# SCHWARZ TYPE VECTOR INEQUALITIES IN TERMS OF SPECTRAL RADIUS OF OPERATORS IN HILBERT SPACES 

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#### Abstract

Let $H$ be a complex Hilbert space. Assume that $f$ and $g$ are nonnegative functions on $[0, \infty)$ which are continuous and satisfying the relation $f(t) g(t)=t$ for all $t \in[0, \infty)$. In this paper we show among others that, if $T$ and $V$ are operators in $\mathcal{B}(H)$ such that $|T| V=V^{*}|T|$, then for $A, B \in \mathcal{B}(H)$


 we have$$
\left.\left.|\langle B T V A x, y\rangle| \leq\left. r(V)\langle | f(|T|) A\right|^{2} x, x\right\rangle\left.^{1 / 2}\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} y, y\right\rangle^{1 / 2}
$$

for all $x, y \in H$. Also, if $X, A, B \in \mathcal{B}(H)$, then for all $p, q \geq 0$ with $p+q \geq 1$, we have

$$
\begin{aligned}
& \left.|\langle B X| X|^{p+q-1} A x, y\right\rangle \mid \\
& \left.\left.\leq\left.\|X\|^{q}\langle | f\left(|X|^{p}\right) A\right|^{2} x, x\right\rangle\left.^{1 / 2}\langle | g\left(\left|X^{*}\right|^{p}\right) B^{*}\right|^{2} y, y\right\rangle^{1 / 2}
\end{aligned}
$$

for all $x, y \in H$. In particular,
$\left.\left.|\langle B X A x, y\rangle| \leq\left.\|X\|^{1-\lambda}\langle | f\left(\left.| | X\right|^{\lambda} \mid\right) A\right|^{2} x, x\right\rangle\left.^{1 / 2}\langle | g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right|^{2} y, y\right\rangle^{1 / 2}$
for $X, A, B \in \mathcal{B}(H)$ and $\lambda \in[0,1]$. Some applications for the numerical radius and $p$-Schatten norms are also provided.

## 1. Introduction

In 1988, F. Kittaneh obtained the following generalization of Schwarz inequality [10]:
Theorem 1. Assume that $f$ and $g$ are non-negative functions on $[0, \infty)$ which are continuous and satisfying the relation $f(t) g(t)=t$ for all $t \in[0, \infty)$. Let $T, V$ be operators in $B(H)$ such that $|T| V=V^{*}|T|$, then

$$
\begin{equation*}
|\langle T V x, y\rangle| \leq r(V)\|f(|T|) x\|\left\|g\left(\left|T^{*}\right|\right) y\right\| \tag{1.1}
\end{equation*}
$$

for all $x, y \in H$, where $r(V)$ denotes the spectral radius of $V$.
If we take $f(t)=t^{\alpha}$ and $g(t)=t^{1-\alpha}$ for $\alpha \in[0,1]$ and $t>0$, then we obtain

$$
\begin{equation*}
|\langle T V x, y\rangle| \leq r(V)\left\||T|^{\alpha} x\right\|\left\|\left|T^{*}\right|^{1-\alpha} y\right\| \tag{1.2}
\end{equation*}
$$

for all $x, y \in H$.
The numerical radius $w(T)$ of an operator $T$ on $H$ is given by

$$
\begin{equation*}
\omega(T)=\sup \{|\langle T x, x\rangle|,\|x\|=1\} \tag{1.3}
\end{equation*}
$$

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$$

Obviously, by (1.3), for any $x \in H$ one has

$$
\begin{equation*}
|\langle T x, x\rangle| \leq w(T)\|x\|^{2} \tag{1.4}
\end{equation*}
$$

It is well known that $w(\cdot)$ is a norm on the Banach algebra $B(H)$ of all bounded linear operators $T: H \rightarrow H$, i.e.,
(i) $\omega(T) \geq 0$ for any $T \in B(H)$ and $\omega(T)=0$ if and only if $T=0$;
(ii) $\omega(\lambda T)=|\lambda| \omega(T)$ for any $\lambda \in \mathbb{C}$ and $T \in B(H)$;
(iii) $\omega(T+V) \leq \omega(T)+\omega(V)$ for any $T, V \in B(H)$.

This norm is equivalent with the operator norm. In fact, the following more precise result holds:

$$
\begin{equation*}
\omega(T) \leq\|T\| \leq 2 \omega(T) \tag{1.5}
\end{equation*}
$$

for any $T \in B(H)$.
F. Kittaneh, in 2003 [11], showed that for any operator $T \in B(H)$ we have the following refinement of the first inequality in (1.5):

$$
\begin{equation*}
\omega(T) \leq \frac{1}{2}\left(\|T\|+\left\|T^{2}\right\|^{1 / 2}\right) \tag{1.6}
\end{equation*}
$$

Utilizing the Cartesian decomposition for operators, F. Kittaneh in [12] improved the inequality (1.5) as follows:

$$
\begin{equation*}
\frac{1}{4}\left\|T^{*} T+T T^{*}\right\| \leq \omega^{2}(T) \leq \frac{1}{2}\left\|T^{*} T+T T^{*}\right\| \tag{1.7}
\end{equation*}
$$

for any operator $T \in B(H)$.
For powers of the absolute value of operators, one can state the following results obtained by El-Haddad \& Kittaneh in 2007, [8]:

If for an operator $T \in B(H)$ we denote $|T|:=\left(T^{*} T\right)^{1 / 2}$, then

$$
\begin{equation*}
\omega^{r}(T) \leq \frac{1}{2}\left\||T|^{2 \alpha r}+\left|T^{*}\right|^{2(1-\alpha) r}\right\| \tag{1.8}
\end{equation*}
$$

and

$$
\begin{equation*}
\omega^{2 r}(T) \leq\left\|\alpha|T|^{2 r}+(1-\alpha)\left|T^{*}\right|^{2 r}\right\| \tag{1.9}
\end{equation*}
$$

where $\alpha \in(0,1)$ and $r \geq 1$.
If we take $\alpha=\frac{1}{2}$ and $r=1$ we get from (1.8) that

$$
\begin{equation*}
\omega(T) \leq \frac{1}{2}\left\||T|+\left|T^{*}\right|\right\| \tag{1.10}
\end{equation*}
$$

and from (1.9) that

$$
\begin{equation*}
\omega^{2}(T) \leq \frac{1}{2}\left\||T|^{2}+\left|T^{*}\right|^{2}\right\| \tag{1.11}
\end{equation*}
$$

For more related results, see the recent books on inequalities for numerical radii [7] and [4].

Let $T=U|T|$ be the polar decomposition of the bounded linear operator $T$. The Aluthge transform $\widetilde{T}$ of $T$ is defined by $\widetilde{T}:=|T|^{1 / 2} U|T|^{1 / 2}$, see [1].

The following properties of $\widetilde{T}$ are as follows:
(i) $\|\widetilde{T}\| \leq\|T\|$,
(ii) $w(\widetilde{T}) \leq \omega(T)$,
(iii) $r(\widetilde{T})=\omega(T)$,
(iv) $\omega(\widetilde{T}) \leq\left\|T^{2}\right\|^{1 / 2}(\leq\|T\|),[15]$.

Utilizing this transform T. Yamazaki, [15] obtained in 2007 the following refinement of Kittaneh's inequality (1.6):

$$
\begin{equation*}
\omega(T) \leq \frac{1}{2}(\|T\|+\omega(\widetilde{T})) \leq \frac{1}{2}\left(\|T\|+\left\|T^{2}\right\|^{1 / 2}\right) \tag{1.12}
\end{equation*}
$$

for any operator $T \in B(H)$.
We remark that if $\widetilde{T}=0$, then obviously $w(T)=\frac{1}{2}\|T\|$.
Abu-Omar and Kittaneh [2] improved on inequality (1.12) using generalized Aluthge transform to prove that

$$
\omega(T) \leq \frac{1}{2}\left(\|T\|+\min _{t \in[0,1]} \omega\left(\Delta_{t}(T)\right)\right)
$$

For $t=1$ this also gives the following result for the Dougal transform

$$
\begin{equation*}
\omega(T) \leq \frac{1}{2}(\|T\|+\omega(\widehat{T})) \tag{1.13}
\end{equation*}
$$

In [3] Bunia et al. also proved that

$$
\omega(T) \leq \min _{t \in[0,1]}\left\{\frac{1}{2} \omega\left(\Delta_{t}(T)\right)+\frac{1}{4}\left(\|T\|^{2 t}+\|T\|^{2(1-t)}\right)\right\}
$$

which for $t=1 / 2$ gives (1.12) as well.
Motivated by the above results, we show in this paper, among others that, if $f$, $g$ and $T, V$ are as in Theorem 1, while $A, B \in \mathcal{B}(H)$, then

$$
\left.\left.|\langle B T V A x, y\rangle| \leq\left. r(V)\langle | f(|T|) A\right|^{2} x, x\right\rangle\left.^{1 / 2}\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} y, y\right\rangle^{1 / 2}
$$

for all $x, y \in H$. Also, if $X, A, B \in \mathcal{B}(H)$, then for all $p, q \geq 0$ with $p+q \geq 1$, we have

$$
\begin{aligned}
& \left.|\langle B X| X|^{p+q-1} A x, y\right\rangle \mid \\
& \left.\left.\leq\left.\|X\|^{q}\langle | f\left(|X|^{p}\right) A\right|^{2} x, x\right\rangle\left.^{1 / 2}\langle | g\left(\left|X^{*}\right|^{p}\right) B^{*}\right|^{2} y, y\right\rangle^{1 / 2}
\end{aligned}
$$

for all $x, y \in H$. In particular,

$$
\left.\left.|\langle B X A x, y\rangle| \leq\left.\|X\|^{1-\lambda}\langle | f\left(\left.| | X\right|^{\lambda} \mid\right) A\right|^{2} x, x\right\rangle\left.^{1 / 2}\langle | g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right|^{2} y, y\right\rangle^{1 / 2}
$$

for $X, A, B \in \mathcal{B}(H), x, y \in H$ and $\lambda \in[0,1]$. Some applications for the numerical radius and $p$-Schatten norms are also provided.

