

**VECTOR INEQUALITIES IN TERMS OF SPECTRAL RADIUS
OF OPERATORS IN HILBERT SPACES WITH APPLICATIONS
TO NUMERICAL RADIUS AND p -SCHATTEN NORMS**

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ABSTRACT. Let H be a complex Hilbert space. Assume that f and g are non-negative functions on $[0, \infty)$ which are continuous and satisfying the relation $f(t)g(t) = t$ for all $t \in [0, \infty)$. In this paper we show among others that, if T and V are operators in $\mathcal{B}(H)$ such that $|T|V = V^*|T|$, then for $A, B \in \mathcal{B}(H)$ we have

$$|\langle BTV Ax, x \rangle|^{2r} \leq \frac{1}{2} r^{2r} (V) \left(\left\langle \left(\frac{1}{p} |f(|T|) A|^{2pr} + \frac{1}{q} |g(|T^*|) B^*|^{2qr} \right) x, x \right\rangle + \left\langle |g(|T^*|) B^*|^2 |f(|T|) A|^2 x, x \right\rangle^r \right)$$

provided that $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, for $x \in H$ with $\|x\| = 1$. Also, we have the numerical radius inequality

$$|\omega(BTV A)|^{2r} \leq \frac{1}{2} r^{2r} (V) \left(\left\| \frac{1}{p} |f(|T|) A|^{2pr} + \frac{1}{q} |g(|T^*|) B^*|^{2qr} \right\| + \omega^r \left(|g(|T^*|) B^*|^2 |f(|T|) A|^2 \right) \right)$$

and the trace inequality

$$\|BTV A\|_{\mathcal{E}, 2r}^{2r} \leq \frac{1}{2} r^{2r} (V) \left[\text{tr} \left(\frac{1}{p} |f(|T|) A|^{2pr} + \frac{1}{q} |g(|T^*|) B^*|^{2qr} \right) + \left\| |g(|T^*|) B^*|^2 |f(|T|) A|^2 \right\|_r^r \right].$$

provided that

$$|f(|T|) A|^{2pr}, |g(|T^*|) B^*|^{2qr}, |g(|T^*|) B^*|^2 |f(|T|) A|^2 \in \mathcal{B}_1(H)$$

and $\|A\|_{\mathcal{E}, p} := (\sum_{i \in I} |\langle Ae_i, e_i \rangle|^p)^{1/p}$ for $A \in \mathcal{B}_p(H)$, $p \geq 1$.

1. INTRODUCTION

The *numerical radius* $w(T)$ of an operator T on H is given by

$$(1.1) \quad \omega(T) = \sup \{ |\langle Tx, x \rangle|, \|x\| = 1 \}.$$

Obviously, by (1.1), for any $x \in H$ one has

$$(1.2) \quad |\langle Tx, x \rangle| \leq w(T) \|x\|^2.$$

It is well known that $w(\cdot)$ is a norm on the Banach algebra $B(H)$ of all bounded linear operators $T : H \rightarrow H$, i.e.,

- (i) $\omega(T) \geq 0$ for any $T \in B(H)$ and $\omega(T) = 0$ if and only if $T = 0$;
- (ii) $\omega(\lambda T) = |\lambda| \omega(T)$ for any $\lambda \in \mathbb{C}$ and $T \in B(H)$;

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(iii) $\omega(T + V) \leq \omega(T) + \omega(V)$ for any $T, V \in B(H)$.

This norm is equivalent with the operator norm. In fact, the following more precise result holds:

$$(1.3) \quad \omega(T) \leq \|T\| \leq 2\omega(T)$$

for any $T \in B(H)$.

F. Kittaneh, in 2003 [11], showed that for any operator $T \in B(H)$ we have the following refinement of the first inequality in (1.3):

$$(1.4) \quad \omega(T) \leq \frac{1}{2} \left(\|T\| + \|T^2\|^{1/2} \right).$$

Utilizing the Cartesian decomposition for operators, F. Kittaneh in [12] improved the inequality (1.3) as follows:

$$(1.5) \quad \frac{1}{4} \|T^*T + TT^*\| \leq \omega^2(T) \leq \frac{1}{2} \|T^*T + TT^*\|$$

for any operator $T \in B(H)$.

For powers of the absolute value of operators, one can state the following results obtained by El-Haddad & Kittaneh in 2007, [8]:

If for an operator $T \in B(H)$ we denote $|T| := (T^*T)^{1/2}$, then

$$(1.6) \quad \omega^r(T) \leq \frac{1}{2} \left\| |T|^{2\alpha r} + |T^*|^{2(1-\alpha)r} \right\|$$

and

$$(1.7) \quad \omega^{2r}(T) \leq \left\| \alpha |T|^{2r} + (1-\alpha) |T^*|^{2r} \right\|,$$

where $\alpha \in (0, 1)$ and $r \geq 1$.

If we take $\alpha = \frac{1}{2}$ and $r = 1$ we get from (1.6) that

$$(1.8) \quad \omega(T) \leq \frac{1}{2} \left(\| |T| + |T^*| \| \right)$$

and from (1.7) that

$$(1.9) \quad \omega^2(T) \leq \frac{1}{2} \left\| |T|^2 + |T^*|^2 \right\|.$$

For more related results, see the recent books on inequalities for numerical radii [7] and [4].

Let $T = U|T|$ be the *polar decomposition* of the bounded linear operator T . The *Aluthge transform* \tilde{T} of T is defined by $\tilde{T} := |T|^{1/2} U |T|^{1/2}$, see [1].

The following properties of \tilde{T} are as follows:

- (i) $\|\tilde{T}\| \leq \|T\|$,
- (ii) $w(\tilde{T}) \leq \omega(T)$,
- (iii) $r(\tilde{T}) = \omega(T)$,
- (iv) $\omega(\tilde{T}) \leq \|T^2\|^{1/2} (\leq \|T\|)$, [15].

Utilizing this transform T. Yamazaki, [15] obtained in 2007 the following refinement of Kittaneh's inequality (1.4):

$$(1.10) \quad \omega(T) \leq \frac{1}{2} \left(\|T\| + \omega(\tilde{T}) \right) \leq \frac{1}{2} \left(\|T\| + \|T^2\|^{1/2} \right)$$

for any operator $T \in B(H)$.

We remark that if $\tilde{T} = 0$, then obviously $w(T) = \frac{1}{2} \|T\|$.

Abu-Omar and Kittaneh [2] improved on inequality (1.10) using generalized Aluthge transform to prove that

$$\omega(T) \leq \frac{1}{2} \left(\|T\| + \min_{t \in [0,1]} \omega(\Delta_t(T)) \right).$$

For $t = 1$ this also gives the following result for the *Dougal transform*

$$(1.11) \quad \omega(T) \leq \frac{1}{2} \left(\|T\| + \omega(\hat{T}) \right).$$

In [3] Bunia et al. also proved that

$$\omega(T) \leq \min_{t \in [0,1]} \left\{ \frac{1}{2} \omega(\Delta_t(T)) + \frac{1}{4} \left(\|T\|^{2t} + \|T\|^{2(1-t)} \right) \right\},$$

which for $t = 1/2$ gives (1.10) as well.

In 1988, F. Kittaneh obtained the following generalization of Schwarz inequality [10]:

Theorem 1. *Assume that f and g are non-negative functions on $[0, \infty)$ which are continuous and satisfying the relation $f(t)g(t) = t$ for all $t \in [0, \infty)$. Let T, V be operators in $V(H)$ such that $|T|V = V^*|T|$, then*

$$(1.12) \quad |\langle TVx, y \rangle| \leq r(V) \|f(|T|x)\| \|g(|T^*|y)\|$$

for all $x, y \in H$, where $r(V)$ denotes the spectral radius of V .

