POWER INEQUALITIES FOR THE NUMERICAL RADIUS IN TERMS OF GENERALIZED ALUTHGE TRANSFORM OF OPERATORS IN HILBERT SPACES

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ABSTRACT. Let *H* be a complex Hilbert space. In this paper we show among others that, if *S*, $V \in \mathcal{B}(H)$, $r \geq 1$, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, then

$$\omega^{2r}(SV) \le \frac{1}{2} \left(\left\| \frac{1}{p} \left| S^* \right|^{2pr} + \frac{1}{q} \left| V \right|^{2qr} \right\| + \omega^r \left(\left| V \right|^2 \left| S^* \right|^2 \right) \right).$$

Moreover, if T = U |T| is the *polar decomposition* of the bounded linear operator T with U a partial isometry, then

$$\omega^{2r} \left(\Delta_t \left(T \right) \right) \le \frac{1}{2} \left(\left\| \frac{1}{p} \left| T \right|^{2tpr} + \frac{1}{q} \left| T \right|^{2(1-t)qr} \right\| + \left\| T \right\|^{2r} \right)$$

where $\Delta_t(T) := |T|^t U |T|^{1-t}, t \in [0,1]$ is the generalized Aluthge transform.

1. INTRODUCTION

The numerical radius w(T) of an operator T on H is given by

(1.1)
$$\omega(T) = \sup\left\{\left|\langle Tx, x \rangle\right|, \|x\| = 1\right\}.$$

Obviously, by (1.1), for any $x \in H$ one has

$$|\langle Tx, x \rangle| \le w(T) ||x||^2.$$

It is well known that $w(\cdot)$ is a norm on the Banach algebra B(H) of all bounded linear operators $T: H \to H$, i.e.,

- (i) $\omega(T) \ge 0$ for any $T \in B(H)$ and $\omega(T) = 0$ if and only if T = 0;
- (ii) $\omega(\lambda T) = |\lambda| \omega(T)$ for any $\lambda \in \mathbb{C}$ and $T \in B(H)$;
- (iii) $\omega(T+V) \leq \omega(T) + \omega(V)$ for any $T, V \in B(H)$.

This norm is equivalent with the operator norm. In fact, the following more precise result holds:

(1.3)
$$\omega\left(T\right) \le \|T\| \le 2\omega\left(T\right)$$

for any $T \in B(H)$.

F. Kittaneh, in 2003 [13], showed that for any operator $T \in B(H)$ we have the following refinement of the first inequality in (1.3):

(1.4)
$$\omega(T) \le \frac{1}{2} \left(\|T\| + \|T^2\|^{1/2} \right).$$

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Utilizing the Cartesian decomposition for operators, F. Kittaneh in [14] improved the inequality (1.3) as follows:

(1.5)
$$\frac{1}{4} \|T^*T + TT^*\| \le \omega^2 (T) \le \frac{1}{2} \|T^*T + TT^*\|$$

for any operator $T \in B(H)$.

For powers of the absolute value of operators, one can state the following results obtained by El-Haddad & Kittaneh in 2007, [11]:

If for an operator $T \in B(H)$ we denote $|T| := (T^*T)^{1/2}$, then

(1.6)
$$\omega^{r}(T) \leq \frac{1}{2} \left\| |T|^{2\alpha r} + |T^{*}|^{2(1-\alpha)r} \right\|$$

and

(1.7)
$$\omega^{2r}(T) \le \left\| \alpha \left| T \right|^{2r} + (1 - \alpha) \left| T^* \right|^{2r} \right\|,$$

where $\alpha \in (0, 1)$ and $r \ge 1$.

If we take $\alpha = \frac{1}{2}$ and r = 1 we get from (1.6) that

(1.8)
$$\omega(T) \le \frac{1}{2} |||T| + |T^*||$$

and from (1.7) that

(1.9)
$$\omega^{2}(T) \leq \frac{1}{2} \left\| |T|^{2} + |T^{*}|^{2} \right\|$$

For more related results, see the recent books on inequalities for numerical radii [10] and [5].

Let T = U |T| be the *polar decomposition* of the bounded linear operator T with U a partial isometry. The *Aluthge transform* \widetilde{T} of T is defined by $\widetilde{T} := |T|^{1/2} U |T|^{1/2}$, see [1].

The following properties of \widetilde{T} are as follows:

(i)
$$||T|| \leq ||T||$$
,
(ii) $\omega(\widetilde{T}) \leq \omega(T)$,
(iii) $r(\widetilde{T}) = \omega(T)$,
(iv) $\omega(\widetilde{T}) \leq ||T^2||^{1/2} (\leq ||T||)$, [15]

Utilizing this transform T. Yamazaki, [15] obtained in 2007 the following refinement of Kittaneh's inequality (1.4):

(1.10)
$$\omega(T) \le \frac{1}{2} \left(\|T\| + \omega\left(\widetilde{T}\right) \right) \le \frac{1}{2} \left(\|T\| + \|T^2\|^{1/2} \right)$$

for any operator $T \in B(H)$.

We remark that if $\widetilde{T} = 0$, then obviously $w(T) = \frac{1}{2} ||T||$. For $t \in (0, 1)$

$$\Delta_t \left(T \right) := \left| T \right|^t U \left| T \right|^{1-1}$$

is the generalized Aluthge transform introduced in by Cho and Tanahashi in [9].