## 2. Main Results

We recall the following vector inequality for positive operators $A \geq 0$, obtained by C. A. McCarthy in [13]

$$
\begin{equation*}
\langle A x, x\rangle^{p} \leq\left\langle A^{p} x, x\right\rangle, p \geq 1 \tag{2.1}
\end{equation*}
$$

for $x \in H,\|x\|=1$ and Buzano's inequality [5],

$$
\begin{equation*}
|\langle x, e\rangle\langle e, y\rangle| \leq \frac{1}{2}[\|x\|\|y\|+|\langle x, y\rangle|]\|e\|^{2} \tag{2.2}
\end{equation*}
$$

that holds for any $x, y, e \in H$.

If we replace $x$ by $\frac{y}{\|y\|}, y \neq 0$ in (2.1), then we get

$$
\left\langle A \frac{y}{\|y\|}, \frac{y}{\|y\|}\right\rangle^{p} \leq\left\langle A^{p} \frac{y}{\|y\|}, \frac{y}{\|y\|}\right\rangle, p \geq 1
$$

namely

$$
\begin{equation*}
\langle A y, y\rangle^{p} \leq\|y\|^{2(p-1)}\left\langle A^{p} y, y\right\rangle, p \geq 1 \tag{2.3}
\end{equation*}
$$

for all $y \in H$.
We have:
Theorem 2. Assume that $f$ and $g$ are non-negative functions on $[0, \infty)$ that are continuous and satisfying the relation $f(t) g(t)=t$ for all $t \in[0, \infty)$. Let $T, V$ be operators in $\mathcal{B}(H)$ such that $|T| V=V^{*}|T|$, then for $A, B \in \mathcal{B}(H)$

$$
\begin{equation*}
\left.\left.|\langle B T V A x, y\rangle| \leq\left. r(V)\langle | f(|T|) A\right|^{2} x, x\right\rangle\left.^{1 / 2}\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} y, y\right\rangle^{1 / 2} \tag{2.4}
\end{equation*}
$$

for all $x, y \in H$.
We also have for $s \geq 1$ that

$$
\begin{equation*}
|\langle B T V A x, x\rangle| \leq r(V)\|x\|^{2\left(1-\frac{1}{s}\right)}\left\langle\frac{|f(|T|) A|^{2 s}+\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2 s}}{2} x, x\right\rangle^{1 / s} \tag{2.5}
\end{equation*}
$$

for all $x \in H$. In particular, for $s=1$, we obtain

$$
\begin{equation*}
|\langle B T V A x, x\rangle| \leq r(V)\left\langle\frac{|f(|T|) A|^{2}+\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2}}{2} x, x\right\rangle \tag{2.6}
\end{equation*}
$$

for all $x \in H$.
Moreover, we have

$$
\begin{align*}
|\langle B T V A x, x\rangle|^{2} & \leq \frac{1}{2}\|x\|^{2} r^{2}(V)\left[\left\||f(|T|) A|^{2} x\right\|\left\|\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} x\right\|\right.  \tag{2.7}\\
& \left.\left.+\left|\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2}|f(|T|) A|^{2} x, x\right\rangle \mid\right] \\
& \leq \frac{1}{2}\|x\|^{2} r^{2}(V)\left[\frac{1}{2}\left\langle\left(|f(|T|) A|^{4}+\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{4}\right) x, x\right\rangle\right. \\
& \left.\left.+\left|\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2}|f(|T|) A|^{2} x, x\right\rangle \mid\right]
\end{align*}
$$

for all $x \in H$.
Proof. Observe that by (1.1) we have

$$
\begin{aligned}
|\langle T V x, y\rangle|^{2} & \leq r^{2}(V)\|f(|T|) x\|^{2}\left\|g\left(\left|T^{*}\right|\right) y\right\|^{2} \\
& =r^{2}(V)\langle f(|T|) x, f(|T|) x\rangle\left\langle g\left(\left|T^{*}\right|\right) y, g\left(\left|T^{*}\right|\right) y\right\rangle \\
& =r^{2}(V)\left\langle f^{2}(|T|) x, x\right\rangle\left\langle g^{2}\left(\left|T^{*}\right|\right) y, y\right\rangle
\end{aligned}
$$

for all $x, y \in H$.

If we take $A x$ instead of $x$ and $B^{*} y$ instead of $y$, then we get

$$
\begin{aligned}
\left|\left\langle T V A x, B^{*} y\right\rangle\right|^{2} & \leq r^{2}(V)\left\langle f^{2}(|T|) A x, A x\right\rangle\left\langle g^{2}\left(\left|T^{*}\right|\right) B^{*} y, B^{*} y\right\rangle \\
& =r^{2}(V)\left\langle A^{*} f^{2}(|T|) A x, x\right\rangle\left\langle B g^{2}\left(\left|T^{*}\right|\right) B^{*} y, y\right\rangle \\
& =r^{2}(V)\left\langle(f(|T|) A x)^{*} f(|T|) A x, x\right\rangle \\
& \times\left\langle\left(g\left(\left|T^{*}\right|\right) B^{*}\right)^{*} g\left(\left|T^{*}\right|\right) B^{*} y, y\right\rangle \\
& \left.\left.=\left.r^{2}(V)\langle | f(|T|) A\right|^{2} x, x\right\rangle\left.\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} y, y\right\rangle
\end{aligned}
$$

namely

$$
\begin{equation*}
\left.\left.|\langle B T V A x, y\rangle|^{2} \leq\left. r^{2}(V)\langle | f(|T|) A\right|^{2} x, x\right\rangle\left.\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} y, y\right\rangle \tag{2.8}
\end{equation*}
$$

for all $x, y \in H$. This proves (2.4).
From (2.4) for $y=x$ and the $A-G$ mean inequality we have

$$
\begin{align*}
|\langle B T V A x, x\rangle| & \left.\left.\leq\left. r(V)\langle | f(|T|) A\right|^{2} x, x\right\rangle\left.^{1 / 2}\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} x, x\right\rangle^{1 / 2}  \tag{2.9}\\
& \leq r(V) \frac{\left.\left.\left.\langle | f(|T|) A\right|^{2} x, x\right\rangle+\left.\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} x, x\right\rangle}{2}
\end{align*}
$$

for all $x \in H$.
If we take the power $s \geq 1$ and use the convexity of the power function, then we get

$$
\begin{align*}
|\langle B T V A x, x\rangle|^{s} & \leq r^{s}(V)\left(\frac{\left.\left.\left.\langle | f(|T|) A\right|^{2} x, x\right\rangle+\left.\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} x, x\right\rangle}{2}\right)^{s}  \tag{2.10}\\
& \leq r^{s}(V) \frac{\left.\left.\left.\langle | f(|T|) A\right|^{2} x, x\right\rangle^{s}+\left.\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} x, x\right\rangle^{s}}{2}
\end{align*}
$$

for all $x \in H$.
If we use McCarthy's inequality (2.3) we have

$$
\left.\left.\left.\langle | f(|T|) A\right|^{2} x, x\right\rangle^{s} \leq\left.\|x\|^{2(s-1)}\langle | f(|T|) A\right|^{2 s} x, x\right\rangle, s \geq 1
$$

and

$$
\left.\left.\left.\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} x, x\right\rangle^{s} \leq\left.\|x\|^{2(s-1)}\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2 s} x, x\right\rangle, s \geq 1
$$

for all $x \in H$.
By utilizing (2.10) we then get

$$
\begin{aligned}
& |\langle B T V A x, x\rangle|^{s} \\
& \leq r^{s}(V) \frac{\left.\left.\left.\|x\|^{2(s-1)}\langle | f(|T|) A\right|^{2 s} x, x\right\rangle+\left.\|x\|^{2(s-1)}\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2 s} x, x\right\rangle}{2} \\
& =r^{s}(V)\|x\|^{2(s-1)}\left\langle\frac{|f(|T|) A|^{2 s}+\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2 s}}{2} x, x\right\rangle
\end{aligned}
$$

for all $x \in H$, which proves (2.5).