If we take $f(t) = t^\alpha$ and $g(t) = t^{1-\alpha}$ for $\alpha \in [0, 1]$ and $t > 0$,

$$(1.13) \quad |\langle TVx, y \rangle| \leq r(V) \| |T|^\alpha x \| \| |T^*|^{1-\alpha} y \|$$

for all $x, y \in H$.

2. MAIN RESULTS

We recall the following vector inequality for positive operators $A \geq 0$, obtained by C. A. McCarthy in [13]

$$(2.1) \quad \langle Ax, x \rangle^p \leq \langle A^p x, x \rangle, \quad p \geq 1$$

for $x \in H$, $\|x\| = 1$ and *Buzano's inequality* [5],

$$(2.2) \quad |\langle x, e \rangle \langle e, y \rangle| \leq \frac{1}{2} [\|x\| \|y\| + |\langle x, y \rangle|]$$

that holds for any $x, y, e \in H$, $\|e\| = 1$.

Our first main result is as follows:

Theorem 2. *Assume that f and g are non-negative functions on $[0, \infty)$ which are continuous and satisfying the relation $f(t)g(t) = t$ for all $t \in [0, \infty)$. Let T, V be operators in $\mathcal{B}(H)$ such that $|T|V = V^*|T|$, then for $A, B \in \mathcal{B}(H)$ we have that*

$$(2.3) \quad \begin{aligned} & |\langle BTVAx, x \rangle|^{2r} \\ & \leq r^{2r}(V) \left\langle \left[\frac{1}{p} |f(|T|)A|^{2pr} + \frac{1}{q} |g(|T^*|)B^*|^{2qr} \right] x, x \right\rangle \end{aligned}$$

for $x \in H$ with $\|x\| = 1$, provided that $r > 0$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 1$.

If $r \geq 1$,

$$(2.4) \quad \begin{aligned} & |\langle BTV Ax, x \rangle|^{2r} \\ & \leq \frac{1}{2} r^{2r} (V) \\ & \quad \times \left(\left\| |f(|T|) A|^2 x \right\|^r \left\| |g(|T^*) B^*|^2 x \right\|^r + \left\langle |g(|T^*) B^*|^2 |f(|T|) A|^2 x, x \right\rangle^r \right) \end{aligned}$$

for $x \in H$ with $\|x\| = 1$.

If $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, then also

$$(2.5) \quad \begin{aligned} & |\langle BTV Ax, x \rangle|^{2r} \\ & \leq \frac{1}{2} r^{2r} (V) \left(\left\langle \left(\frac{1}{p} |f(|T|) A|^{2pr} + \frac{1}{q} |g(|T^*) B^*|^{2qr} \right) x, x \right\rangle \right. \\ & \quad \left. + \left\langle |g(|T^*) B^*|^2 |f(|T|) A|^2 x, x \right\rangle^r \right) \end{aligned}$$

for $x \in H$ with $\|x\| = 1$.

Proof. Observe that by (1.12) we have

$$\begin{aligned} |\langle TV x, y \rangle|^2 & \leq r^2 (V) \|f(|T|) x\|^2 \|g(|T^*) y\|^2 \\ & = r^2 (V) \langle f(|T|) x, f(|T|) x \rangle \langle g(|T^*) y, g(|T^*) y \rangle \\ & = r^2 (V) \langle f^2(|T|) x, x \rangle \langle g^2(|T^*) y, y \rangle \end{aligned}$$

for all $x, y \in H$.

If we take Ax instead of x and B^*y instead of y , then we get

$$\begin{aligned} |\langle TV Ax, B^*y \rangle|^2 & \leq r^2 (V) \langle f^2(|T|) Ax, Ax \rangle \langle g^2(|T^*) B^*y, B^*y \rangle \\ & = r^2 (V) \langle A^* f^2(|T|) Ax, x \rangle \langle B g^2(|T^*) B^*y, y \rangle \\ & = r^2 (V) \langle (f(|T|) Ax)^* f(|T|) Ax, x \rangle \\ & \quad \times \langle (g(|T^*) B^*)^* g(|T^*) B^*y, y \rangle \\ & = r^2 (V) \left\langle |f(|T|) A|^2 x, x \right\rangle \left\langle |g(|T^*) B^*|^2 y, y \right\rangle, \end{aligned}$$

namely

$$(2.6) \quad |\langle BTV Ax, y \rangle|^2 \leq r^2 (V) \left\langle |f(|T|) A|^2 x, x \right\rangle \left\langle |g(|T^*) B^*|^2 y, y \right\rangle$$

for all $x, y \in H$ and, in particular

$$(2.7) \quad |\langle BTV Ax, x \rangle|^2 \leq r^2 (V) \left\langle |f(|T|) A|^2 x, x \right\rangle \left\langle |g(|T^*) B^*|^2 x, x \right\rangle$$

for all $x \in H$.

If we take the power $r > 0$ in (2.7), then we get, by Young and McCarthy inequalities, that

$$\begin{aligned}
& |\langle BTVAx, x \rangle|^{2r} \\
& \leq r^{2r} (V) \left\langle |f(|T|)A|^2 x, x \right\rangle^r \left\langle |g(|T^*|)B^*|^2 x, x \right\rangle^r \\
& \leq r^{2r} (V) \left[\frac{1}{p} \left\langle |f(|T|)A|^2 x, x \right\rangle^{pr} + \frac{1}{q} \left\langle |g(|T^*|)B^*|^2 x, x \right\rangle^{qr} \right] \\
& \leq r^{2r} (V) \left[\frac{1}{p} \left\langle |f(|T|)A|^{2pr} x, x \right\rangle + \frac{1}{q} \left\langle |g(|T^*|)B^*|^{2qr} x, x \right\rangle \right] \\
& = r^{2r} (V) \left\langle \left[\frac{1}{p} |f(|T|)A|^{2pr} + \frac{1}{q} |g(|T^*|)B^*|^{2qr} \right] x, x \right\rangle
\end{aligned}$$

for $x \in H$ with $\|x\| = 1$, which proves (2.3).

Let $x \in H$, $\|x\| = 1$, then by Buzano's inequality we derive

$$\begin{aligned}
& \left\langle |f(|T|)A|^2 x, x \right\rangle \left\langle |g(|T^*|)B^*|^2 x, x \right\rangle \\
& \leq \frac{1}{2} \left[\left\| |f(|T|)A|^2 x \right\| \left\| |g(|T^*|)B^*|^2 x \right\| + \left\langle |f(|T|)A|^2 x, |g(|T^*|)B^*|^2 x \right\rangle \right] \\
& = \frac{1}{2} \left[\left\| |f(|T|)A|^2 x \right\| \left\| |g(|T^*|)B^*|^2 x \right\| + \left\langle |g(|T^*|)B^*|^2 |f(|T|)A|^2 x, x \right\rangle \right].
\end{aligned}$$

By making use of (2.7) we get

$$\begin{aligned}
(2.8) \quad & |\langle BTVAx, x \rangle|^2 \\
& \leq \frac{1}{2} r^2 (V) \\
& \quad \times \left[\left\| |f(|T|)A|^2 x \right\| \left\| |g(|T^*|)B^*|^2 x \right\| + \left\langle |g(|T^*|)B^*|^2 |f(|T|)A|^2 x, x \right\rangle \right]
\end{aligned}$$

for $x \in H$, $\|x\| = 1$.