Abu-Omar and Kittaneh [2] improved on inequality (1.10) using generalized Aluthge transform to prove that

(1.11)
$$\omega\left(T\right) \leq \frac{1}{2} \left(\|T\| + \min_{t \in [0,1]} \omega\left(\Delta_t\left(T\right)\right) \right).$$

For t = 1 this also gives the following result for the *Dougal transform*

(1.12)
$$\omega(T) \le \frac{1}{2} \left(\|T\| + \omega\left(\widehat{T}\right) \right).$$

Also, if we put $|T|^0 = I$, then $\Delta_0(T) := U|T| = T$. In [4] Bunia et al. also proved that

(1.13)
$$\omega(T) \le \min_{t \in [0,1]} \left\{ \frac{1}{2} \omega(\Delta_t(T)) + \frac{1}{4} \left(\|T\|^{2t} + \|T\|^{2(1-t)} \right) \right\},$$

which for t = 1/2 gives (1.10) as well.

Motivated by the above results, in this paper we show among others that, if S, $V \in \mathcal{B}(H), r \ge 1, p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \ge 2$, then

$$\omega^{2r} (SV) \leq \frac{1}{2} \left(\left\| \frac{1}{p} \left| S^* \right|^{2pr} + \frac{1}{q} \left| V \right|^{2qr} \right\| + \omega^r \left(\left| V \right|^2 \left| S^* \right|^2 \right) \right).$$

Moreover, we have

$$\omega^{2r} \left(\Delta_t \left(T \right) \right) \le \frac{1}{2} \left(\left\| \frac{1}{p} \left| T \right|^{2tpr} + \frac{1}{q} \left| T \right|^{2(1-t)qr} \right\| + \left\| T \right\|^{2r} \right)$$

for $t \in [0, 1]$

2. Main Results

We recall the following vector inequality for positive operators $A \ge 0$, obtained by C. A. McCarthy in [8]

$$\langle Ax, x \rangle^p \le \langle A^p x, x \rangle, \ p \ge 1$$

for $x \in H$, ||x|| = 1 and Buzano's inequality [7],

(2.1)
$$\frac{1}{2} \left[\|x\| \|y\| + |\langle x, y \rangle| \right] \ge |\langle x, e \rangle \langle e, y \rangle|$$

that holds for any $x, y, e \in H$ with ||e|| = 1.

Also recall the following result for operator matrices obtained by F. Kittaneh in [12]:

Lemma 1. Let $A, B, C \in \mathcal{B}(H)$ with $A, B \ge 0$. Then the operator matrix

$$\left[\begin{array}{cc} A & C^* \\ C & B \end{array}\right] \in \mathcal{B} \left(H \oplus H\right)$$

is positive, if and only if

$$\left|\left\langle Cx,y\right\rangle\right|^{2}\leq\left\langle Ax,x\right\rangle\left\langle By,y\right\rangle$$

for all $x, y \in H$.

We need the following results that are of interest in themselves:

Lemma 2. Let $A, B, C \in \mathcal{B}(H)$ with $A, B \ge 0$. If the operator matrix $\begin{bmatrix} A & C^* \\ C & B \end{bmatrix} \in B(H \oplus H)$

is positive then for r > 0, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \ge 1$,

(2.2)
$$\omega^{2r}(C) \le \left\| \frac{1}{p} A^{pr} + \frac{1}{q} B^{qr} \right\|.$$

If $r \geq 1$, then

(2.3)
$$\omega^{2r}(C) \le \frac{1}{2} \left[\left\| A \right\|^r \left\| B \right\|^r + \omega^r(BA) \right].$$

If $r \ge 1$, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \ge 2$, then also

(2.4)
$$\omega^{2r}(C) \leq \frac{1}{2} \left(\left\| \frac{1}{p} A^{pr} + \frac{1}{q} B^{qr} \right\| + \omega^{r}(BA) \right).$$

Proof. Let $x \in H$ with ||x|| = 1. Then by Lemma 1 we get

$$\left|\left\langle Cx,x\right\rangle\right|^2 \le \left\langle Ax,x\right\rangle \left\langle Bx,x\right\rangle$$

If we take the power r > 0, we get, by Young and McCarthy inequalities that

$$\begin{split} |\langle Cx, x \rangle|^{2r} &\leq \langle Ax, x \rangle^r \, \langle Bx, x \rangle^r \leq \frac{1}{p} \, \langle Ax, x \rangle^{pr} + \frac{1}{q} \, \langle Bx, x \rangle^{qr} \\ &\leq \frac{1}{p} \, \langle A^{pr}x, x \rangle + \frac{1}{q} \, \langle B^{qr}x, x \rangle = \left\langle \left(\frac{1}{p} A^{pr} + \frac{1}{q} B^{qr}\right) x, x \right\rangle \end{split}$$

for $x \in H$ with ||x|| = 1.

By taking the supremum over ||x|| = 1, then we get that

$$\begin{split} \omega^{2r}\left(C\right) &= \sup_{\|x\|=1} \left| \left\langle Cx, x \right\rangle \right|^{2r} \leq \sup_{\|x\|=1} \left\langle \left(\frac{1}{p} A^{pr} + \frac{1}{q} B^{qr}\right) x, x \right\rangle \\ &= \left\| \frac{1}{p} A^{pr} + \frac{1}{q} B^{qr} \right\|, \end{split}$$

which proves (2.2).

Further, using Buzano's inequality, we have

$$\left|\left\langle Cx,x\right\rangle\right|^{2} \leq \left\langle Ax,x\right\rangle\left\langle Bx,x\right\rangle \leq \frac{\left\|Ax\right\|\left\|Bx\right\| + \left|\left\langle Ax,Bx\right\rangle\right|}{2}$$

By taking the power $r\geq 1$ and using the convexity of the power function, we get

$$(2.5) \quad |\langle Cx, x \rangle|^{2r} \le \left(\frac{\|Ax\| \|Bx\| + |\langle Ax, Bx \rangle|}{2}\right)^r \\ \le \frac{\|Ax\|^r \|Bx\|^r + |\langle Ax, Bx \rangle|^r}{2} = \frac{\|Ax\|^r \|Bx\|^r + |\langle BAx, x \rangle|^r}{2}$$

for $x \in H$ with ||x|| = 1.