If we use (2.8) for $y=x$ and then Buzano's inequality, then we get

$$
\begin{aligned}
& |\langle B T V A x, x\rangle|^{2} \\
& \left.\left.\leq\left. r^{2}(V)\langle | f(|T|) A\right|^{2} x, x\right\rangle\left.\langle x,| g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} x\right\rangle \\
& \leq \frac{1}{2}\|x\|^{2} r^{2}(V) \\
& \left.\times\left[\left\||f(|T|) A|^{2} x\right\|\left\|\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} x\right\|+|\langle | f(|T|) A|^{2} x,\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} x\right\rangle \mid\right] \\
& =\frac{1}{2}\|x\|^{2} r^{2}(V) \\
& \left.\times\left[\left\||f(|T|) A|^{2} x\right\|\left\|\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} x\right\|+\left|\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2}|f(|T|) A|^{2} x, x\right\rangle \mid\right]
\end{aligned}
$$

for all $x \in H$, which proves the first part of (2.7).
Further, observe that by the $A-G$ mean inequality

$$
\begin{aligned}
\left\||f(|T|) A|^{2} x\right\|\left\|\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} x\right\| & \leq \frac{1}{2}\left[\left\||f(|T|) A|^{2} x\right\|^{2}+\left\|\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} x\right\|^{2}\right] \\
& =\left\langle\left(\frac{|f(|T|) A|^{4}+\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{4}}{2}\right) x, x\right\rangle
\end{aligned}
$$

which proves the second part of (2.7).

Corollary 1. Assume that $f$ and $g$ are non-negative functions on $[0, \infty)$ which are continuous and satisfying the relation $f(t) g(t)=t$ for all $t \in[0, \infty)$. Let $X, A$, $B \in \mathcal{B}(H)$, then for all $p, q \geq 0$ with $p+q \geq 1$, we have

$$
\begin{align*}
& \left.|\langle B X| X|^{p+q-1} A x, y\right\rangle \mid  \tag{2.11}\\
& \left.\left.\leq\left.\|X\|^{q}\langle | f\left(|X|^{p}\right) A\right|^{2} x, x\right\rangle\left.^{1 / 2}\langle | g\left(\left|X^{*}\right|^{p}\right) B^{*}\right|^{2} y, y\right\rangle^{1 / 2}
\end{align*}
$$

for all $x, y \in H$.
We also have

$$
\begin{align*}
& \left.|\langle B X| X|^{p+q-1} A x, x\right\rangle \mid  \tag{2.12}\\
& \leq\|X\|^{q}\|x\|^{2\left(1-\frac{1}{s}\right)}\left\langle\frac{\left|f\left(|X|^{p}\right) A\right|^{2 s}+\left|g\left(\left|X^{*}\right|^{p}\right) B^{*}\right|^{2 s}}{2} x, x\right\rangle^{1 / s}
\end{align*}
$$

for all $x \in H$. In particular for $s=1$, we obtain

$$
\begin{equation*}
\left.|\langle B X| X|^{p+q-1} A x, x\right\rangle \left\lvert\, \leq\|X\|^{q}\left\langle\frac{\left|f\left(|X|^{p}\right) A\right|^{2}+\left|g\left(\left|X^{*}\right|^{p}\right) B^{*}\right|^{2}}{2} x, x\right\rangle\right. \tag{2.13}
\end{equation*}
$$

for all $x \in H$.

Moreover, we have

$$
\begin{align*}
& \left.|\langle B X| X|^{p+q-1} A x, x\right\rangle\left.\right|^{2}  \tag{2.14}\\
& \leq \frac{1}{2}\|x\|^{2}\|X\|^{2 q}\left[\left\|\left|f\left(|X|^{p}\right) A\right|^{2} x\right\|\left\|\left|g\left(\left|X^{*}\right|^{p}\right) B^{*}\right|^{2} x\right\|\right. \\
& \left.\left.+\left|\langle | g\left(\left|X^{*}\right|^{p}\right) B^{*}\right|^{2}\left|f\left(|X|^{p}\right) A\right|^{2} x, x\right\rangle \mid\right] \\
& \leq \frac{1}{2}\|x\|^{2}\|X\|^{2 q}\left[\frac{1}{2}\left\langle\left(\left|f\left(|X|^{p}\right) A\right|^{4}+\left|g\left(\left|X^{*}\right|^{p}\right) B^{*}\right|^{4}\right) x, x\right\rangle\right. \\
& \left.\left.+\left|\langle | g\left(\left|X^{*}\right|^{p}\right) B^{*}\right|^{2}\left|f\left(|X|^{p}\right) A\right|^{2} x, x\right\rangle \mid\right]
\end{align*}
$$

for all $x \in H$.
Proof. Let $X=U|X|$ be the polar decomposition of the bounded linear operator $X$, with $U$ a partial isometry. If we take $T=U|X|^{p}$ and $V=|X|^{q}$, then we have

$$
T V=U|X|^{p+q}=X|X|^{p+q-1}, \quad|T|=|X|^{p} \text { and }\left|T^{*}\right|=\left|X^{*}\right|^{p}
$$

and since

$$
|T| V=|X|^{p+q}=V^{*}|T|
$$

and

$$
r(V)=r\left(|X|^{q}\right)=\left\||X|^{q}\right\|=\|X\|^{q}
$$

hence by Theorem 2 we derive the desired inequalities (2.11)-(2.14).
Corollary 2. With the assumptions of Corollary 1 we have for all $X, A, B \in \mathcal{B}(H)$ and $\lambda \in[0,1]$ that

$$
\begin{align*}
& |\langle B X A x, y\rangle|  \tag{2.15}\\
& \left.\left.\leq\left.\|X\|^{1-\lambda}\langle | f\left(\left.| | X\right|^{\lambda} \mid\right) A\right|^{2} x, x\right\rangle\left.^{1 / 2}\langle | g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right|^{2} y, y\right\rangle^{1 / 2}
\end{align*}
$$

for all $x, y \in H$.
We also have

$$
\begin{align*}
& |\langle B X A x, x\rangle|  \tag{2.16}\\
& \leq\|X\|^{1-\lambda}\|x\|^{2\left(1-\frac{1}{s}\right)}\left\langle\frac{\left|f\left(|X|^{\lambda}\right) A\right|^{2 s}+\left|g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right|^{2 s}}{2} x, x\right\rangle^{1 / s}
\end{align*}
$$

for all $x \in H$. In particular, for $s=1$, we obtain

$$
\begin{equation*}
|\langle B X A x, x\rangle| \leq\|X\|^{1-\lambda}\left\langle\frac{\left|f\left(|X|^{\lambda}\right) A\right|^{2}+\left|g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right|^{2}}{2} x, x\right\rangle \tag{2.17}
\end{equation*}
$$

for all $x \in H$.

Moreover, we have

$$
\begin{align*}
& |\langle B X A x, x\rangle|^{2}  \tag{2.18}\\
& \leq \frac{1}{2}\|x\|^{2}\|X\|^{2(1-\lambda)}\left[\left.\left\|\left|f\left(|X|^{\lambda}\right) A\right|^{2} x\right\|\| \| g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right|^{2} x \|\right. \\
& \left.\left.+\left|\langle | g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right|^{2}\left|f\left(|X|^{\lambda}\right) A\right|^{2} x, x\right\rangle \mid\right] \\
& \leq \frac{1}{2}\|x\|^{2}\|X\|^{2(1-\lambda)}\left[\frac{1}{2}\left\langle\left(\left|f\left(|X|^{\lambda}\right) A\right|^{4}+\left|g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right|^{4}\right) x, x\right\rangle\right. \\
& \left.\left.+\left|\langle | g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right|^{2}\left|f\left(|X|^{\lambda}\right) A\right|^{2} x, x\right\rangle \mid\right]
\end{align*}
$$

for all $x \in H$.
Remark 1. If we take $f(t)=t^{\alpha}, g(t)=t^{1-\alpha}$ with $\alpha \in[0,1]$ in Theorem 2, then we get

$$
\begin{equation*}
\left.\left.|\langle B T V A x, y\rangle| \leq\left. r(V)\langle ||T|^{\alpha} A\right|^{2} x, x\right\rangle\left.^{1 / 2}\langle |\left|T^{*}\right|^{1-\alpha} B^{*}\right|^{2} y, y\right\rangle^{1 / 2} \tag{2.19}
\end{equation*}
$$

for all $x, y \in H$.
We also have

$$
\begin{equation*}
|\langle B T V A x, x\rangle| \leq r(V)\|x\|^{2\left(1-\frac{1}{s}\right)}\left\langle\frac{\|\left.\left. T\right|^{\alpha} A\right|^{2 s}+\left|\left|T^{*}\right|^{1-\alpha} B^{*}\right|^{2 s}}{2} x, x\right\rangle^{1 / s} \tag{2.20}
\end{equation*}
$$

for all $x \in H$. In particular, for $s=1$, we obtain

$$
\begin{equation*}
|\langle B T V A x, x\rangle| \leq r(V)\left\langle\frac{\|\left.\left. T\right|^{\alpha} A\right|^{2}+\left|\left|T^{*}\right|^{1-\alpha} B^{*}\right|^{2}}{2} x, x\right\rangle \tag{2.21}
\end{equation*}
$$

for all $x \in H$.
Moreover, we have

$$
\begin{align*}
|\langle B T V A x, x\rangle|^{2} & \leq \frac{1}{2}\|x\|^{2} r^{2}(V)\left[\left.\left.\| \| T\right|^{\alpha} A\right|^{2} x\| \|\left\|\left.\left|T^{*}\right|^{1-\alpha} B^{*}\right|^{2} x\right\|\right.  \tag{2.22}\\
& \left.\left.+\left.\left.|\langle || T^{*}\right|^{1-\alpha} B^{*}\right|^{2} \|\left.\left. T\right|^{\alpha} A\right|^{2} x, x\right\rangle \mid\right] \\
& \leq \frac{1}{2}\|x\|^{2} r^{2}(V)\left[\frac{1}{2}\left\langle\left(\|\left.\left. T\right|^{\alpha} A\right|^{4}+\left|\left|T^{*}\right|^{1-\alpha} B^{*}\right|^{4}\right) x, x\right\rangle\right. \\
& \left.\left.+\left.\left.|\langle || T^{*}\right|^{1-\alpha} B^{*}\right|^{2} \|\left.\left. T\right|^{\alpha} A\right|^{2} x, x\right\rangle \mid\right]
\end{align*}
$$

for all $x \in H$.
From Corollary 1 we have for all $p, q \geq 0$ with $p+q \geq 1$ that

$$
\begin{align*}
& \left.|\langle B X| X|^{p+q-1} A x, y\right\rangle \mid  \tag{2.23}\\
& \left.\left.\leq\left.\|X\|^{q}\langle ||X|^{\alpha p} A\right|^{2} x, x\right\rangle\left.^{1 / 2}\langle |\left|X^{*}\right|^{(1-\alpha) p} B^{*}\right|^{2} y, y\right\rangle^{1 / 2}
\end{align*}
$$

for all $x, y \in H$.