By taking the power $r \geq 1$ in (2.8) and using the convexity of the power function, we get

$$\begin{aligned}
(2.9) \quad & |\langle BTVAx, x \rangle|^{2r} \\
& \leq r^{2r} (V) \\
& \quad \times \left[\frac{\left\| |f(|T|)A|^2 x \right\| \left\| |g(|T^*|)B^*|^2 x \right\| + \left\langle |g(|T^*|)B^*|^2 |f(|T|)A|^2 x, x \right\rangle}{2} \right]^r \\
& \leq r^{2r} (V) \\
& \quad \times \frac{\left\| |f(|T|)A|^2 x \right\|^r \left\| |g(|T^*|)B^*|^2 x \right\|^r + \left\langle |g(|T^*|)B^*|^2 |f(|T|)A|^2 x, x \right\rangle^r}{2}
\end{aligned}$$

for $x \in H$ with $\|x\| = 1$, which proves (2.4).

Also, observe that

$$\begin{aligned}
& \left\| |f(|T|)A|^2 x \right\|^r \left\| |g(|T^*|)B^*|^2 x \right\|^r \\
& \leq \frac{1}{p} \left\| |f(|T|)A|^2 x \right\|^{pr} + \frac{1}{q} \left\| |g(|T^*|)B^*|^2 x \right\|^{qr} \\
& = \frac{1}{p} \left\| |f(|T|)A|^2 x \right\|^{2\frac{pr}{2}} + \frac{1}{q} \left\| |g(|T^*|)B^*|^2 x \right\|^{2\frac{qr}{2}} \\
& = \frac{1}{p} \left\langle |f(|T|)A|^4 x, x \right\rangle^{\frac{pr}{2}} + \frac{1}{q} \left\langle |g(|T^*|)B^*|^4 x, x \right\rangle^{\frac{qr}{2}} \\
& \leq \frac{1}{p} \left\langle |f(|T|)A|^{2pr} x, x \right\rangle + \frac{1}{q} \left\langle |g(|T^*|)B^*|^{2qr} x, x \right\rangle \\
& = \left\langle \left(\frac{1}{p} |f(|T|)A|^{2pr} + \frac{1}{q} |g(|T^*|)B^*|^{2qr} \right) x, x \right\rangle,
\end{aligned}$$

then

$$\begin{aligned}
& \frac{\left\| |f(|T|)A|^2 x \right\|^r \left\| |g(|T^*|)B^*|^2 x \right\|^r + \left\langle |g(|T^*|)B^*|^2 |f(|T|)A|^2 x, x \right\rangle^r}{2} \\
& \leq \frac{1}{2} \left\langle \left(\frac{1}{p} |f(|T|)A|^{2pr} + \frac{1}{q} |g(|T^*|)B^*|^{2qr} \right) x, x \right\rangle \\
& + \frac{1}{2} \left\langle |g(|T^*|)B^*|^2 |f(|T|)A|^2 x, x \right\rangle^r
\end{aligned}$$

and by (2.9) we get

$$\begin{aligned}
|\langle BTV Ax, x \rangle|^{2r} & \leq \frac{1}{2} r^{2r} (V) \left\langle \left(\frac{1}{p} |f(|T|)A|^{2pr} + \frac{1}{q} |g(|T^*|)B^*|^{2qr} \right) x, x \right\rangle \\
& + \frac{1}{2} r^{2r} (V) \left\langle |g(|T^*|)B^*|^2 |f(|T|)A|^2 x, x \right\rangle^r
\end{aligned}$$

or $x \in H$ with $\|x\| = 1$. This proves (2.5). \square

Remark 1. If we take $r = 1/2$ and $p = q = 2$ in (2.3), then we get

$$(2.10) \quad |\langle BTV Ax, x \rangle| \leq \frac{1}{2} r (V) \left\langle \left[|f(|T|)A|^2 + |g(|T^*|)B^*|^2 \right] x, x \right\rangle$$

for $x \in H$ with $\|x\| = 1$.

The choice $r = 1$ in the same inequality produces

$$(2.11) \quad |\langle BTV Ax, x \rangle|^2 \leq r^2 (V) \left\langle \left[\frac{1}{p} |f(|T|)A|^{2p} + \frac{1}{q} |g(|T^*|)B^*|^{2q} \right] x, x \right\rangle$$

for $x \in H$ with $\|x\| = 1$, provided that $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$.

For $r = 1$ in (2.4) we obtain

$$(2.12) \quad |\langle BTV Ax, x \rangle|^2 \leq \frac{1}{2} r^2 (V) \left(\left\| |f(|T|)A|^2 x \right\| \left\| |g(|T^*|)B^*|^2 x \right\| + \left\langle |g(|T^*|)B^*|^2 |f(|T|)A|^2 x, x \right\rangle \right)$$

for $x \in H$ with $\|x\| = 1$.

If we take $r = 1$ in (2.5), then we get

$$(2.13) \quad \begin{aligned} & |\langle BTV Ax, x \rangle|^2 \\ & \leq \frac{1}{2} r^2 (V) \left(\left\langle \left(\frac{1}{p} |f(|T|) A|^{2p} + \frac{1}{q} |g(|T^*|) B^*|^{2q} \right) x, x \right\rangle \right. \\ & \quad \left. + \left\langle |g(|T^*|) B^*|^2 |f(|T|) A|^2 x, x \right\rangle \right) \end{aligned}$$

for $x \in H$ with $\|x\| = 1$, provided that $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$.

Corollary 1. Assume that f and g are non-negative functions on $[0, \infty)$ that are continuous and satisfying the relation $f(t)g(t) = t$ for all $t \in [0, \infty)$. Let $X, A, B \in \mathcal{B}(H)$, then for all $\alpha, \beta \geq 0$ with $\alpha + \beta \geq 1$, we have

$$(2.14) \quad \begin{aligned} & \left| \left\langle BX |X|^{\alpha+\beta-1} Ax, x \right\rangle \right|^{2r} \\ & \leq \|X\|^{2\beta r} \left\langle \left[\frac{1}{p} |f(|X|^\alpha) A|^{2pr} + \frac{1}{q} |g(|X^*|^\alpha) B^*|^{2qr} \right] x, x \right\rangle \end{aligned}$$

for $x \in H$ with $\|x\| = 1$, provided that $r > 0$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 1$.

If $r \geq 1$,

$$(2.15) \quad \begin{aligned} & \left| \left\langle BX |X|^{\alpha+\beta-1} Ax, x \right\rangle \right|^{2r} \\ & \leq \frac{1}{2} \|X\|^{2\beta r} \left(\left\| |f(|X|^\alpha) A|^2 x \right\|^r \left\| |g(|X^*|^\alpha) B^*|^2 x \right\|^r \right. \\ & \quad \left. + \left\langle |g(|X^*|^\alpha) B^*|^2 |f(|X|^\alpha) A|^2 x, x \right\rangle^r \right) \end{aligned}$$

for $x \in H$ with $\|x\| = 1$.

If $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, then also

$$(2.16) \quad \begin{aligned} & \left| \left\langle BX |X|^{\alpha+\beta-1} Ax, x \right\rangle \right|^{2r} \\ & \leq \frac{1}{2} \|X\|^{2\beta r} \left(\left\langle \left(\frac{1}{p} |f(|X|^\alpha) A|^{2pr} + \frac{1}{q} |g(|X^*|^\alpha) B^*|^{2qr} \right) x, x \right\rangle \right. \\ & \quad \left. + \left\langle |g(|X^*|^\alpha) B^*|^2 |f(|X|^\alpha) A|^2 x, x \right\rangle^r \right) \end{aligned}$$

for $x \in H$ with $\|x\| = 1$.