By taking the supremum over ||x|| = 1, then we get that

$$\begin{split} \omega^{2r} \left(C \right) &= \sup_{\|x\|=1} |\langle Cx, x \rangle|^{2r} \leq \sup_{\|x\|=1} \left(\frac{\|Ax\|^r \|Bx\|^r + |\langle BAx, x \rangle|^r}{2} \right) \\ &\leq \frac{1}{2} \left(\sup_{\|x\|=1} \left\{ \|Ax\|^r \|Bx\|^r \right\} + \sup_{\|x\|=1} |\langle BAx, x \rangle|^r \right) \\ &\leq \frac{1}{2} \left(\sup_{\|x\|=1} \|Ax\|^r \sup_{\|x\|=1} \|Bx\|^r + \sup_{\|x\|=1} |\langle BAx, x \rangle|^r \right) \\ &= \frac{1}{2} \left(\|A\|^r \|B\|^r + \omega^r (BA) \right) \end{split}$$

and the inequality (2.3) is proved.

From (2.5) we also have

$$\begin{split} \left| \langle Cx, x \rangle \right|^{2r} &\leq \frac{1}{2} \left(\left\| Ax \right\|^r \left\| Bx \right\|^r + \left| \langle Ax, Bx \rangle \right|^r \right) \\ &\leq \frac{1}{2} \left(\frac{1}{p} \left\| Ax \right\|^{pr} + \frac{1}{q} \left\| Bx \right\|^{qr} + \left| \langle Ax, Bx \rangle \right|^r \right) \\ &= \frac{1}{2} \left(\frac{1}{p} \left\| Ax \right\|^{2\frac{pr}{2}} + \frac{1}{q} \left\| Bx \right\|^{2\frac{qr}{2}} + \left| \langle Ax, Bx \rangle \right|^r \right) \\ &= \frac{1}{2} \left(\frac{1}{p} \left\langle A^2x, x \right\rangle^{\frac{pr}{2}} + \frac{1}{q} \left\langle B^2x, x \right\rangle^{\frac{qr}{2}} + \left| \langle Ax, Bx \rangle \right|^r \right) \\ &\leq \frac{1}{2} \left(\frac{1}{p} \left\langle A^{pr}x, x \right\rangle + \frac{1}{q} \left\langle B^{qr}x, x \right\rangle + \left| \langle Ax, Bx \rangle \right|^r \right) \\ &= \frac{1}{2} \left(\left\langle \left(\frac{1}{p} A^{pr} + \frac{1}{q} B^{qr} \right) x, x \right\rangle + \left| \langle Ax, Bx \rangle \right|^r \right) \end{split}$$

and by taking the supremum over ||x|| = 1, we derive (2.4).

Remark 1. With the assumptions in Lemma 2, if we take p = q = 2 and assume that $r \geq \frac{1}{2}$, then from (2.2) we get

$$\omega^{2r}(C) \le \frac{1}{2} \left\| A^{2r} + B^{2r} \right\|,$$

which for $r = \frac{1}{2}$ gives

$$\omega\left(C\right) \leq \frac{1}{2} \left\|A + B\right\|,$$

while for r = 1 gives the result from [3]

$$\omega^{2}(C) \leq \frac{1}{2} \|A^{2} + B^{2}\|.$$

If we take in (2.2) r = 1, then we get

$$\omega^{2}(C) \leq \left\| \frac{1}{p} A^{p} + \frac{1}{q} B^{q} \right\|$$

for p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$. If we take r = 1 in (2.3) then we get the result from [3]

$$\omega^{2}(C) \leq \frac{1}{2} [\|A\| \|B\| + \omega (BA)],$$

while for r = 2,

$$\omega^{4}(C) \leq \frac{1}{2} \left[\|A\|^{2} \|B\|^{2} + \omega^{2}(BA) \right].$$

Also, if we take p = q = 2 and $r \ge 1$ in (2.4), then we get

$$\omega^{2r}(C) \le \frac{1}{2} \left(\frac{1}{2} \left\| A^{2r} + B^{2r} \right\| + \omega^{r}(BA) \right).$$

In particular, for r = 1 we derive the result obtained in [3]

$$\omega^{2}(C) \leq \frac{1}{2} \left(\frac{1}{2} \| A^{2} + B^{2} \| + \omega(BA) \right).$$

Moreover, if p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and take r = 2 in (2.4), then we derive the inequality

$$\omega^{4}(C) \leq \frac{1}{2} \left(\left\| \frac{1}{p} A^{2p} + \frac{1}{q} B^{2q} \right\| + \omega^{2}(BA) \right),$$

which for p = q = 2 provides

$$\omega^{4}(C) \leq \frac{1}{2} \left(\frac{1}{2} \| A^{4} + B^{4} \| + \omega^{2}(BA) \right).$$

We also have:

Theorem 1. Let S, $V \in \mathcal{B}(H)$, then for r > 0, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and pr, $qr \ge 1$,

(2.6)
$$\omega^{2r} (SV) \le \left\| \frac{1}{p} \left| S^* \right|^{2pr} + \frac{1}{q} \left| V \right|^{2qr} \right\|.$$

If $r \geq 1$, then

(2.7)
$$\omega^{2r} (SV) \leq \frac{1}{2} \left[\left\| S \right\|^{2r} \left\| V \right\|^{2r} + \omega^{r} \left(\left| V \right|^{2} \left| S^{*} \right|^{2} \right) \right].$$

If
$$r \ge 1$$
, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \ge 2$, then also

(2.8)
$$\omega^{2r} (SV) \leq \frac{1}{2} \left(\left\| \frac{1}{p} |S^*|^{2pr} + \frac{1}{q} |V|^{2qr} \right\| + \omega^r \left(|V|^2 |S^*|^2 \right) \right).$$