We also have

$$
\begin{align*}
& \left.|\langle B X| X|^{p+q-1} A x, x\right\rangle \mid  \tag{2.24}\\
& \leq\|X\|^{q}\|x\|^{2\left(1-\frac{1}{s}\right)}\left\langle\frac{\|\left.\left. X\right|^{\alpha p} A\right|^{2 s}+\left|\left|X^{*}\right|^{(1-\alpha) p} B^{*}\right|^{2 s}}{2} x, x\right\rangle
\end{align*}
$$

for all $x \in H$. In particular for $s=1$, we obtain

$$
\begin{equation*}
\left.|\langle B X| X|^{p+q-1} A x, x\right\rangle \left\lvert\, \leq\|X\|^{q}\left\langle\frac{\|\left.\left. X\right|^{\alpha p} A\right|^{2}+\left|\left|X^{*}\right|^{(1-\alpha) p} B^{*}\right|^{2}}{2} x, x\right\rangle\right. \tag{2.25}
\end{equation*}
$$

for all $x \in H$.
Moreover, we have

$$
\begin{align*}
& \left.|\langle B X| X|^{p+q-1} A x, x\right\rangle\left.\right|^{2}  \tag{2.26}\\
& \leq \frac{1}{2}\|x\|^{2}\|X\|^{2 q}\left[\left\|\left.\left.\left|\left\|\left.\left.X\right|^{\alpha p} A\right|^{2} x\right\|\| \|\right| X^{*}\right|^{(1-\alpha) p} B^{*}\right|^{2} x\right\|\right. \\
& \left.\left.+\left.\left.|\langle || X^{*}\right|^{(1-\alpha) p} B^{*}\right|^{2} \|\left.\left. X\right|^{\alpha p} A\right|^{2} x, x\right\rangle \mid\right] \\
& \leq \frac{1}{2}\|x\|^{2}\|X\|^{2 q}\left[\frac{1}{2}\left\langle\left(\|\left.\left. X\right|^{\alpha p} A\right|^{4}+\left|\left|X^{*}\right|^{(1-\alpha) p} B^{*}\right|^{4}\right) x, x\right\rangle\right. \\
& \left.\left.+\left.\left.|\langle || X^{*}\right|^{(1-\alpha) p} B^{*}\right|^{2} \|\left.\left. X\right|^{\alpha p} A\right|^{2} x, x\right\rangle \mid\right]
\end{align*}
$$

for all $x \in H$.
From Corollary 2 we have for all $X, A, B \in \mathcal{B}(H)$ and $\lambda, \alpha \in[0,1]$ that

$$
\begin{align*}
& |\langle B X A x, y\rangle|  \tag{2.27}\\
& \left.\left.\leq\left.\|X\|^{1-\lambda}\langle\|| X\right|^{\alpha \lambda}|A|^{2} x, x\right\rangle\left.^{1 / 2}\langle |\left|X^{*}\right|^{(1-\alpha) \lambda} B^{*}\right|^{2} y, y\right\rangle^{1 / 2}
\end{align*}
$$

for all $x, y \in H$.
We also have

$$
\begin{align*}
& |\langle B X A x, x\rangle|  \tag{2.28}\\
& \leq\|X\|^{1-\lambda}\|x\|^{2\left(1-\frac{1}{s}\right)}\left\langle\frac{\left.\left.| | X\right|^{\alpha \lambda} A\right|^{2 s}+\left|\left|X^{*}\right|^{(1-\alpha) \lambda} B^{*}\right|^{2 s}}{2} x, x\right\rangle^{1 / s}
\end{align*}
$$

for all $x \in H$. In particular for $s=1$, we obtain

$$
\begin{equation*}
|\langle B X A x, x\rangle| \leq\|X\|^{1-\lambda}\left\langle\frac{\left.\left.| | X\right|^{\alpha \lambda} A\right|^{2}+\left|\left|X^{*}\right|^{(1-\alpha) \lambda} B^{*}\right|^{2}}{2} x, x\right\rangle \tag{2.29}
\end{equation*}
$$

for all $x \in H$.

Moreover, we have

$$
\begin{align*}
& |\langle B X A x, x\rangle|^{2}  \tag{2.30}\\
& \left.\left.\leq \frac{1}{2}\|x\|^{2}\|X\|^{2(1-\lambda)}\left[\left.\left\|\left.\left.| | X\right|^{\alpha \lambda} A\right|^{2} x\right\|\| \|\left|X^{*}\right|^{(1-\alpha) \lambda} B^{*}\right|^{2} x \|\left.\left.\left.^{(1-\alpha) \lambda} B^{*}\right|^{2}| | X\right|^{\alpha \lambda} A\right|^{2} x, x\right\rangle \right\rvert\,\right] \\
& +\left\lvert\,\langle |\left|X^{*}\right|^{(1-\alpha)}\left[\frac{1}{2}\left\langle\left(\left.\left.| | X\right|^{\alpha \lambda} A\right|^{4}+\left|\left|X^{*}\right|^{(1-\alpha) \lambda} B^{*}\right|^{4}\right) x, x\right\rangle\right.\right. \\
& \leq \frac{1}{2}\|x\|^{2}\|X\|^{2(1-\lambda)}[\mid] \\
& \left.\left.+\left.\left.\left.\left.|\langle || X^{*}\right|^{(1-\alpha) \lambda} B^{*}\right|^{2}| | X\right|^{\alpha \lambda} A\right|^{2} x, x\right\rangle \mid\right]
\end{align*}
$$

for all $x \in H$.

## 3. Numerical Radius Inequalities

We can state the following result:
Proposition 1. Assume that $f$ and $g$ are non-negative functions on $[0, \infty)$ that are continuous and satisfying the relation $f(t) g(t)=t$ for all $t \in[0, \infty)$. Let $T, V$ be operators in $\mathcal{B}(H)$ such that $|T| V=V^{*}|T|$, then for $A, B \in \mathcal{B}(H)$ we have the norm inequality

$$
\begin{equation*}
\|B T V A\| \leq r(V)\|f(|T|) A\|\left\|g\left(\left|T^{*}\right|\right) B^{*}\right\| \tag{3.1}
\end{equation*}
$$

We also have the numerical radius inequalities

$$
\begin{equation*}
\omega(B T V A) \leq r(V)\left\|\frac{|f(|T|) A|^{2 s}+\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2 s}}{2}\right\|^{1 / s} . \tag{3.2}
\end{equation*}
$$

In particular, for $s=1$, we obtain

$$
\begin{equation*}
\omega(B T V A) \leq r(V)\left\|\frac{|f(|T|) A|^{2}+\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2}}{2}\right\| \tag{3.3}
\end{equation*}
$$

Moreover, we have

$$
\begin{align*}
\omega^{2}(B T V A) & \leq \frac{1}{2} r^{2}(V)\left[\|f(|T|) A\|^{2}\left\|g\left(\left|T^{*}\right|\right) B^{*}\right\|^{2}\right.  \tag{3.4}\\
& \left.+\omega\left(\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2}|f(|T|) A|^{2}\right)\right] \\
& \leq \frac{1}{2} r^{2}(V)\left[\frac{1}{2}\left\||f(|T|) A|^{4}+\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{4}\right\|\right. \\
& \left.+\omega\left(\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2}|f(|T|) A|^{2}\right)\right]
\end{align*}
$$

Proof. If we take the supremum over $\|x\|=\|y\|=1$ in (2.4), then we have

$$
\begin{aligned}
\|B T V A\| & =\sup _{\|x\|=\|y\|=1}|\langle B T V A x, y\rangle| \\
& \left.\left.\leq\left. r(V) \sup _{\|x\|=\|y\|=1}\left[\left.\langle | f(|T|) A\right|^{2} x, x\right\rangle^{1 / 2}\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} y, y\right\rangle^{1 / 2}\right] \\
& \left.\left.=\left.r(V) \sup _{\|x\|=1}\langle | f(|T|) A\right|^{2} x, x\right\rangle\left.^{1 / 2} \sup _{\|y\|=1}\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} y, y\right\rangle^{1 / 2} \\
& =r(V)\left\||f(|T|) A|^{2}\right\|^{1 / 2}\left\|\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2}\right\|^{1 / 2} \\
& =r(V)\|f(|T|) A\|\left\|g\left(\left|T^{*}\right|\right) B^{*}\right\|
\end{aligned}
$$

which proves (3.1).
Now, if we take the supremum over $\|x\|=1$ in (2.5), then we get

$$
\begin{aligned}
\omega(B T V A) & =\sup _{\|x\|=1}|\langle B T V A x, x\rangle| \\
& \leq r(V) \sup _{\|x\|=1}\left\{\|x\|^{2\left(1-\frac{1}{s}\right)}\left\langle\frac{|f(|T|) A|^{2 s}+\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2 s}}{2} x, x\right\rangle^{1 / s}\right\} \\
& \left.=r(V) \sup _{\|x\|=1}\left\langle\frac{|f(|T|) A|^{2 s}+\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2 s}}{2} x, x\right\rangle^{1 / s}\right\} \\
& =r(V)\left\|\frac{|f(|T|) A|^{2 s}+\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2 s}}{2}\right\|^{1 / s},
\end{aligned}
$$

which proves (3.2).
The other inequalities follow in a similar manner from the corresponding vector inequalities from Theorem 2 and we omit the details.