Proof. Let $X = U|X|$ be the polar decomposition of the bounded linear operator X , with U a partial isometry. If we take $T = U|X|^\alpha$ and $V = |X|^\beta$, then we have

$$TV = U|X|^{\alpha+\beta} = X|X|^{\alpha+\beta-1}, \quad |T| = |X|^\alpha \quad \text{and} \quad |T^*| = |X^*|^\alpha$$

and since

$$|T|V = |X|^{\alpha+\beta} = V^*|T|$$

and

$$r(V) = r(|X|^\beta) = \left\| |X|^\beta \right\| = \|X\|^\beta,$$

hence by Theorem 2 we derive the desired inequalities. \square

Remark 2. Let $\alpha \in [0, 1]$. If we take $\beta = 1 - \alpha$ in Corollary 1, then we get

$$(2.17) \quad |\langle BXA x, x \rangle|^{2r} \\ \leq \|X\|^{2(1-\alpha)r} \left\langle \left[\frac{1}{p} |f(|X|^\alpha) A|^{2pr} + \frac{1}{q} |g(|X^*|^\alpha) B^*|^{2qr} \right] x, x \right\rangle$$

for $x \in H$ with $\|x\| = 1$, provided that $r > 0$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 1$.

If $r \geq 1$,

$$(2.18) \quad |\langle BXA x, x \rangle|^{2r} \\ \leq \frac{1}{2} \|X\|^{2(1-\alpha)r} \left(\left\| |f(|X|^\alpha) A|^2 x \right\|^r \left\| |g(|X^*|^\alpha) B^*|^2 x \right\|^r \right. \\ \left. + \left\langle |g(|X^*|^\alpha) B^*|^2 |f(|X|^\alpha) A|^2 x, x \right\rangle^r \right)$$

for $x \in H$ with $\|x\| = 1$.

If $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, then also

$$(2.19) \quad |\langle BXA x, x \rangle|^{2r} \\ \leq \frac{1}{2} \|X\|^{2(1-\alpha)r} \left(\left\langle \left(\frac{1}{p} |f(|X|^\alpha) A|^{2pr} + \frac{1}{q} |g(|X^*|^\alpha) B^*|^{2qr} \right) x, x \right\rangle \right. \\ \left. + \left\langle |g(|X^*|^\alpha) B^*|^2 |f(|X|^\alpha) A|^2 x, x \right\rangle^r \right)$$

for $x \in H$ with $\|x\| = 1$.

We also have:

Theorem 3. With the assumptions of Theorem 2, we have for $r \geq 1$ and $\delta \in [0, 1]$ that

$$(2.20) \quad |\langle BTV A x, x \rangle|^{2r} \leq r^{2r} (V) \left\langle \left[(1 - \delta) |f(|T|) A|^{2r} + \delta |g(|T^*|) B^*|^{2r} \right] x, x \right\rangle \\ \times \left\langle |f(|T|) A|^2 x, x \right\rangle^{r\delta} \left\langle |g(|T^*|) B^*|^2 x, x \right\rangle^{r(1-\delta)}$$

for all $x \in H$, $\|x\| = 1$.

Also, we have

$$(2.21) \quad |\langle BTV A x, x \rangle|^2 \leq r^2 (V) \left\langle \left[(1 - \delta) |f(|T|) A|^{2r} + \delta |g(|T^*|) B^*|^{2r} \right] x, x \right\rangle^{1/r} \\ \times \left\langle \left[\delta |f(|T|) A|^{2r} + (1 - \delta) |g(|T^*|) B^*|^{2r} \right] x, x \right\rangle^{1/r}$$

for all $x \in H$, $\|x\| = 1$.

Proof. From (2.7) we have for all $\delta \in [0, 1]$ that

$$\begin{aligned} |\langle BTV Ax, x \rangle|^2 &\leq r^2 (V) \left\langle |f(|T|) A|^2 x, x \right\rangle \left\langle |g(|T^*|) B^*|^2 x, x \right\rangle \\ &= r^2 (V) \left\langle |f(|T|) A|^2 x, x \right\rangle^{1-\delta} \left\langle |g(|T^*|) B^*|^2 x, x \right\rangle^\delta \\ &\quad \times \left\langle |f(|T|) A|^2 x, x \right\rangle^\delta \left\langle |g(|T^*|) B^*|^2 x, x \right\rangle^{1-\delta} \\ &\leq r^2 (V) \left[(1-\delta) \left\langle |f(|T|) A|^2 x, x \right\rangle + \delta \left\langle |g(|T^*|) B^*|^2 x, x \right\rangle \right] \\ &\quad \times \left\langle |f(|T|) A|^2 x, x \right\rangle^\delta \left\langle |g(|T^*|) B^*|^2 x, x \right\rangle^{1-\delta} \end{aligned}$$

for all $x \in H$, $\|x\| = 1$.

If we take the power $r \geq 1$, then we get by the convexity of power r that

$$\begin{aligned} (2.22) \quad |\langle BTV Ax, x \rangle|^{2r} &\leq r^{2r} (V) \left[(1-\delta) \left\langle |f(|T|) A|^2 x, x \right\rangle + \delta \left\langle |g(|T^*|) B^*|^2 x, x \right\rangle \right]^r \\ &\quad \times \left\langle |f(|T|) A|^2 x, x \right\rangle^{r\delta} \left\langle |g(|T^*|) B^*|^2 x, x \right\rangle^{r(1-\delta)} \\ &\leq r^{2r} (V) \left[(1-\delta) \left\langle |f(|T|) A|^2 x, x \right\rangle^r + \delta \left\langle |g(|T^*|) B^*|^2 x, x \right\rangle^r \right]^r \\ &\quad \times \left\langle |f(|T|) A|^2 x, x \right\rangle^{r\delta} \left\langle |g(|T^*|) B^*|^2 x, x \right\rangle^{r(1-\delta)} \end{aligned}$$

for all $x \in H$, $\|x\| = 1$.

If we use McCarthy inequality for power $r \geq 1$, then we get

$$\begin{aligned} &(1-\delta) \left\langle |f(|T|) A|^2 x, x \right\rangle^r + \delta \left\langle |g(|T^*|) B^*|^2 x, x \right\rangle^r \\ &\leq (1-\delta) \left\langle |f(|T|) A|^{2r} x, x \right\rangle + \delta \left\langle |g(|T^*|) B^*|^{2r} x, x \right\rangle \\ &= \left\langle \left[(1-\delta) |f(|T|) A|^{2r} + \delta |g(|T^*|) B^*|^{2r} \right] x, x \right\rangle \end{aligned}$$

and by (2.22) we get (2.20).

We also have

$$\begin{aligned} |\langle BTV Ax, x \rangle|^2 &\leq r^2 (V) \left\langle |f(|T|) A|^2 x, x \right\rangle^{1-\delta} \left\langle |g(|T^*|) B^*|^2 x, x \right\rangle^\delta \\ &\quad \times \left\langle |f(|T|) A|^2 x, x \right\rangle^\delta \left\langle |g(|T^*|) B^*|^2 x, x \right\rangle^{1-\delta} \\ &\leq r^2 (V) \left[(1-\delta) \left\langle |f(|T|) A|^2 x, x \right\rangle + \delta \left\langle |g(|T^*|) B^*|^2 x, x \right\rangle \right] \\ &\quad \times \left[\delta \left\langle |f(|T|) A|^2 x, x \right\rangle + (1-\delta) \left\langle |g(|T^*|) B^*|^2 x, x \right\rangle \right], \end{aligned}$$

for all $x \in H$, $\|x\| = 1$.