Proof. Observe that the operator matrix

$$\left[\begin{array}{cc} SS^* & SV\\ V^*S^* & V^*V \end{array}\right] \in \mathcal{B}\left(H \oplus H\right)$$

is positive. Then by Lemma 2 for $A = |S^*|^2$, $B = |V|^2$ and $C = V^*S^*$ we get the desired inequalities (2.6)-(2.8). \square

Remark 2. With the assumptions of Theorem 1, if we take p = q = 2 and assume that $r \geq \frac{1}{2}$, then from (2.6) we get

$$\omega^{2r}(SV) \le \frac{1}{2} \left\| \left| S^* \right|^{4r} + \left| V \right|^{4r} \right\|.$$

If we take $r = \frac{1}{2}$, then we obtain the known result

$$\omega(SV) \le \frac{1}{2} \left\| |S^*|^2 + |V|^2 \right\|,$$

while for r = 1, the result from [3]

$$\omega^{2}(SV) \leq \frac{1}{2} \left\| \left| S^{*} \right|^{4} + \left| V \right|^{4} \right\|.$$

If we take in (2.6) r = 1, then we get

$$\omega^{2}(SV) \leq \left\| \frac{1}{p} |S^{*}|^{2p} + \frac{1}{q} |V|^{2q} \right\|,\$$

where p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$. If we take r = 1 in (2.7), then we get, see also [3]

$$\omega^{2}(SV) \leq \frac{1}{2} \left[\|S\|^{2} \|V\|^{2} + \omega \left(|V|^{2} |S^{*}|^{2} \right) \right],$$

while for r = 2,

$$\omega^{4}(SV) \leq \frac{1}{2} \left[\|S\|^{4} \|V\|^{4} + \omega^{2} \left(|V|^{2} |S^{*}|^{2} \right) \right].$$

Also, if we take p = q = 2 and $r \ge 1$ in (2.8), then we get

$$\omega^{2r} \left(SV \right) \le \frac{1}{2} \left(\frac{1}{2} \left\| \left| S^* \right|^{4r} + \left| V \right|^{4r} \right\| + \omega^r \left(\left| V \right|^2 \left| S^* \right|^2 \right) \right).$$

In particular, for r = 1 we derive the result obtained in [3]

$$\omega^{2}(SV) \leq \frac{1}{2} \left(\frac{1}{2} \left\| |S^{*}|^{4} + |V|^{4} \right\| + \omega \left(|V|^{2} |S^{*}|^{2} \right) \right).$$

Moreover, if p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and take r = 2 in (2.8), then we derive the inequality

$$\omega^{4}(SV) \leq \frac{1}{2} \left(\left\| \frac{1}{p} \left| S^{*} \right|^{4p} + \frac{1}{q} \left| V \right|^{4q} \right\| + \omega^{2} \left(\left| V \right|^{2} \left| S^{*} \right|^{2} \right) \right),$$

which for p = q = 2 provides

$$\omega^{4}(SV) \leq \frac{1}{2} \left(\frac{1}{2} \left\| |S^{*}|^{8} + \frac{1}{q} |V|^{8} \right\| + \omega^{2} \left(|V|^{2} |S^{*}|^{2} \right) \right).$$

We also have:

Lemma 3. Let A, B, $C \in \mathcal{B}(H)$ with A, $B \ge 0$. If the operator matrix $\begin{bmatrix} A & C^* \\ C & B \end{bmatrix} \in B(H \oplus H)$

$$\begin{bmatrix} A & C^* \\ C & B \end{bmatrix} \in B(H \oplus H)$$

is positive then for $\alpha \in [0,1]$ and $r \ge 1$,

(2.9)
$$\omega^{2}(C) \leq \|(1-\alpha)A^{r} + \alpha B^{r}\|^{1/r} \|A\|^{\alpha} \|B\|^{1-\alpha}$$

and

(2.10)
$$\omega^{2}(C) \leq \|(1-\alpha)A^{r} + \alpha B^{r}\|^{1/r} \|\alpha A^{r} + (1-\alpha)B^{r}\|^{1/r}.$$

Proof. From Lemma 1 we have for $\alpha \in [0, 1]$ that

$$\begin{aligned} \left| \langle Cx, x \rangle \right|^2 &\leq \langle Ax, x \rangle \langle Bx, x \rangle = \langle Ax, x \rangle^{1-\alpha} \langle Bx, x \rangle^{\alpha} \langle Ax, x \rangle^{\alpha} \langle Bx, x \rangle^{1-\alpha} \\ &\leq \left[(1-\alpha) \langle Ax, x \rangle + \alpha \langle Bx, x \rangle \right] \langle Ax, x \rangle^{\alpha} \langle Bx, x \rangle^{1-\alpha} \end{aligned}$$

for all $x \in H$, ||x|| = 1.

If we take the power
$$r \ge 1$$
, then we get by the convexity of power r

$$(2.11)|\langle Cx, x \rangle|^{2r} \le [(1-\alpha)\langle Ax, x \rangle + \alpha \langle Bx, x \rangle]^r \langle Ax, x \rangle^{r\alpha} \langle Bx, x \rangle^{r(1-\alpha)}$$

$$\le [(1-\alpha)\langle Ax, x \rangle^r + \alpha \langle Bx, x \rangle^r] \langle Ax, x \rangle^{r\alpha} \langle Bx, x \rangle^{r(1-\alpha)}$$

If we use McCarthy inequality for power $r \ge 1$, then we get

$$(1 - \alpha) \langle Ax, x \rangle^{r} + \alpha \langle Bx, x \rangle^{r} \leq (1 - \alpha) \langle A^{r}x, x \rangle + \alpha \langle B^{r}x, x \rangle$$
$$= \langle [(1 - \alpha) A^{r} + \alpha B^{r}] x, x \rangle$$

and by (2.11), we obtain

$$\begin{aligned} |\langle Cx, x \rangle|^{2r} &\leq \left[(1-\alpha) \langle Ax, x \rangle + \alpha \langle Bx, x \rangle \right]^r \langle Ax, x \rangle^{r\alpha} \langle Bx, x \rangle^{r(1-\alpha)} \\ &\leq \langle \left[(1-\alpha) A^r + \alpha B^r \right] x, x \rangle \langle Ax, x \rangle^{r\alpha} \langle Bx, x \rangle^{r(1-\alpha)} \end{aligned}$$

for all $x \in H$, ||x|| = 1.