We have the following particular results of interest:
Corollary 3. Assume that $f$ and $g$ are non-negative functions on $[0, \infty)$ which are continuous and satisfying the relation $f(t) g(t)=t$ for all $t \in[0, \infty)$. Let $X, A$, $B \in \mathcal{B}(H)$, then for all $p, q \geq 0$ with $p+q \geq 1$, we have the norm inequality

$$
\begin{equation*}
\left\|B X|X|^{p+q-1} A\right\| \leq\|X\|^{q}\left\|f\left(\|\left. X\right|^{p} \mid\right) A\right\|\left\|g\left(\left|X^{*}\right|^{p}\right) B^{*}\right\| \tag{3.5}
\end{equation*}
$$

We also have the numerical radius inequalities

$$
\begin{equation*}
\omega\left(B X|X|^{p+q-1} A\right) \leq\|X\|^{q}\left\|\frac{\left|f\left(|X|^{p}\right) A\right|^{2 s}+\left|g\left(\left|X^{*}\right|^{p}\right) B^{*}\right|^{2 s}}{2}\right\|^{1 / s} . \tag{3.6}
\end{equation*}
$$

In particular for $s=1$, we obtain

$$
\begin{equation*}
\omega\left(B X|X|^{p+q-1} A\right) \leq\|X\|^{q}\left\|\frac{\left|f\left(|X|^{p}\right) A\right|^{2}+\left|g\left(\left|X^{*}\right|^{p}\right) B^{*}\right|^{2}}{2}\right\| \tag{3.7}
\end{equation*}
$$

Moreover, we have

$$
\begin{align*}
\omega^{2}\left(B X|X|^{p+q-1} A\right) & \leq \frac{1}{2}\|X\|^{2 q}\left[\left\|f\left(|X|^{p}\right) A\right\|^{2}\left\|g\left(\left|X^{*}\right|^{p}\right) B^{*}\right\|^{2}\right.  \tag{3.8}\\
& \left.+\omega\left(\left|g\left(\left|X^{*}\right|^{p}\right) B^{*}\right|^{2}\left|f\left(|X|^{p}\right) A\right|^{2}\right)\right] \\
& \leq \frac{1}{2}\|X\|^{2 q}\left[\frac{1}{2}\left\|\left|f\left(|X|^{p}\right) A\right|^{4}+\left|g\left(\left|X^{*}\right|^{p}\right) B^{*}\right|^{4}\right\|\right. \\
& \left.+\omega\left(\left|g\left(\left|X^{*}\right|^{p}\right) B^{*}\right|^{2}\left|f\left(|X|^{p}\right) A\right|^{2}\right)\right]
\end{align*}
$$

We also have:
Corollary 4. With the assumptions of Corollary 3 we have for all $X, A, B \in \mathcal{B}(H)$ and $\lambda \in[0,1]$ that

$$
\begin{equation*}
\|B X A\| \leq\|X\|^{1-\lambda}\left\|f\left(|X|^{\lambda}\right) A\right\|\left\|g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right\| \tag{3.9}
\end{equation*}
$$

We also have

$$
\begin{equation*}
\omega(B X A) \leq\|X\|^{1-\lambda}\left\|\frac{\left|f\left(|X|^{\lambda}\right) A\right|^{2 s}+\left|g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right|^{2 s}}{2}\right\|^{1 / s} \tag{3.10}
\end{equation*}
$$

In particular for $s=1$, we obtain

$$
\begin{equation*}
\omega(B X A) \leq\|X\|^{1-\lambda}\left\|\frac{\left|f\left(|X|^{\lambda}\right) A\right|^{2}+\left|g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right|^{2}}{2}\right\| \tag{3.11}
\end{equation*}
$$

Moreover, we have

$$
\begin{align*}
\omega^{2}(B X A) & \leq \frac{1}{2}\|X\|^{2(1-\lambda)}\left[\left\|f\left(|X|^{\lambda}\right) A\right\|^{2}\left\|g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right\|^{2}\right.  \tag{3.12}\\
& \left.+\omega\left(\left|g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right|^{2}\left|f\left(|X|^{\lambda}\right) A\right|^{2}\right)\right] \\
& \leq \frac{1}{2}\|X\|^{2(1-\lambda)}\left[\frac{1}{2}\left\|\left|f\left(|X|^{\lambda}\right) A\right|^{4}+\left|g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right|^{4}\right\|\right. \\
& \left.+\omega\left(\left|g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right|^{2}\left|f\left(|X|^{\lambda}\right) A\right|^{2}\right)\right]
\end{align*}
$$

If we take $f(t)=t^{\alpha}, g(t)=t^{1-\alpha}$ with $\alpha \in[0,1]$ in Proposition 1 , then we get

$$
\begin{equation*}
\|B T V A\| \leq r(V)\left\||T|^{\alpha} A\right\|\left\|\left|T^{*}\right|^{1-\alpha} B^{*}\right\| \tag{3.13}
\end{equation*}
$$

We also have

$$
\begin{equation*}
\omega(B T V A) \leq r(V)\left\|\frac{\|\left.\left. T\right|^{\alpha} A\right|^{2 s}+\left|\left|T^{*}\right|^{1-\alpha} B^{*}\right|^{2 s}}{2}\right\|^{1 / s} \tag{3.14}
\end{equation*}
$$

In particular for $s=1$, we obtain

$$
\begin{equation*}
\omega(B T V A) \leq r(V)\left\|\frac{\|\left.\left. T\right|^{\alpha} A\right|^{2}+\left|\left|T^{*}\right|^{1-\alpha} B^{*}\right|^{2}}{2}\right\| \tag{3.15}
\end{equation*}
$$

Moreover, we have

$$
\begin{align*}
\omega^{2}(B T V A) & \leq \frac{1}{2} r^{2}(V)\left[\left\||T|^{\alpha} A\right\|^{2}\left\|\left|T^{*}\right|^{1-\alpha} B^{*}\right\|^{2}\right.  \tag{3.16}\\
& \left.+\omega\left(\left.\left.| | T^{*}\right|^{1-\alpha} B^{*}\right|^{2} \|\left.\left. T\right|^{\alpha} A\right|^{2}\right)\right] \\
& \leq \frac{1}{2} r^{2}(V)\left[\frac{1}{2}\left\|\left.\left.| | T\right|^{\alpha} A\right|^{4}+\left|\left|T^{*}\right|^{1-\alpha} B^{*}\right|^{4}\right\|\right. \\
& \left.+\omega\left(\left.\left|T^{*}\right|^{1-\alpha} B^{*}\right|^{2} \|\left.\left. T\right|^{\alpha} A\right|^{2}\right)\right]
\end{align*}
$$

From Corollary 1 we have for all $p, q \geq 0$ with $p+q \geq 1$ that

$$
\begin{equation*}
\left\|B X|X|^{p+q-1} A\right\| \leq\|X\|^{q}\left\||X|^{\alpha p} A\right\|\left\|\left|X^{*}\right|^{(1-\alpha) p} B^{*}\right\| . \tag{3.17}
\end{equation*}
$$

We also have

$$
\begin{equation*}
\omega\left(B X|X|^{p+q-1} A\right) \leq\|X\|^{q} \| \frac{\left\|\left.\left.X\right|^{\alpha p} A\right|^{2 s}+\left|\left|X^{*}\right|^{(1-\alpha) p} B^{*}\right|^{2 s}\right\|^{1 / s}}{2} \tag{3.18}
\end{equation*}
$$

In particular for $s=1$, we obtain

$$
\begin{equation*}
\omega\left(B X|X|^{p+q-1} A\right) \leq\|X\|^{q}\left\|\frac{\|\left.\left. X\right|^{\alpha p} A\right|^{2}+\left|\left|X^{*}\right|^{(1-\alpha) p} B^{*}\right|^{2}}{2}\right\| \tag{3.19}
\end{equation*}
$$

Moreover, we have

$$
\begin{align*}
& \omega^{2}\left(B X|X|^{p+q-1} A\right)  \tag{3.20}\\
& \leq \frac{1}{2}\|X\|^{2 q}\left[\left\||X|^{\alpha p} A\right\|^{2}\left\|\left|X^{*}\right|^{(1-\alpha) p} B^{*}\right\|^{2}\right. \\
& \left.+\omega\left(\left.\left.| | X^{*}\right|^{(1-\alpha) p} B^{*}\right|^{2} \|\left.\left. X\right|^{\alpha p} A\right|^{2}\right)\right] \\
& \leq \frac{1}{2}\|X\|^{2 q}\left[\left.\left.\frac{1}{2}\| \| X\right|^{\alpha p} A\right|^{4}+\left|\left|X^{*}\right|^{(1-\alpha) p} B^{*}\right|^{4} \|\right. \\
& \left.+\omega\left(\left.\left.| | X^{*}\right|^{(1-\alpha) p} B^{*}\right|^{2} \|\left.\left. X\right|^{\alpha p} A\right|^{2}\right)\right]
\end{align*}
$$