This implies in the same way that

$$\begin{aligned} |\langle BTV Ax, x \rangle|^{2r} &\leq r^{2r} (V) \left\langle \left[(1-\delta) |f(|T|) A|^{2r} + \delta |g(|T^*|) B^*|^{2r} \right] x, x \right\rangle \\ &\quad \times \left\langle \left[\delta |f(|T|) A|^{2r} + (1-\delta) |g(|T^*|) B^*|^{2r} \right] x, x \right\rangle \end{aligned}$$

for all $x \in H$, $\|x\| = 1$, which proves (2.21). \square

Corollary 2. *With the assumptions of Corollary 1, we have that*

$$(2.23) \quad \begin{aligned} & \left| \left\langle BX |X|^{\alpha+\beta-1} Ax, x \right\rangle \right|^{2r} \\ & \leq \|X\|^{2\beta r} \left\langle \left[(1-\delta) |f(|X|^\alpha) A|^{2r} + \delta |g(|X^{*\alpha}) B^*|^{2r} \right] x, x \right\rangle \\ & \quad \times \left\langle |f(|X|^\alpha) A|^2 x, x \right\rangle^{r\delta} \left\langle |g(|X^{*\alpha}) B^*|^2 x, x \right\rangle^{r(1-\delta)} \end{aligned}$$

for all $x \in H$, $\|x\| = 1$.

Also, we have

$$(2.24) \quad \begin{aligned} & \left| \left\langle BX |X|^{\alpha+\beta-1} Ax, x \right\rangle \right|^2 \\ & \leq \|X\|^{2\beta} \left\langle \left[(1-\delta) |f(|X|^\alpha) A|^{2r} + \delta |g(|X^{*\alpha}) B^*|^{2r} \right] x, x \right\rangle^{1/r} \\ & \quad \times \left\langle \left[\delta |f(|X|^\alpha) A|^{2r} + (1-\delta) |g(|X^{*\alpha}) B^*|^{2r} \right] x, x \right\rangle^{1/r} \end{aligned}$$

for all $x \in H$, $\|x\| = 1$.

For $r \geq 1$ and $\alpha \in [0, 1]$ we derive

$$(2.25) \quad \begin{aligned} & |\langle BXA x, x \rangle|^{2r} \\ & \leq \|X\|^{2(1-\alpha)r} \left\langle \left[(1-\delta) |f(|X|^\alpha) A|^{2r} + \delta |g(|X^{*\alpha}) B^*|^{2r} \right] x, x \right\rangle \\ & \quad \times \left\langle |f(|X|^\alpha) A|^2 x, x \right\rangle^{r\delta} \left\langle |g(|X^{*\alpha}) B^*|^2 x, x \right\rangle^{r(1-\delta)} \end{aligned}$$

for all $x \in H$, $\|x\| = 1$.

Also, we have

$$(2.26) \quad \begin{aligned} & |\langle BXA x, x \rangle|^2 \\ & \leq \|X\|^{2(1-\alpha)} \left\langle \left[(1-\delta) |f(|X|^\alpha) A|^{2r} + \delta |g(|X^{*\alpha}) B^*|^{2r} \right] x, x \right\rangle^{1/r} \\ & \quad \times \left\langle \left[\delta |f(|X|^\alpha) A|^{2r} + (1-\delta) |g(|X^{*\alpha}) B^*|^{2r} \right] x, x \right\rangle^{1/r} \end{aligned}$$

for all $x \in H$, $\|x\| = 1$.

Consider $f(u) = u^\lambda$ and $g(u) = u^{1-\lambda}$ with $\lambda \in [0, 1]$. Let T, V be operators in $\mathcal{B}(H)$ such that $|T|V = V^*|T|$, then for $A, B \in \mathcal{B}(H)$ we have from Theorem 2 that

$$(2.27) \quad |\langle BTV Ax, x \rangle|^{2r} \leq r^{2r} (V) \left\langle \left[\frac{1}{p} |T|^\lambda A|^{2pr} + \frac{1}{q} |T^*|^{1-\lambda} B^*|^{2qr} \right] x, x \right\rangle$$

for $x \in H$ with $\|x\| = 1$, provided that $r > 0$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 1$.

If $r \geq 1$,

$$(2.28) \quad \begin{aligned} |\langle BTV Ax, x \rangle|^{2r} & \leq \frac{1}{2} r^{2r} (V) \left(\left\| |T|^\lambda A \right\|^2 x \right\|^r \left\| |T^*|^{1-\lambda} B^* \right\|^2 x \right\|^r \\ & \quad + \left\langle |T^*|^{1-\lambda} B^* \right\|^2 |T|^\lambda A \right\|^2 x, x \rangle^r \end{aligned}$$

for $x \in H$ with $\|x\| = 1$.

If $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, then also

$$(2.29) \quad |\langle BTV Ax, x \rangle|^{2r} \leq \frac{1}{2} r^{2r} (V) \left(\left\langle \left(\frac{1}{p} |T|^\lambda A \right|^{2pr} + \frac{1}{q} |T^*|^{1-\lambda} B^* \right|^{2qr} \right) x, x \right) \\ + \left\langle |T^*|^{1-\lambda} B^* \right|^2 |T|^\lambda A \right|^2 x, x \right)^r$$

for $x \in H$ with $\|x\| = 1$.

From Corollary 1 we get for $X, A, B \in \mathcal{B}(H)$ and $\alpha, \beta \geq 0$ with $\alpha + \beta \geq 1$, that

$$(2.30) \quad \left| \langle BX |X|^{\alpha+\beta-1} Ax, x \rangle \right|^{2r} \\ \leq \|X\|^{2\beta r} \left\langle \left[\frac{1}{p} |X|^{\lambda\alpha} A \right]^{2pr} + \frac{1}{q} |X^*|^{(1-\lambda)\alpha} B^* \right]^{2qr} x, x \right\rangle$$

for $x \in H$ with $\|x\| = 1$, provided that $r > 0$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 1$.

If $r \geq 1$, then

$$(2.31) \quad \left| \langle BX |X|^{\alpha+\beta-1} Ax, x \rangle \right|^{2r} \\ \leq \frac{1}{2} \|X\|^{2\beta r} \left(\left\| |X|^{\lambda\alpha} A \right|^2 x \right\|^r \left\| |X^*|^{(1-\lambda)\alpha} B^* \right|^2 x \right\|^r \\ + \left\langle |X^*|^{(1-\lambda)\alpha} B^* \right|^2 |X|^{\lambda\alpha} A \right|^2 x, x \right)^r$$

for $x \in H$ with $\|x\| = 1$.

If $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, then also

$$(2.32) \quad \left| \langle BX |X|^{\alpha+\beta-1} Ax, x \rangle \right|^{2r} \\ \leq \frac{1}{2} \|X\|^{2\beta r} \left(\left\langle \left(\frac{1}{p} |X|^{\lambda\alpha} A \right|^{2pr} + \frac{1}{q} |X^*|^{(1-\lambda)\alpha} B^* \right|^{2qr} \right) x, x \right) \\ + \left\langle |X^*|^{(1-\lambda)\alpha} B^* \right|^2 |X|^{\lambda\alpha} A \right|^2 x, x \right)^r$$

for $x \in H$ with $\|x\| = 1$.