If we take the supremum over ||x|| = 1, then we get

$$\begin{split} \omega^{2r} \left(C \right) &= \sup_{\|x\|=1} \left| \left\langle Cx, x \right\rangle \right|^{2r} \\ &\leq \sup_{\|x\|=1} \left\{ \left\langle \left[(1-\alpha) A^r + \alpha B^r \right] x, x \right\rangle \left\langle Ax, x \right\rangle^{r\alpha} \left\langle Bx, x \right\rangle^{r(1-\alpha)} \right\} \\ &\leq \sup_{\|x\|=1} \left\{ \left\langle \left[(1-\alpha) A^r + \alpha B^r \right] x, x \right\rangle \right\} \sup_{\|x\|=1} \left\langle BAx, x \right\rangle^{r\alpha} \sup_{\|x\|=1} \left\langle Bx, x \right\rangle^{r(1-\alpha)} \\ &= \left\| (1-\alpha) A^r + \alpha B^r \right\| \left\| A \right\|^{r\alpha} \left\| B \right\|^{r(1-\alpha)}, \end{split}$$

which is equivalent to (2.9).

Similarly

$$\begin{split} |\langle Cx, x \rangle|^2 &\leq \langle Ax, x \rangle \, \langle Bx, x \rangle = \langle Ax, x \rangle^{1-\alpha} \, \langle Bx, x \rangle^{\alpha} \, \langle Ax, x \rangle^{\alpha} \, \langle Bx, x \rangle^{1-\alpha} \\ &\leq \left[(1-\alpha) \, \langle Ax, x \rangle + \alpha \, \langle Bx, x \rangle \right] \left[\alpha \, \langle Ax, x \rangle + (1-\alpha) \, \langle Bx, x \rangle \right], \end{split}$$

which gives that

$$\left|\left\langle Cx,x\right\rangle\right|^{2r} \le \left\langle \left[\left(1-\alpha\right)A^r + \alpha B^r\right]x,x\right\rangle \left\langle \left[\alpha A^r + \left(1-\alpha\right)B^r\right]x,x\right\rangle\right\rangle$$

for all $x \in H$, ||x|| = 1. This proves (2.10).

Corollary 1. With the assumption of Lemma 3, we have

(2.12)
$$\omega^{2}(C) \leq \frac{1}{2^{1/r}} \|A^{r} + B^{r}\|^{1/r} \|A\|^{1/2} \|B\|^{1/2}$$

and

(2.13)
$$\omega(C) \le \frac{1}{2^{1/r}} \|A^r + B^r\|^{1/r}.$$

We have:

Theorem 2. Let $S, V \in \mathcal{B}(H)$, then for $\alpha \in [0, 1]$ and $r \ge 1$,

(2.14)
$$\omega^{2}(SV) \leq \left\| (1-\alpha) \left| S^{*} \right|^{2r} + \alpha \left| V \right|^{2r} \right\|^{1/r} \left\| S \right\|^{2\alpha} \left\| V \right\|^{2(1-\alpha)}$$

and

(2.15)
$$\omega^{2}(SV) \leq \left\| (1-\alpha) \left| S^{*} \right|^{2r} + \alpha \left| V \right|^{2r} \right\|^{1/r} \left\| \alpha \left| S^{*} \right|^{2r} + (1-\alpha) \left| V \right|^{2r} \right\|^{1/r}.$$

In particular,

(2.16)
$$\omega^{2}(SV) \leq \frac{1}{2^{1/r}} \left\| \left| S^{*} \right|^{2r} + \left| V \right|^{2r} \right\|^{1/r} \left\| S \right\| \left\| V \right\|$$

and

(2.17)
$$\omega(SV) \le \frac{1}{2^{1/r}} \left\| |S^*|^{2r} + |V|^{2r} \right\|^{1/r}.$$

Proof. We take in Lemma 3 $A = |S^*|^2$, $B = |V|^2$ and $C = V^*S^*$ to get the desired inequalities.

We have the following inequalities for one operator:

Theorem 3. Let $T \in \mathcal{B}(H)$ and $t \in [0,1]$, then

(3.1)
$$\omega^{2r}(T) \le \left\| \frac{1}{p} \left| T^* \right|^{2tpr} + \frac{1}{q} \left| T \right|^{2(1-t)qr} \right\|,$$

for r > 0, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and pr, $qr \ge 1$. Also, for $r \ge 1$,

(3.2)
$$\omega^{2r}(T) \leq \frac{1}{2} \left[\|T\|^{2r} + \omega^r \left(|T|^{2(1-t)} |T^*|^{2t} \right) \right].$$

If $r \geq 1$, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, then $\omega^{2r}(T) \leq \frac{1}{2} \left(\left\| \frac{1}{p} \left| T^* \right|^{2tpr} + \frac{1}{q} \left| T \right|^{2(1-t)qr} \right\| + \omega^r \left(|T|^{2(1-t)} \left| T^* \right|^{2t} \right) \right).$ (3.3)

Moreover, if $\alpha \in [0, 1]$ and $r \geq 1$, then

(3.4)
$$\omega^{2}(T) \leq \left\| (1-\alpha) |T^{*}|^{2tr} + \alpha |T|^{2(1-t)r} \right\|^{1/r} \|T\|^{2[t\alpha + (1-t)(1-\alpha)]}.$$

Proof. If we take $S = U |T|^t$ and $V = |T|^{1-t}$ in (2.6) and observe that SV = $U\left|T\right| = T,$

$$|S^*|^2 = SS^* = U |T|^t |T|^t U^* = U |T|^{2t} U^* = |T^*|^{2t},$$

then

$$\omega^{2r}(T) \le \left\| \frac{1}{p} \left| T^* \right|^{2tpr} + \frac{1}{q} \left| T \right|^{2(1-t)qr} \right\|,$$

which proves (3.1).