From Corollary 2 we have for all $X, A, B \in \mathcal{B}(H)$ and $\lambda, \alpha \in[0,1]$ that

$$
\begin{equation*}
\|B X A\| \leq\left.\|X\|^{1-\lambda}\| \||X|^{\alpha \lambda}|A\| \|| X^{*}\right|^{(1-\alpha) \lambda} B^{*} \| \tag{3.21}
\end{equation*}
$$

We also have

$$
\begin{equation*}
\omega(B X A) \leq\|X\|^{1-\lambda}\left\|\frac{\left.\left.| | X\right|^{\alpha \lambda} A\right|^{2 s}+\left|\left|X^{*}\right|^{(1-\alpha) \lambda} B^{*}\right|^{2 s}}{2}\right\|^{1 / s} \tag{3.22}
\end{equation*}
$$

In particular for $s=1$, we obtain

$$
\begin{equation*}
\omega(B X A) \leq\|X\|^{1-\lambda}\left\|\frac{\left.\left.| | X\right|^{\alpha \lambda} A\right|^{2}+\left|\left|X^{*}\right|^{(1-\alpha) \lambda} B^{*}\right|^{2}}{2}\right\| \tag{3.23}
\end{equation*}
$$

Moreover, we have

$$
\begin{align*}
& \omega^{2}(B X A)  \tag{3.24}\\
& \leq \frac{1}{2}\|X\|^{2(1-\lambda)}\left[\left\||X|^{\alpha \lambda} A\right\|^{2}\left\|\left|X^{*}\right|^{(1-\alpha) \lambda} B^{*}\right\|^{2}\right. \\
& \left.+\omega\left(\left.\left.\left.\left.| | X^{*}\right|^{(1-\alpha) \lambda} B^{*}\right|^{2}| | X\right|^{\alpha \lambda} A\right|^{2}\right)\right] \\
& \leq \frac{1}{2}\|X\|^{2(1-\lambda)}\left[\frac{1}{2}\left\|\left.\left.| | X\right|^{\alpha \lambda} A\right|^{4}+\left|\left|X^{*}\right|^{(1-\alpha) \lambda} B^{*}\right|^{4}\right\|\right. \\
& \left.+\omega\left(\left.\left.\left.\left.| | X^{*}\right|^{(1-\alpha) \lambda} B^{*}\right|^{2}| | X\right|^{\alpha \lambda} A\right|^{2}\right)\right]
\end{align*}
$$

If the operator $T$ has the polar decomposition $T=U|T|$ with $U$ a partial isometry, we define the transform

$$
\Delta_{p, q}(T):=|T|^{p} U|T|^{q}
$$

for $p, q \geq 0$. Here we assume that $|T|^{0}=I$.
The p-generalized Dougal transform is defined by

$$
\widehat{T}_{p}:=|T|^{p} U
$$

the usual Dougal transform is then

$$
\widehat{T}:=|T| U
$$

and the $p$-generalized Aluthge transform

$$
\widetilde{T}_{p}:=|T|^{p} U|T|^{p}
$$

which for $p=1 / 2$ gives the usual Aluthge transform

$$
\widetilde{T}:=|T|^{1 / 2} U|T|^{1 / 2}
$$

Also

$$
T_{q}:=U|T|^{q}
$$

which gives for $q=1$ the usual polar decomposition $T=U|T|$.
For $p=t, q=1-t$, where $t \in[0,1]$ we have

$$
\Delta_{t}(T):=\Delta_{t, 1-t}(T)=|T|^{t} V|T|^{1-t}
$$

The transform $\Delta_{t}(T)$ was introduced and studied in [6].

Now, if we use Corollary 4 for $X=\Delta_{p, q}(T)$ and $A=|T|^{m}$ and $B=|T|^{n}$ for $p, q, m, n \geq 0$, then we get

$$
\begin{align*}
& \left\|\Delta_{p+m, q+n}(T)\right\|  \tag{3.25}\\
& \leq\left\|\Delta_{p, q}(T)\right\|^{1-\lambda}\left\|f\left(\left|\Delta_{p, q}(T)\right|^{\lambda}\right)|T|^{m}\right\|\left\|g\left(\left|\left(\Delta_{p, q}(T)\right)^{*}\right|^{\lambda}\right)|T|^{n}\right\|
\end{align*}
$$

We also have

$$
\begin{align*}
& \omega\left(\Delta_{p+m, q+n}(T)\right)  \tag{3.26}\\
& \leq\left\|\Delta_{p, q}(T)\right\|^{1-\lambda} \\
& \times\left\|\frac{\left.\left.\left|f\left(\left|\Delta_{p, q}(T)\right|^{\lambda}\right)\right| T\right|^{m}\right|^{2 s}+\left.\left.\left|g\left(\left|\left(\Delta_{p, q}(T)\right)^{*}\right|^{\lambda}\right)\right| T\right|^{n}\right|^{2 s}}{2}\right\|^{1 / s}
\end{align*}
$$

In particular, for $s=1$, we obtain

$$
\begin{align*}
& \omega\left(\Delta_{p+m, q+n}(T)\right)  \tag{3.27}\\
& \leq\left\|\Delta_{p, q}(T)\right\|^{1-\lambda}\left\|\frac{\left.\left.\left|f\left(\left|\Delta_{p, q}(T)\right|^{\lambda}\right)\right| T\right|^{m}\right|^{2}+\left.\left.\left|g\left(\left|\left(\Delta_{p, q}(T)\right)^{*}\right|^{\lambda}\right)\right| T\right|^{n}\right|^{2}}{2}\right\|
\end{align*}
$$

Moreover, we have

$$
\begin{align*}
& \omega^{2}\left(\Delta_{p+m, q+n}(T)\right)  \tag{3.28}\\
& \leq \frac{1}{2}\left\|\Delta_{p, q}(T)\right\|^{2(1-\lambda)}\left[\left\|f\left(\left|\Delta_{p, q}(T)\right|^{\lambda}\right)|T|^{m}\right\|^{2}\left\|g\left(\left|\left(\Delta_{p, q}(T)\right)^{*}\right|^{\lambda}\right)|T|^{n}\right\|^{2}\right. \\
& \left.+\omega\left(\left.\left.\left.\left.\left|g\left(\left|\left(\Delta_{p, q}(T)\right)^{*}\right|^{\lambda}\right)\right| T\right|^{n}\right|^{2}\left|f\left(\left|\Delta_{p, q}(T)\right|^{\lambda}\right)\right| T\right|^{m}\right|^{2}\right)\right] \\
& \leq \frac{1}{2}\left\|\Delta_{p, q}(T)\right\|^{2(1-\lambda)} \\
& \times\left[\frac{1}{2}\left\|\left.\left.\left|f\left(\left|\Delta_{p, q}(T)\right|^{\lambda}\right)\right| T\right|^{m}\right|^{4}+\left.\left.\left|g\left(\left|\left(\Delta_{p, q}(T)\right)^{*}\right|^{\lambda}\right)\right| T\right|^{n}\right|^{4}\right\|\right. \\
& \left.+\omega\left(\left.\left.\left.\left.\left|g\left(\left|\left(\Delta_{p, q}(T)\right)^{*}\right|^{\lambda}\right)\right| T\right|^{n}\right|^{2}\left|f\left(\left|\Delta_{p, q}(T)\right|^{\lambda}\right)\right| T\right|^{m}\right|^{2}\right)\right]
\end{align*}
$$

By taking some particular values for $p, q, m, n \geq 0$ we can obtain certain inequalities for the Aluthge and Dougal transforms. The details are omitted.

## 4. Inequalities for $p$-Schatten Norms

In order to extend these results for $p$-Schatten norms we need the following preparations.

Let $(H ;\langle.,\rangle$.$) be a complex Hilbert space and \mathcal{B}(H)$ the Banach algebra of all bounded linear operators on $H$. If $\left\{e_{i}\right\}_{i \in I}$ an orthonormal basis of $H$, we say that $A \in \mathcal{B}(H)$ is of trace class if

$$
\begin{equation*}
\|A\|_{1}:=\sum_{i \in I}\langle | A\left|e_{i}, e_{i}\right\rangle<\infty \tag{4.1}
\end{equation*}
$$

The definition of $\|A\|_{1}$ does not depend on the choice of the orthonormal basis $\left\{e_{i}\right\}_{i \in I}$. We denote by $\mathcal{B}_{1}(H)$ the set of trace class operators in $\mathcal{B}(H)$.

We define the trace of a trace class operator $A \in \mathcal{B}_{1}(H)$ to be

$$
\begin{equation*}
\operatorname{tr}(A):=\sum_{i \in I}\left\langle A e_{i}, e_{i}\right\rangle, \tag{4.2}
\end{equation*}
$$

where $\left\{e_{i}\right\}_{i \in I}$ an orthonormal basis of $H$. Note that this coincides with the usual definition of the trace if $H$ is finite-dimensional. We observe that the series (4.2) converges absolutely and it is independent from the choice of basis.