Let $\alpha \in [0, 1]$. From Remark 2 we obtain

$$(2.33) \quad |\langle BXA x, x \rangle|^{2r} \\ \leq \|X\|^{2(1-\alpha)r} \left\langle \left[\frac{1}{p} |X|^{\lambda\alpha} A \right]^{2pr} + \frac{1}{q} |X^*|^{(1-\lambda)\alpha} B^* \right]^{2qr} x, x \right\rangle$$

for $x \in H$ with $\|x\| = 1$, provided that $r > 0$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 1$.

If $r \geq 1$, then

$$(2.34) \quad \begin{aligned} & |\langle BXA x, x \rangle|^{2r} \\ & \leq \frac{1}{2} \|X\|^{2(1-\alpha)r} \left(\left\| \left\| |X|^{\lambda\alpha} A \right\|^2 x \right\|^r \left\| \left\| |X^{*(1-\lambda)\alpha} B^* \right\|^2 x \right\|^r \right. \\ & \quad \left. + \left\langle \left\| |X^{*(1-\lambda)\alpha} B^* \right\|^2 \left\| |X|^{\lambda\alpha} A \right\|^2 x, x \right\rangle^r \right) \end{aligned}$$

for $x \in H$ with $\|x\| = 1$.

If $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, then also

$$(2.35) \quad \begin{aligned} & |\langle BXA x, x \rangle|^{2r} \\ & \leq \frac{1}{2} \|X\|^{2(1-\alpha)r} \left(\left\langle \left(\frac{1}{p} \left\| |X|^{\lambda\alpha} A \right\|^{2pr} + \frac{1}{q} \left\| |X^{*(1-\lambda)\alpha} B^* \right\|^{2qr} \right) x, x \right\rangle \right. \\ & \quad \left. + \left\langle \left\| |X^{*(1-\lambda)\alpha} B^* \right\|^2 \left\| |X|^{\lambda\alpha} A \right\|^2 x, x \right\rangle^r \right) \end{aligned}$$

for $x \in H$ with $\|x\| = 1$.

3. NUMERICAL RADIUS INEQUALITIES

We can state the following result:

Proposition 1. *Assume that f and g are non-negative functions on $[0, \infty)$ that are continuous and satisfying the relation $f(t)g(t) = t$ for all $t \in [0, \infty)$. Let T, V be operators in $\mathcal{B}(H)$ such that $|T|V = V^*|T|$, then for $A, B \in \mathcal{B}(H)$ we have the norm inequality*

$$(3.1) \quad |\omega(BTV A)|^{2r} \leq r^{2r} (V) \left\| \frac{1}{p} |f(|T|) A|^{2pr} + \frac{1}{q} |g(|T^*|) B^*|^{2qr} \right\|,$$

provided that $r > 0$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 1$.

If $r \geq 1$,

$$(3.2) \quad |\omega(BTV A)|^{2r} \leq \frac{1}{2} r^{2r} (V) \left(\|f(|T|) A\|^{2r} \|g(|T^*|) B^*\|^{2r} \right.$$

$$(3.3) \quad \left. + \omega^r \left(|g(|T^*|) B^*|^2 |f(|T|) A|^2 \right) \right).$$

If $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, then also

$$(3.4) \quad \begin{aligned} & |\omega(BTV A)|^{2r} \\ & \leq \frac{1}{2} r^{2r} (V) \left(\left\| \frac{1}{p} |f(|T|) A|^{2pr} + \frac{1}{q} |g(|T^*|) B^*|^{2qr} \right\| \right. \\ & \quad \left. + \omega^r \left(|g(|T^*|) B^*|^2 |f(|T|) A|^2 \right) \right). \end{aligned}$$

Proof. If we take the supremum over $\|x\| = 1$ in (2.3), then we get

$$\begin{aligned}
& |\omega(BTV A)|^{2r} \\
&= \sup_{\|x\|=1} |\langle BTV Ax, x \rangle|^{2r} \\
&\leq r^{2r} (V) \sup_{\|x\|=1} \left\langle \left[\frac{1}{p} |f(|T|) A|^{2pr} + \frac{1}{q} |g(|T^*|) B^*|^{2qr} \right] x, x \right\rangle \\
&= r^{2r} (V) \left\| \frac{1}{p} |f(|T|) A|^{2pr} + \frac{1}{q} |g(|T^*|) B^*|^{2qr} \right\|,
\end{aligned}$$

which proves (3.1).

By taking the supremum over $\|x\| = 1$ in (2.4) we obtain

$$\begin{aligned}
& |\omega(BTV A)|^{2r} = \sup_{\|x\|=1} |\langle BTV Ax, x \rangle|^{2r} \\
&\leq \frac{1}{2} r^{2r} (V) \sup_{\|x\|=1} \left(\left\| |f(|T|) A|^2 x \right\|^r \left\| |g(|T^*|) B^*|^2 x \right\|^r \right. \\
&\quad \left. + \left\langle |g(|T^*|) B^*|^2 |f(|T|) A|^2 x, x \right\rangle^r \right) \\
&\leq \frac{1}{2} r^{2r} (V) \left[\sup_{\|x\|=1} \left\| |f(|T|) A|^2 x \right\|^r \sup_{\|x\|=1} \left\| |g(|T^*|) B^*|^2 x \right\|^r \right. \\
&\quad \left. + \sup_{\|x\|=1} \left\langle |g(|T^*|) B^*|^2 |f(|T|) A|^2 x, x \right\rangle^r \right] \\
&= \frac{1}{2} r^{2r} (V) \left[\|f(|T|) A\|^{2r} \|g(|T^*|) B^*\|^{2r} + \omega^r \left(|g(|T^*|) B^*|^2 |f(|T|) A|^2 \right) \right],
\end{aligned}$$

which proves (3.2).

The inequality (3.4) follows in a similar way from (2.5). \square

We also have:

Corollary 3. *Assume that f and g are non-negative functions on $[0, \infty)$ that are continuous and satisfying the relation $f(t)g(t) = t$ for all $t \in [0, \infty)$. Let $X, A, B \in \mathcal{B}(H)$, then for all $\alpha, \beta \geq 0$ with $\alpha + \beta \geq 1$, we have*

$$\begin{aligned}
(3.5) \quad & \omega^{2r} \left(BX |X|^{\alpha+\beta-1} A \right) \\
& \leq \|X\|^{2\beta r} \left\| \frac{1}{p} |f(|X|^\alpha) A|^{2pr} + \frac{1}{q} |g(|X^*|^\alpha) B^*|^{2qr} \right\|,
\end{aligned}$$

provided that $r > 0$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 1$.

If $r \geq 1$,

$$\begin{aligned}
(3.6) \quad & \omega^{2r} \left(BX |X|^{\alpha+\beta-1} A \right) \\
& \leq \frac{1}{2} \|X\|^{2\beta r} \left(\|f(|X|^\alpha) A\|^{2r} \|g(|X^*|^\alpha) B^*\|^{2r} \right. \\
& \quad \left. + \omega^r \left(|g(|X^*|^\alpha) B^*|^2 |f(|X|^\alpha) A|^2 \right) \right).
\end{aligned}$$

If $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, then also

$$(3.7) \quad \begin{aligned} & \omega^{2r} \left(BX |X|^{\alpha+\beta-1} A \right) \\ & \leq \frac{1}{2} \|X\|^{2\beta r} \left(\left\| \frac{1}{p} |f(|X|^\alpha) A|^{2pr} + \frac{1}{q} |g(|X^*|^\alpha) B^*|^{2qr} \right\| \right. \\ & \quad \left. + \omega^r \left(|g(|X^*|^\alpha) B^*|^2 |f(|X|^\alpha) A|^2 \right) \right). \end{aligned}$$

Remark 3. Let $\alpha \in [0, 1]$. Then we get

$$(3.8) \quad \begin{aligned} & \omega^{2r} (BXA) \\ & \leq \|X\|^{2(1-\alpha)r} \left\| \frac{1}{p} |f(|X|^\alpha) A|^{2pr} + \frac{1}{q} |g(|X^*|^\alpha) B^*|^{2qr} \right\|, \end{aligned}$$

provided that $r > 0$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 1$.