The same choice of S and V in (2.7) gives

(3.5)
$$\omega^{2r}(T) \leq \frac{1}{2} \left[\left\| U \left| T \right|^t \right\|^{2r} \left\| T \right\|^{2(1-t)r} + \omega^r \left(\left| T \right|^{2(1-t)} \left| T^* \right|^{2t} \right) \right].$$

Observe that

$$|S|^{2} = S^{*}S = |T|^{t} U^{*}U |T|^{t} = |T|^{t} |T|^{t} = |T|^{2t}$$

since U is an isometry on ran(|T|). Then $\left\| U |T|^t \right\|^{2r} = \|T\|^{2rt}$ and by (3.5) we get (3.2).

If $r \ge 1$, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \ge 2$, then by (2.8) we get (3.3). Further, if we use (2.14) for $S = U |T|^t$ and $V = |T|^{1-t}$ we also get for $\alpha \in [0, 1]$ and $r \ge 1$ that

$$\omega^{2}(T) \leq \left\| (1-\alpha) |T^{*}|^{2tr} + \alpha |T|^{2(1-t)r} \right\|^{1/r} \|T\|^{2t\alpha} \|T\|^{2(1-t)(1-\alpha)}$$
$$= \left\| (1-\alpha) |T^{*}|^{2tr} + \alpha |T|^{2(1-t)r} \right\|^{1/r} \|T\|^{2[t\alpha+(1-t)(1-\alpha)]},$$

which proves (3.4).

Corollary 2. Let $T \in \mathcal{B}(H)$, then

(3.6)
$$\omega^{2r}(T) \le \left\| \frac{1}{p} \left| T^* \right|^{pr} + \frac{1}{q} \left| T \right|^{qr} \right\|,$$

for r > 0, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \ge 1$.

Also, for $r \geq 1$

(3.7)
$$\omega^{2r}(T) \le \frac{1}{2} \left[\left\| T \right\|^{2r} + \omega^{r}(|T||T^{*}|) \right].$$

If
$$r \ge 1$$
, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \ge 2$, then

(3.8)
$$\omega^{2r}(T) \leq \frac{1}{2} \left(\left\| \frac{1}{p} \left| T^* \right|^{pr} + \frac{1}{q} \left| T \right|^{qr} \right\| + \omega^r(|T||T^*|) \right).$$

Moreover, if $\alpha \in [0,1]$ and $r \ge 1$, then

(3.9)
$$\omega^{2}(T) \leq \|(1-\alpha)|T^{*}|^{r} + \alpha |T|^{r}\|^{1/r} \|T\|.$$

Remark 3. If we take r = 1 in (3.6), then we get

$$\omega^{2}\left(T\right) \leq \left\|\frac{1}{p}\left|T^{*}\right|^{p} + \frac{1}{q}\left|T\right|^{q}\right\|,$$

for p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$. In particular, for p = q = 2 we get

$$\omega^{2}(T) \leq \frac{1}{2} \left\| \left| T^{*} \right|^{2} + \left| T \right|^{2} \right\|.$$

If we take r = 1 in (3.2), then we get

$$\omega^{2}(T) \leq \frac{1}{2} \left[\left\| T \right\|^{2} + \omega \left(|T|^{2(1-t)} |T^{*}|^{2t} \right) \right].$$

If r = 1 and p = q = 2, then by (3.8) we get

$$\omega^{2}(T) \leq \frac{1}{2} \left(\frac{1}{2} \left\| \left| T^{*} \right|^{2} + \left| T \right|^{2} \right\| + \omega\left(\left| T \right| \left| T^{*} \right| \right) \right).$$

If we take r = 2 and p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ in (3.8), then we obtain

$$\omega^{4}(T) \leq \frac{1}{2} \left(\left\| \frac{1}{p} \left| T^{*} \right|^{2p} + \frac{1}{q} \left| T \right|^{2q} \right\| + \omega^{2} \left(\left| T \right| \left| T^{*} \right| \right) \right),$$

which for p = q = 2 gives

$$\omega^{4}(T) \leq \frac{1}{2} \left(\frac{1}{2} \left\| |T^{*}|^{4} + |T|^{4} \right\| + \omega^{2}(|T||T^{*}|) \right).$$

We also have:

Theorem 4. Let $T \in \mathcal{B}(H)$ and $t \in [0,1]$, then

(3.10)
$$\omega^{2r} \left(\Delta_t \left(T \right) \right) \le \left\| \frac{1}{p} \left| U^* \left| T \right|^t \right|^{2pr} + \frac{1}{q} \left| T \right|^{2(1-t)qr} \right\|$$

for r > 0, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and pr, $qr \ge 1$. Also

(3.11)
$$\omega^{2r} \left(\Delta_t \left(T \right) \right) \le \frac{1}{2} \left[\left\| T \right\|^{2r} + \omega^r \left(\left| T \right|^{2-t} UU^* \left| T \right|^t \right) \right]$$

for $r \geq 1$.