The following result collects some properties of the trace:
Theorem 3. We have:
(i) If $A \in \mathcal{B}_{1}(H)$ then $A^{*} \in \mathcal{B}_{1}(H)$ and

$$
\begin{equation*}
\operatorname{tr}\left(A^{*}\right)=\overline{\operatorname{tr}(A)} \tag{4.3}
\end{equation*}
$$

(ii) If $A \in \mathcal{B}_{1}(H)$ and $T \in \mathcal{B}(H)$, then $A T$, $T A \in \mathcal{B}_{1}(H)$ and

$$
\begin{equation*}
\operatorname{tr}(A T)=\operatorname{tr}(T A) \text { and }|\operatorname{tr}(A T)| \leq\|A\|_{1}\|T\| \tag{4.4}
\end{equation*}
$$

(iii) $\operatorname{tr}(\cdot)$ is a bounded linear functional on $\mathcal{B}_{1}(H)$ with $\|\operatorname{tr}\|=1$;
(iv) If $A, B \in \mathcal{B}_{2}(H)$ then $A B, B A \in \mathcal{B}_{1}(H)$ and $\operatorname{tr}(A B)=\operatorname{tr}(B A)$;
(v) $\mathcal{B}_{\text {fin }}(H)$, the space of operators of finite rank, is a dense subspace of $\mathcal{B}_{1}(H)$.

An operator $A \in \mathcal{B}(H)$ is said to belong to the von Neumann-Schatten class $\mathcal{B}_{p}(H), 1 \leq p<\infty$ if the $p$-Schatten norm is finite [16, p. 60-64]

$$
\left.\|A\|_{p}:=\left[\operatorname{tr}\left(|A|^{p}\right)\right]^{1 / p}=\left(\left.\sum_{i \in I}\langle | A\right|^{p} e_{i}, e_{i}\right\rangle\right)^{1 / p}<\infty
$$

For $1<p<q<\infty$ we have that

$$
\begin{equation*}
\mathcal{B}_{1}(H) \subset \mathcal{B}_{p}(H) \subset \mathcal{B}_{q}(H) \subset \mathcal{B}(H) \tag{4.5}
\end{equation*}
$$

and

$$
\begin{equation*}
\|A\|_{1} \geq\|A\|_{p} \geq\|A\|_{q} \geq\|A\| \tag{4.6}
\end{equation*}
$$

For $p \geq 1$ the functional $\|\cdot\|_{p}$ is a norm on the $*$-ideal $\mathcal{B}_{p}(H)$ and $\left(\mathcal{B}_{p}(H),\|\cdot\|_{p}\right)$ is a Banach space.

Also, see for instance [16, p. 60-64],

$$
\begin{gather*}
\|A\|_{p}=\left\|A^{*}\right\|_{p}, A \in \mathcal{B}_{p}(H)  \tag{4.7}\\
\|A B\|_{p} \leq\|A\|_{p}\|B\|_{p}, A, B \in \mathcal{B}_{p}(H) \tag{4.8}
\end{gather*}
$$

and

$$
\begin{equation*}
\|A B\|_{p} \leq\|A\|_{p}\|B\|, \quad\|B A\|_{p} \leq\|B\|\|A\|_{p}, A \in \mathcal{B}_{p}(H), B \in \mathcal{B}(H) \tag{4.9}
\end{equation*}
$$

This implies that

$$
\begin{equation*}
\|C A B\|_{p} \leq\|C\|\|A\|_{p}\|B\|, A \in \mathcal{B}_{p}(H), B, C \in \mathcal{B}(H) \tag{4.10}
\end{equation*}
$$

In terms of $p$-Schatten norm we have the Hölder inequality for $p, q>1$ with $\frac{1}{p}+\frac{1}{q}=1$

$$
\begin{equation*}
(|\operatorname{tr}(A B)| \leq)\|A B\|_{1} \leq\|A\|_{p}\|B\|_{q}, \quad A \in \mathcal{B}_{p}(H), B \in \mathcal{B}_{q}(H) \tag{4.11}
\end{equation*}
$$

For the theory of trace functionals and their applications the reader is referred to [14] and [16].

Proposition 2. Assume that $f$ and $g$ are non-negative functions on $[0, \infty)$ that are continuous and satisfying the relation $f(t) g(t)=t$ for all $t \in[0, \infty)$. Let $T, V$ be operators in $\mathcal{B}(H)$ such that $|T| V=V^{*}|T|$, then for $A, B \in \mathcal{B}(H)$ with $f(|T|) A$, $g\left(\left|T^{*}\right|\right) B^{*} \in \mathcal{B}_{2}(H)$, we have that BTVA$\in \mathcal{B}_{1}(H)$ and

$$
\begin{equation*}
|\operatorname{tr}(B T V A)| \leq r(V)\|f(|T|) A\|_{2}\left\|g\left(\left|T^{*}\right|\right) B^{*}\right\|_{2} \tag{4.12}
\end{equation*}
$$

Proof. If $\left\{e_{i}\right\}_{i \in I}$ an orthonormal basis of $H$, then by (2.4) for $y=x=e_{i}, i \in I$, we get $i \in I$

$$
\left.\left.\left|\left\langle B T V A e_{i}, e_{i}\right\rangle\right| \leq\left. r(V)\langle | f(|T|) A\right|^{2} e_{i}, e_{i}\right\rangle\left.^{1 / 2}\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} e_{i}, e_{i}\right\rangle^{1 / 2}
$$

for $i \in I$.
Therefore, by the triangle and Cauchy-Schwarz inequality, we derive

$$
\begin{aligned}
|\operatorname{tr}(B T V A)| & =\left|\sum_{i \in I}\left\langle B T V A e_{i}, e_{i}\right\rangle\right| \leq \sum_{i \in I}\left|\left\langle B T V A e_{i}, e_{i}\right\rangle\right| \\
& \left.\left.\leq\left. r(V) \sum_{i \in I}\langle | f(|T|) A\right|^{2} e_{i}, e_{i}\right\rangle\left.^{1 / 2}\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} e_{i}, e_{i}\right\rangle^{1 / 2} \\
& \left.\left.\leq r(V)\left(\left.\sum_{i \in I}\langle | f(|T|) A\right|^{2} e_{i}, e_{i}\right\rangle\right)\left.^{1 / 2}\left\langle\sum_{i \in I}\right| g\left(\left|T^{*}\right|\right) B^{*}\right|^{2} e_{i}, e_{i}\right\rangle^{1 / 2} \\
& =r(V)\|f(|T|) A\|_{2}\left\|g\left(\left|T^{*}\right|\right) B^{*}\right\|_{2}
\end{aligned}
$$

which proves (4.12).
Corollary 5. Let $p, q \geq 0$ with $p+q \geq 1$ and such that $X, A, B \in \mathcal{B}(H)$ with $f\left(|X|^{p}\right) A, g\left(\left|X^{*}\right|^{p}\right) B^{*} \in \mathcal{B}_{2}(H)$, then $B X|X|^{p+q-1} A \in \mathcal{B}_{1}(H)$ and

$$
\begin{equation*}
\left|\operatorname{tr}\left(B X|X|^{p+q-1} A\right)\right| \leq\|X\|^{q}\left\|f\left(|X|^{p}\right) A\right\|_{2}\left\|g\left(\left|X^{*}\right|^{p}\right) B^{*}\right\|_{2} \tag{4.13}
\end{equation*}
$$

If $X, A, B \in \mathcal{B}(H)$ and $\lambda \in[0,1]$ such that $f\left(|X|^{\lambda}\right) A, g\left(\left|X^{*}\right|^{\lambda}\right) B^{*} \in \mathcal{B}_{2}(H)$, then $B X A \in \mathcal{B}_{1}(H)$ and

$$
\begin{equation*}
|\operatorname{tr}(B X A)| \leq\|X\|^{1-\lambda}\left\|f\left(|X|^{\lambda}\right) A\right\|_{2}\left\|g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right\|_{2} \tag{4.14}
\end{equation*}
$$

If we take $f(t)=t^{\alpha}, g(t)=t^{1-\alpha}$ with $\alpha \in[0,1]$, then we have for $|T|^{\alpha} A$, $\left|T^{*}\right|^{1-\alpha} B^{*} \in \mathcal{B}_{2}(H)$, that

$$
\begin{equation*}
|\operatorname{tr}(B T V A)| \leq r(V)\left\||T|^{\alpha} A\right\|_{2}\left\|\left|T^{*}\right|^{1-\alpha} B^{*}\right\|_{2} \tag{4.15}
\end{equation*}
$$

provided that $|T| V=V^{*}|T|$.
Also, if $|X|^{\alpha p} A,\left|X^{*}\right|^{(1-\alpha) p} B^{*} \in \mathcal{B}_{2}(H)$, then $B X|X|^{p+q-1} A \in \mathcal{B}_{1}(H)$ and

$$
\begin{equation*}
\left|\operatorname{tr}\left(B X|X|^{p+q-1} A\right)\right| \leq\|X\|^{q}\left\||X|^{\alpha p} A\right\|_{2}\left\|\left|X^{*}\right|^{(1-\alpha) p} B^{*}\right\|_{2} \tag{4.16}
\end{equation*}
$$

Moreover, if $|X|^{\alpha \lambda} A,\left|X^{*}\right|^{(1-\alpha) \lambda} B^{*} \in \mathcal{B}_{2}(H)$, then

$$
\begin{equation*}
|\operatorname{tr}(B X A)| \leq\|X\|^{1-\lambda}\left\||X|^{\alpha \lambda} A\right\|_{2}\left\|\left|X^{*}\right|^{(1-\alpha) \lambda} B^{*}\right\|_{2} \tag{4.17}
\end{equation*}
$$