If $r \geq 1$,

$$(3.9) \quad \begin{aligned} & \omega^{2r} (BXA) \\ & \leq \frac{1}{2} \|X\|^{2(1-\alpha)r} \left(\|f(|X|^\alpha) A\|^{2r} \|g(|X^*|^\alpha) B^*\|^{2r} \right. \\ & \quad \left. + \omega^r \left(|g(|X^*|^\alpha) B^*|^2 |f(|X|^\alpha) A|^2 \right) \right). \end{aligned}$$

If $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, then also

$$(3.10) \quad \begin{aligned} & \omega^{2r} (BXA) \\ & \leq \frac{1}{2} \|X\|^{2(1-\alpha)r} \left(\left\| \frac{1}{p} |f(|X|^\alpha) A|^{2pr} + \frac{1}{q} |g(|X^*|^\alpha) B^*|^{2qr} \right\| \right) \\ & \quad + \omega^r \left(|g(|X^*|^\alpha) B^*|^2 |f(|X|^\alpha) A|^2 \right). \end{aligned}$$

We also have:

Proposition 2. With the assumptions of Theorem 2, we have for $r \geq 1$ and $\delta \in [0, 1]$ that

$$(3.11) \quad \begin{aligned} |\omega(BTV A)|^{2r} & \leq r^{2r} (V) \left\| (1-\delta) |f(|T|) A|^{2r} + \delta |g(|T^*|) B^*|^{2r} \right\| \\ & \quad \times \|f(|T|) A\|^{2r\delta} \|g(|T^*|) B^*\|^{2r(1-\delta)}. \end{aligned}$$

Also, we have

$$(3.12) \quad \begin{aligned} |\omega(BTV A)|^2 & \leq r^2 (V) \left\| (1-\delta) |f(|T|) A|^{2r} + \delta |g(|T^*|) B^*|^{2r} \right\|^{1/r} \\ & \quad \times \left\| \delta |f(|T|) A|^{2r} + (1-\delta) |g(|T^*|) B^*|^{2r} \right\|^{1/r}. \end{aligned}$$

The proof follows by Theorem 3 on taking the supremum over $\|x\| = 1$.

Corollary 4. With the assumptions of Corollary 1, we have for $\delta \in [0, 1]$, that

$$(3.13) \quad \begin{aligned} & \omega^{2r} \left(BX |X|^{\alpha+\beta-1} A \right) \\ & \leq \|X\|^{2\beta r} \left\| (1-\delta) |f(|X|^\alpha) A|^{2r} + \delta |g(|X^*|^\alpha) B^*|^{2r} \right\| \\ & \quad \times \|f(|X|^\alpha) A\|^{2r\delta} \|g(|X^*|^\alpha) B^*\|^{r(1-\delta)}. \end{aligned}$$

Also, we have

$$(3.14) \quad \begin{aligned} & \omega^2 \left(BX |X|^{\alpha+\beta-1} A \right) \\ & \leq \|X\|^{2\beta} \left\| (1-\delta) |f(|X|^\alpha) A|^{2r} + \delta |g(|X^{*\alpha}) B^*|^{2r} \right\|^{1/r} \\ & \quad \times \left\| \delta |f(|X|^\alpha) A|^{2r} + (1-\delta) |g(|X^{*\alpha}) B^*|^{2r} \right\|^{1/r}. \end{aligned}$$

Now, if we take $\beta = 1 - \alpha$, $\alpha \in [0, 1]$ in Corollary 4, then we get

$$(3.15) \quad \begin{aligned} & \omega^{2r} (BXA) \\ & \leq \|X\|^{2(1-\alpha)r} \left\| (1-\delta) |f(|X|^\alpha) A|^{2r} + \delta |g(|X^{*\alpha}) B^*|^{2r} \right\| \\ & \quad \times \|f(|X|^\alpha) A\|^{2r\delta} \|g(|X^{*\alpha}) B^*\|^{r(1-\delta)}. \end{aligned}$$

and

$$(3.16) \quad \begin{aligned} & \omega^2 (BXA) \\ & \leq \|X\|^{2(1-\alpha)} \left\| (1-\delta) |f(|X|^\alpha) A|^{2r} + \delta |g(|X^{*\alpha}) B^*|^{2r} \right\|^{1/r} \\ & \quad \times \left\| \delta |f(|X|^\alpha) A|^{2r} + (1-\delta) |g(|X^{*\alpha}) B^*|^{2r} \right\|^{1/r} \end{aligned}$$

for $\delta \in [0, 1]$.

If the operator T has the polar decomposition $T = U|T|$ with U a partial isometry, we define the transform

$$\Delta_{p,q}(T) := |T|^p U |T|^q,$$

for $p, q \geq 0$. Here we assume that $|T|^0 = I$.

The p -generalized Dougal transform is defined by

$$\widehat{T}_p := |T|^p U,$$

the usual Dougal transform is then

$$\widehat{T} := |T| U,$$

and the p -generalized Aluthge transform

$$\widetilde{T}_p := |T|^p U |T|^p,$$

which for $p = 1/2$ gives the usual Aluthge transform

$$\widetilde{T} := |T|^{1/2} U |T|^{1/2},$$

Also

$$T_q := U |T|^q,$$

which gives for $q = 1$ the usual polar decomposition $T = U |T|$.

For $p = t$, $q = 1 - t$, where $t \in [0, 1]$ we have

$$\Delta_t(T) := \Delta_{t,1-t}(T) = |T|^t U |T|^{1-t}.$$

The transform $\Delta_t(T)$ was introduced and studied in [6].

Now, if we use Remark 3 for $X = \Delta_{p,q}(T)$ and $A = |T|^m$ and $B = |T|^n$ for $p, q, m, n \geq 0$, then for $\alpha \in [0, 1]$ we get

$$(3.17) \quad \begin{aligned} & \omega^{2r} (\Delta_{p+n,q+m}(T)) \\ & \leq \|\Delta_{p,q}(T)\|^{2(1-\alpha)r} \\ & \quad \times \left\| \frac{1}{p} |f(|\Delta_{p,q}(T)|^\alpha) |T|^m|^{2pr} + \frac{1}{q} |g(|(\Delta_{p,q}(T))^*|^\alpha) |T|^n|^{2qr} \right\|, \end{aligned}$$

provided that $r > 0$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 1$.