Moreover,

(3.12)
$$\omega^{2r} \left(\Delta_t \left(T \right) \right) \\ \leq \frac{1}{2} \left(\left\| \frac{1}{p} \left| U^* \left| T \right|^t \right|^{2pr} + \frac{1}{q} \left| T \right|^{2(1-t)qr} \right\| + \omega^r \left(\left| T \right|^{2-t} UU^* \left| T \right|^t \right) \right)$$

 $\begin{array}{l} \textit{for } r \geq 1, \ p, \ q > 1 \ \textit{with} \ \frac{1}{p} + \frac{1}{q} = 1 \ \textit{and } pr, \ qr \geq 2. \\ \textit{Also, for } \alpha \in [0,1] \ \textit{and} \ r \geq 1, \end{array}$

(3.13)
$$\omega^{2}(\Delta_{t}(T)) \leq \left\| (1-\alpha) \left| U^{*} \left| T \right|^{t} \right|^{2pr} + \alpha \left| T \right|^{2(1-t)qr} \right\|^{1/r} \|T\|^{2[t\alpha+(1-t)(1-\alpha)]}.$$

Proof. If we take $S = |T|^t U$ and $V = |T|^{1-t}$ in (2.6) and observe that $SV = |T|^t U |T|^{1-t} = \Delta_t (T)$, then we get

$$\omega^{2r} \left(\Delta_t \left(T \right) \right) \le \left\| \frac{1}{p} \left| U^* \left| T \right|^t \right|^{2pr} + \frac{1}{q} \left| T \right|^{2(1-t)qr} \right\|.$$

With the same choice and by using (2.7) we derive

$$\begin{split} \omega^{2r} \left(\Delta_t \left(T \right) \right) &\leq \frac{1}{2} \left[\left\| |T|^t U \right\|^{2r} \|T\|^{2(1-t)r} + \omega^r \left(|T|^{2(1-t)} |T|^t UU^* |T|^t \right) \right] \\ &= \frac{1}{2} \left[\left\| |T|^t U \right\|^{2r} \|T\|^{2(1-t)r} + \omega^r \left(|T|^{2-t} UU^* |T|^t \right) \right] \\ &\leq \frac{1}{2} \left[\|T\|^{2tr} \|T\|^{2(1-t)r} + \omega^r \left(|T|^{2-t} UU^* |T|^t \right) \right] \\ &= \frac{1}{2} \left[\|T\|^{2r} + \omega^r \left(|T|^{2-t} UU^* |T|^t \right) \right], \end{split}$$

which proves (3.11).

If $r \ge 1$, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \ge 2$, then from (2.8) we get (3.12). If we take $S = |T|^t U$ and $V = |T|^{1-t}$ in (2.14) then for $\alpha \in [0, 1]$ and $r \ge 1$,

$$\omega^{2} \left(\Delta_{t} \left(T \right) \right)$$

$$\leq \left\| \left(1 - \alpha \right) \left| U^{*} \left| T \right|^{t} \right|^{2pr} + \alpha \left| T \right|^{2(1-t)qr} \right\|^{1/r} \left\| \left| T \right|^{t} U \right\|^{2\alpha} \left\| T \right\|^{2(1-t)(1-\alpha)}$$

$$\leq \left\| \left(1 - \alpha \right) \left| U^{*} \left| T \right|^{t} \right|^{2pr} + \alpha \left| T \right|^{2(1-t)qr} \right\|^{1/r} \left\| T \right\|^{2t\alpha} \left\| T \right\|^{2(1-t)(1-\alpha)}$$

$$= \left\| \left(1 - \alpha \right) \left| U^{*} \left| T \right|^{t} \right\|^{2pr} + \alpha \left| T \right|^{2(1-t)qr} \right\|^{1/r} \left\| T \right\|^{2[t\alpha + (1-t)(1-\alpha)]},$$
(2.19)

which proves (3.13).

For t = 1/2 we obtain the following inequalities for the Aluthge transform \tilde{T} . Corollary 3. Let $T \in \mathcal{B}(H)$, then

(3.14)
$$\omega^{2r}\left(\widetilde{T}\right) \le \left\|\frac{1}{p}\left|U^*\left|T\right|^{1/2}\right|^{2pr} + \frac{1}{q}\left|T\right|^{qr}\right\|$$

for r > 0, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and pr, $qr \ge 1$. Also

(3.15)
$$\omega^{2r}\left(\widetilde{T}\right) \leq \frac{1}{2} \left[\|T\|^{2r} + \omega^{r} \left(|T|^{3/2} UU^{*} |T|^{1/2} \right) \right]$$

for $r \geq 1$.

Moreover,

$$(3.16) \qquad \omega^{2r}\left(\widetilde{T}\right) \le \frac{1}{2} \left(\left\| \frac{1}{p} \left| U^* \left| T \right|^{1/2} \right|^{2pr} + \frac{1}{q} \left| T \right|^{qr} \right\| + \omega^r \left(\left| T \right|^{3/2} UU^* \left| T \right|^{1/2} \right) \right)$$

 $\begin{array}{l} \textit{for } r \geq 1, \ p, \ q > 1 \ \textit{with} \ \frac{1}{p} + \frac{1}{q} = 1 \ \textit{and } pr, \ qr \geq 2. \\ \textit{Also, for } \alpha \in [0,1] \ \textit{and} \ r \geq 1, \end{array}$

(3.17)
$$\omega^{2}\left(\widetilde{T}\right) \leq \left\| (1-\alpha) \left| U^{*} \left| T \right|^{1/2} \right|^{2pr} + \alpha \left| T \right|^{qr} \right\|^{1/r} \|T\|.$$

For t = 1 we also obtain the following results for the Dougal transform \widehat{T} .

Corollary 4. Let $T \in \mathcal{B}(H)$, then

$$\omega^{2r}\left(\widehat{T}\right) \le \left\|\frac{1}{p}\left|\left(\widehat{T}\right)^*\right|^{2pr} + \frac{1}{q}I\right\|$$

for r > 0, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and pr, $qr \ge 1$. Also

$$\omega^{2r}\left(\widehat{T}\right) \leq \frac{1}{2} \left[\left\|T\right\|^{2r} + \left\|\widehat{T}\right\|^{2r} \right]$$

for $r \geq 1$.