For $\mathcal{E}:=\left\{e_{i}\right\}_{i \in I}$ an orthonormal basis of $H$ we define for $A \in \mathcal{B}_{p}(H), p \geq 1$

$$
\|A\|_{\mathcal{E}, p}:=\left(\sum_{i \in I}\left|\left\langle A e_{i}, e_{i}\right\rangle\right|^{p}\right)^{1 / p}
$$

We observe that $\|\cdot\|_{\mathcal{E}, p}$ is a norm on $\mathcal{B}_{p}(H)$ and $\|A\|_{\mathcal{E}, p} \leq\|A\|_{p}$ for $A \in \mathcal{B}_{p}(H)$.
We also have:
Proposition 3. Assume that $f$ and $g$ are non-negative functions on $[0, \infty)$ which are continuous and satisfying the relation $f(t) g(t)=t$ for all $t \in[0, \infty)$. Let $T, V$ be operators in $\mathcal{B}(H)$ such that $|T| V=V^{*}|T|$, then for $A, B \in \mathcal{B}(H)$ with $f(|T|) A$, $g\left(\left|T^{*}\right|\right) B^{*} \in \mathcal{B}_{2 p}(H), s \geq 1$, we have that

$$
\begin{equation*}
\|B T V A\|_{\mathcal{E}, p}^{s} \leq \frac{1}{2} r^{s}(V)\left(\|f(|T|) A\|_{2 s}^{2 s}+\left\|g\left(\left|T^{*}\right|\right) B^{*}\right\|_{2 s}^{2 s}\right) \tag{4.18}
\end{equation*}
$$

In particular, for $s=1$, we get

$$
\begin{equation*}
\|B T V A\|_{\mathcal{E}, 1} \leq \frac{1}{2} r(V)\left(\|f(|T|) A\|_{2}^{2}+\left\|g\left(\left|T^{*}\right|\right) B^{*}\right\|_{2}^{2}\right) \tag{4.19}
\end{equation*}
$$

Proof. If $\mathcal{E}:=\left\{e_{i}\right\}_{i \in I}$ is an orthonormal basis of $H$ we have by (2.5) that

$$
\left|\left\langle B T V A e_{i}, e_{i}\right\rangle\right|^{s} \leq r^{s}(V)\left\langle\frac{|f(|T|) A|^{2 s}+\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2 s}}{2} e_{i}, e_{i}\right\rangle
$$

for all $i \in I$.
If we sum over $i \in I$, then we get

$$
\begin{aligned}
\|B T V A\|_{\mathcal{E}, p}^{s} & =\sum_{i \in I}\left|\left\langle B T V A e_{i}, e_{i}\right\rangle\right|^{s} \\
& \leq r^{s}(V) \sum_{i \in I}\left\langle\frac{|f(|T|) A|^{2 s}+\left|g\left(\left|T^{*}\right|\right) B^{*}\right|^{2 s}}{2} e_{i}, e_{i}\right\rangle \\
& \left.\left.=\frac{1}{2} r^{s}(V)\left[\left.\sum_{i \in I}\langle | f(|T|) A\right|^{2 s} e_{i}, e_{i}\right\rangle+\left.\sum_{i \in I}\langle | g\left(\left|T^{*}\right|\right) B^{*}\right|^{2 s} e_{i}, e_{i}\right\rangle\right] \\
& =\frac{1}{2} r^{s}(V)\left(\|f(|T|) A\|_{2 s}^{2 s}+\left\|g\left(\left|T^{*}\right|\right) B^{*}\right\|_{2 s}^{2 s}\right)
\end{aligned}
$$

which proves (4.18).
Corollary 6. Let $p, q \geq 0$ with $p+q \geq 1$ and such that $X, A, B \in \mathcal{B}(H)$ with $f\left(|X|^{p}\right) A, g\left(\left|X^{*}\right|^{p}\right) B^{*} \in \mathcal{B}_{2 s}(H), s \geq 1$, then

$$
\begin{equation*}
\left\|B X|X|^{p+q-1} A\right\|_{\mathcal{E}, s}^{s} \leq \frac{1}{2}\|X\|^{s q}\left(\left\|f\left(|X|^{p}\right) A\right\|_{2 s}^{2 s}+\left\|g\left(\left|X^{*}\right|^{p}\right) B^{*}\right\|_{2 s}^{2 s}\right) \tag{4.20}
\end{equation*}
$$

and, in particular,

$$
\begin{equation*}
\left\|B X|X|^{p+q-1} A\right\|_{\mathcal{E}, 1} \leq \frac{1}{2}\|X\|^{q}\left(\left\|f\left(|X|^{p}\right) A\right\|_{2}^{2}+\left\|g\left(\left|X^{*}\right|^{p}\right) B^{*}\right\|_{2}^{2}\right) \tag{4.21}
\end{equation*}
$$

If $X, A, B \in \mathcal{B}(H)$ and $\lambda \in[0,1]$ such that $f\left(|X|^{\lambda}\right) A, g\left(\left|X^{*}\right|^{\lambda}\right) B^{*} \in \mathcal{B}_{2 s}(H), s \geq$ 1 , then

$$
\begin{equation*}
\|B X A\|_{\mathcal{E}, s}^{s} \leq\|X\|^{(1-\lambda) s}\left(\left\|f\left(|X|^{\lambda}\right) A\right\|_{2 s}^{2 s}+\left\|g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right\|_{2 s}^{2 s}\right) \tag{4.22}
\end{equation*}
$$

and, in particular

$$
\begin{equation*}
\|B X A\|_{\mathcal{E}, 1} \leq\|X\|^{1-\lambda}\left(\left\|f\left(|X|^{\lambda}\right) A\right\|_{2}^{2}+\left\|g\left(\left|X^{*}\right|^{\lambda}\right) B^{*}\right\|_{2}^{2}\right) . \tag{4.23}
\end{equation*}
$$

If we take $f(t)=t^{\alpha}, g(t)=t^{1-\alpha}$ with $\alpha \in[0,1]$ in Proposition 3, then we have for $|T|^{\alpha} A,\left|T^{*}\right|^{1-\alpha} B^{*} \in \mathcal{B}_{2 s}(H)$, that

$$
\begin{equation*}
\|B T V A\|_{\mathcal{E}, p}^{s} \leq \frac{1}{2} r^{s}(V)\left(\left\||T|^{\alpha} A\right\|_{2 s}^{2 s}+\left\|\left|T^{*}\right|^{1-\alpha} B^{*}\right\|_{2 s}^{2 s}\right) \tag{4.24}
\end{equation*}
$$

provided that $|T| V=V^{*}|T|$. For $s=1$ we derive that

$$
\begin{equation*}
\|B T V A\|_{\mathcal{E}, p} \leq \frac{1}{2} r(V)\left(\left\||T|^{\alpha} A\right\|_{2}^{2}+\left\|\left|T^{*}\right|^{1-\alpha} B^{*}\right\|_{2}^{2}\right) \tag{4.25}
\end{equation*}
$$

If we take these functions in Corollary 6, then we get the power inequalities

$$
\begin{equation*}
\left\|B X|X|^{p+q-1} A\right\|_{\mathcal{E}, s}^{s} \leq \frac{1}{2}\|X\|^{s q}\left(\left\||X|^{\alpha p} A\right\|_{2 s}^{2 s}+\left\|\left|X^{*}\right|^{(1-\alpha) p} B^{*}\right\|_{2 s}^{2 s}\right) \tag{4.26}
\end{equation*}
$$

and, in particular,

$$
\begin{equation*}
\left\|B X|X|^{p+q-1} A\right\|_{\mathcal{E}, 1} \leq \frac{1}{2}\|X\|^{q}\left(\left\||X|^{\alpha p} A\right\|_{2}^{2}+\left\|\left|X^{*}\right|^{(1-\alpha) p} B^{*}\right\|_{2}^{2}\right) \tag{4.27}
\end{equation*}
$$

If $X, A, B \in \mathcal{B}(H)$ and $\lambda \in[0,1]$ such that $|X|^{\alpha \lambda} A,\left|X^{*}\right|^{(1-\alpha) \lambda} B^{*} \in \mathcal{B}_{2 s}(H), s \geq$ 1, then

$$
\begin{equation*}
\|B X A\|_{\mathcal{E}, s}^{s} \leq\|X\|^{(1-\lambda) s}\left(\left\||X|^{\alpha \lambda} A\right\|_{2 s}^{2 s}+\left\|\left|X^{*}\right|^{(1-\alpha) \lambda} B^{*}\right\|_{2 s}^{2 s}\right) \tag{4.28}
\end{equation*}
$$

and, in particular

$$
\begin{equation*}
\|B X A\|_{\mathcal{E}, 1} \leq\|X\|^{1-\lambda}\left(\left\||X|^{\alpha \lambda} A\right\|_{2}^{2}+\left\|\left|X^{*}\right|^{(1-\alpha) \lambda} B^{*}\right\|_{2}^{2}\right) \tag{4.29}
\end{equation*}
$$

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[^0]:    1991 Mathematics Subject Classification. 47A63, 26D15, 46C05.
    Key words and phrases. Bounded operators, Aluthge transform, Dougal transform, Partial isometry, Numerical radius.

