|B\|]\} dt \\
 & = \frac{1}{12} \left\| B^2 - 2AB + A^2 \right\|^2 \begin{cases} \exp(2\|A\|) & \text{if } \|B\| = \|A\|, \\ \frac{\exp(2\|B\|) - \exp(2\|A\|)}{2(\|B\| - \|A\|)} & \text{if } \|B\| \neq \|A\|. \end{cases}
 \end{aligned}$$

Further, let  $A, B \in \mathcal{B}(H)$  such that  $(1-t)A + tB$  is invertible for all  $t \in [0, 1]$ . For this to happen, it is enough to assume that  $A, B > 0$  in the operator order of  $\mathcal{B}(H)$ . Consider the function  $A(t) := ((1-t)A + tB)^{-1}$ ,  $t \in [0, 1]$  and observe that

$$A'(t) = -((1-t)A + tB)^{-1} (B - A) ((1-t)A + tB)^{-1}, \quad t \in [0, 1].$$

By utilising (2.11) we then get

$$\begin{aligned}
 (3.10) \quad & \left| \left(\frac{A+B}{2}\right)^{-1} - \int_0^1 ((1-t)A + tB)^{-1} dt \right|^2 \\
 & \leq \frac{1}{12} \int_0^1 \left| ((1-t)A + tB)^{-1} (B - A) ((1-t)A + tB)^{-1} \right|^2 dt
 \end{aligned}$$

for  $A, B \in \mathcal{B}(H)$  such that  $(1-t)A + tB$  is invertible for all  $t \in [0, 1]$ .

Since

$$\begin{aligned}
 & \left| ((1-t)A + tB)^{-1} (B - A) ((1-t)A + tB)^{-1} \right| \\
 & \leq \left\| ((1-t)A + tB)^{-1} \right\|^2 \|B - A\|,
 \end{aligned}$$

hence by (3.10) we derive

$$\begin{aligned}
 (3.11) \quad & \left| \left(\frac{A+B}{2}\right)^{-1} - \int_0^1 ((1-t)A + tB)^{-1} dt \right|^2 \\
 & \leq \frac{1}{12} \|B - A\|^2 \int_0^1 \left\| ((1-t)A + tB)^{-1} \right\|^4 dt.
 \end{aligned}$$

Now, if  $A \geq m > 0$  and  $B \geq m > 0$ , then  $((1-t)A + tB)^{-1} \leq m^{-1}$  for  $t \in [0, 1]$  and by (3.11) we obtain the simpler inequality

$$\left| \left( \frac{A+B}{2} \right)^{-1} - \int_0^1 ((1-t)A + tB)^{-1} dt \right|^2 \leq \frac{1}{12} \frac{\|B-A\|^2}{m^4}.$$

Since  $f(u) = u^{-1}$  is operator convex on  $(0, \infty)$ , then by taking the square root and using the Hermite-Hadamard operator inequality [8], we derive

$$0 \leq \int_0^1 ((1-t)A + tB)^{-1} dt - \left( \frac{A+B}{2} \right)^{-1} \leq \frac{\sqrt{3}}{6} \frac{\|B-A\|}{m^2},$$

provided that  $A \geq m > 0$  and  $B \geq m > 0$ .

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