Moreover,

$$\omega^{2r}\left(\widehat{T}\right) \leq \frac{1}{2}\left(\left\|\frac{1}{p}\left|\left(\widehat{T}\right)^*\right|^{2pr} + \frac{1}{q}I\right\| + \left\|\widehat{T}\right\|^{2r}\right)$$

for $r \ge 1$, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and pr, $qr \ge 2$. Also, for $\alpha \in [0, 1]$ and $r \ge 1$,

$$\omega^{2}\left(\widehat{T}\right) \leq \left\|\left(1-\alpha\right)\left|\left(\widehat{T}\right)^{*}\right|^{2pr} + \alpha I\right\|^{1/r} \left\|T\right\|^{2\alpha}.$$

For t = 0 we also get:

Corollary 5. Let $T \in \mathcal{B}(H)$, then

$$\omega^{2r}(T) \le \left\| \frac{1}{p} \left| U^* \right|^{2pr} + \frac{1}{q} \left| T \right|^{2qr} \right\|$$

for r > 0, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and pr, $qr \ge 1$. Also

$$\omega^{2r}(T) \le \frac{1}{2} \left[\|T\|^{2r} + \omega^r \left(|T|^2 UU^* \right) \right]$$

for $r \geq 1$.

Moreover,

$$\omega^{2r}(T) \le \frac{1}{2} \left(\left\| \frac{1}{p} \left| U^* \right|^{2pr} + \frac{1}{q} \left| T \right|^{2qr} \right\| + \omega^r \left(\left| T \right|^2 UU^* \right) \right)$$

for $r \ge 1$, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and pr, $qr \ge 2$. Also, for $\alpha \in [0, 1]$ and $r \ge 1$,

$$\omega^{2}(T) \leq \left\| (1-\alpha) \left| U^{*} \right|^{2pr} + \alpha \left| T \right|^{2qr} \right\|^{1/r} \left\| T \right\|^{2(1-\alpha)}$$

We also have the following upper bounds for the numerical radius of generalized Aluthge transform:

Theorem 5. Let $T \in \mathcal{B}(H)$ and $t \in [0, 1]$, then

(3.18)
$$\omega^{2r} \left(\Delta_t \left(T \right) \right) \le \left\| \frac{1}{p} \left| T \right|^{2tpr} + \frac{1}{q} \left| T \right|^{2(1-t)qr} \right\|$$

for r > 0, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \ge 1$. If $r \ge 1, p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \ge 2$, then

(3.19)
$$\omega^{2r} \left(\Delta_t \left(T \right) \right) \le \frac{1}{2} \left(\left\| \frac{1}{p} \left| T \right|^{2tpr} + \frac{1}{q} \left| T \right|^{2(1-t)qr} \right\| + \left\| T \right\|^{2r} \right).$$

Also, for $\alpha \in [0, 1]$ and $r \geq 1$,

(3.20)
$$\omega^{2} \left(\Delta_{t} \left(T \right) \right) \leq \left\| \left(1 - \alpha \right) |T|^{2tr} + \alpha |T|^{2(1-t)r} \right\|^{1/r} \|T\|^{2[t\alpha + (1-t)(1-\alpha)]}.$$

Proof. If we take $S = |T|^t$ and $V = U |T|^{1-t}$ and observe that $SV = |T|^t U |T|^{1-t} =$ $\Delta_t(T)$,

$$|V|^{2qr} = (V^*V)^{qr} = \left(|T|^{1-t} U^*U |T|^{1-t}\right)^{qr} = |T|^{2(1-t)qr}$$

then by (2.6) we get (3.18). If $r \ge 1$, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \ge 2$, then by the same choices in (2.8) we obtain

$$\begin{split} \omega^{2r} \left(\Delta_t \left(T \right) \right) &\leq \frac{1}{2} \left(\left\| \frac{1}{p} \left| T \right|^{2tpr} + \frac{1}{q} \left| T \right|^{2(1-t)qr} \right\| + \omega^r \left(\left| T \right|^{2(1-t)} \left| T \right|^{2t} \right) \right) \\ &= \frac{1}{2} \left(\left\| \frac{1}{p} \left| T \right|^{2tpr} + \frac{1}{q} \left| T \right|^{2(1-t)qr} \right\| + \left\| T \right\|^{2r} \right), \end{split}$$

which proves (3.19).

For $\alpha \in [0, 1]$ and $r \ge 1$, then by (2.14) we get

$$\omega^{2} \left(\Delta_{t} \left(T \right) \right) \leq \left\| \left(1 - \alpha \right) |T|^{2tr} + \alpha |T|^{2(1-t)r} \right\|^{1/r} \|T\|^{2t\alpha} \|T\|^{2(1-t)(1-\alpha)}$$
$$= \left\| \left(1 - \alpha \right) |T|^{2tr} + \alpha |T|^{2(1-t)r} \right\|^{1/r} \|T\|^{2[t\alpha + (1-t)(1-\alpha)]},$$

which proves (3.20).

Remark 4. If we take t = 1/2 in (3.18) then we get

(3.21)
$$\omega^{2r}\left(\widetilde{T}\right) \leq \left\|\frac{1}{p}\left|T\right|^{pr} + \frac{1}{q}\left|T\right|^{qr}\right\|$$

for r > 0, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \ge 1$. If $r \ge 1$, p, q > 1 with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \ge 2$, then by (3.19) we obtain

(3.22)
$$\omega^{2r}\left(\widetilde{T}\right) \leq \frac{1}{2} \left(\left\| \frac{1}{p} \left| T \right|^{pr} + \frac{1}{q} \left| T \right|^{qr} \right\| + \left\| T \right\|^{2r} \right).$$

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