If $r \geq 1$,

$$(3.18) \quad \begin{aligned} & \omega^{2r} (\Delta_{p+n,q+m}(T)) \\ & \leq \frac{1}{2} \|\Delta_{p,q}(T)\|^{2(1-\alpha)r} \\ & \quad \times \left(\|f(|\Delta_{p,q}(T)|^\alpha) |T|^m\|^{2r} \|g(|(\Delta_{p,q}(T))^*|^\alpha) |T|^n\|^{2r} \right. \\ & \quad \left. + \omega^r \left(|g(|(\Delta_{p,q}(T))^*|^\alpha) |T|^n|^2 |f(|\Delta_{p,q}(T)|^\alpha) |T|^m|^2 \right) \right). \end{aligned}$$

If $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, then also

$$(3.19) \quad \begin{aligned} & \omega^{2r} (\Delta_{p+n,q+m}(T)) \\ & \leq \frac{1}{2} \|\Delta_{p,q}(T)\|^{2(1-\alpha)r} \\ & \quad \times \left(\left\| \frac{1}{p} |f(|\Delta_{p,q}(T)|^\alpha) |T|^m|^{2pr} + \frac{1}{q} |g(|(\Delta_{p,q}(T))^*|^\alpha) |T|^n|^{2qr} \right\| \right) \\ & \quad + \omega^r \left(|g(|(\Delta_{p,q}(T))^*|^\alpha) |T|^n|^2 |f(|\Delta_{p,q}(T)|^\alpha) |T|^m|^2 \right). \end{aligned}$$

From (3.15) and (3.16) we also get for $\alpha, \delta \in [0, 1]$ that

$$(3.20) \quad \begin{aligned} & \omega^{2r} (\Delta_{p+n,q+m}(T)) \\ & \leq \|\Delta_{p,q}(T)\|^{2(1-\alpha)r} \\ & \quad \times \left\| (1-\delta) |f(|\Delta_{p,q}(T)|^\alpha) |T|^m|^{2r} + \delta |g(|(\Delta_{p,q}(T))^*|^\alpha) |T|^n|^{2r} \right\| \\ & \quad \times \|f(|\Delta_{p,q}(T)|^\alpha) |T|^m\|^{2r\delta} \|g(|(\Delta_{p,q}(T))^*|^\alpha) |T|^n\|^{r(1-\delta)} \end{aligned}$$

and

$$(3.21) \quad \begin{aligned} & \omega^2 (\Delta_{p+n,q+m}(T)) \\ & \leq \|\Delta_{p,q}(T)\|^{2(1-\alpha)} \\ & \quad \times \left\| (1-\delta) |f(|\Delta_{p,q}(T)|^\alpha) |T|^m|^{2r} + \delta |g(|(\Delta_{p,q}(T))^*|^\alpha) |T|^n|^{2r} \right\|^{1/r} \\ & \quad \times \left\| \delta |f(|\Delta_{p,q}(T)|^\alpha) |T|^m|^{2r} + (1-\delta) |g(|(\Delta_{p,q}(T))^*|^\alpha) |T|^n|^{2r} \right\|^{1/r} \end{aligned}$$

By taking some particular values for $p, q, m, n \geq 0$ we can obtain certain inequalities for the Aluthge and Dougal transforms. The details are omitted.

4. INEQUALITIES FOR p -SCHATTEN NORMS

In order to extend these results for p -Schatten norms we need the following preparations.

Let $(H; \langle \cdot, \cdot \rangle)$ be a complex Hilbert space and $\mathcal{B}(H)$ the Banach algebra of all bounded linear operators on H . If $\{e_i\}_{i \in I}$ an orthonormal basis of H , we say that $A \in \mathcal{B}(H)$ is of *trace class* if

$$(4.1) \quad \|A\|_1 := \sum_{i \in I} \langle |A| e_i, e_i \rangle < \infty.$$

The definition of $\|A\|_1$ does not depend on the choice of the orthonormal basis $\{e_i\}_{i \in I}$. We denote by $\mathcal{B}_1(H)$ the set of trace class operators in $\mathcal{B}(H)$.

We define the *trace* of a trace class operator $A \in \mathcal{B}_1(H)$ to be

$$(4.2) \quad \text{tr}(A) := \sum_{i \in I} \langle A e_i, e_i \rangle,$$

where $\{e_i\}_{i \in I}$ an orthonormal basis of H . Note that this coincides with the usual definition of the trace if H is finite-dimensional. We observe that the series (4.2) converges absolutely and it is independent from the choice of basis.

The following result collects some properties of the trace:

Theorem 4. *We have:*

(i) *If $A \in \mathcal{B}_1(H)$ then $A^* \in \mathcal{B}_1(H)$ and*

$$(4.3) \quad \text{tr}(A^*) = \overline{\text{tr}(A)};$$

(ii) *If $A \in \mathcal{B}_1(H)$ and $T \in \mathcal{B}(H)$, then $AT, TA \in \mathcal{B}_1(H)$ and*

$$(4.4) \quad \text{tr}(AT) = \text{tr}(TA) \text{ and } |\text{tr}(AT)| \leq \|A\|_1 \|T\|;$$

(iii) *$\text{tr}(\cdot)$ is a bounded linear functional on $\mathcal{B}_1(H)$ with $\|\text{tr}\| = 1$;*

(iv) *If $A, B \in \mathcal{B}_2(H)$ then $AB, BA \in \mathcal{B}_1(H)$ and $\text{tr}(AB) = \text{tr}(BA)$;*

(v) *$\mathcal{B}_{fin}(H)$, the space of operators of finite rank, is a dense subspace of $\mathcal{B}_1(H)$.*

An operator $A \in \mathcal{B}(H)$ is said to belong to the *von Neumann-Schatten class* $\mathcal{B}_p(H)$, $1 \leq p < \infty$ if the p -Schatten norm is finite [16, p. 60-64]

$$\|A\|_p := [\text{tr}(|A|^p)]^{1/p} = \left(\sum_{i \in I} \langle |A|^p e_i, e_i \rangle \right)^{1/p} < \infty.$$

For $1 < p < q < \infty$ we have that

$$(4.5) \quad \mathcal{B}_1(H) \subset \mathcal{B}_p(H) \subset \mathcal{B}_q(H) \subset \mathcal{B}(H)$$

and

$$(4.6) \quad \|A\|_1 \geq \|A\|_p \geq \|A\|_q \geq \|A\|.$$

For $p \geq 1$ the functional $\|\cdot\|_p$ is a *norm* on the $*$ -ideal $\mathcal{B}_p(H)$ and $(\mathcal{B}_p(H), \|\cdot\|_p)$ is a Banach space.

Also, see for instance [16, p. 60-64],

$$(4.7) \quad \|A\|_p = \|A^*\|_p, \quad A \in \mathcal{B}_p(H)$$

$$(4.8) \quad \|AB\|_p \leq \|A\|_p \|B\|_p, \quad A, B \in \mathcal{B}_p(H)$$

and

$$(4.9) \quad \|AB\|_p \leq \|A\|_p \|B\|, \quad \|BA\|_p \leq \|B\| \|A\|_p, \quad A \in \mathcal{B}_p(H), \quad B \in \mathcal{B}(H).$$

This implies that

$$(4.10) \quad \|CAB\|_p \leq \|C\| \|A\|_p \|B\|, \quad A \in \mathcal{B}_p(H), \quad B, C \in \mathcal{B}(H).$$

In terms of p -Schatten norm we have the Hölder inequality for $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$

$$(4.11) \quad (\text{tr}(AB) | \leq) \|AB\|_1 \leq \|A\|_p \|B\|_q, \quad A \in \mathcal{B}_p(H), \quad B \in \mathcal{B}_q(H).$$

For the theory of trace functionals and their applications the reader is referred to [14] and [16].

For $\mathcal{E} := \{e_i\}_{i \in I}$ an orthonormal basis of H we define for $A \in \mathcal{B}_p(H)$, $p \geq 1$

$$\|A\|_{\mathcal{E}, p} := \left(\sum_{i \in I} |\langle Ae_i, e_i \rangle|^p \right)^{1/p}.$$

We observe that $\|\cdot\|_{\mathcal{E}, p}$ is a norm on $\mathcal{B}_p(H)$ and $\|A\|_{\mathcal{E}, p} \leq \|A\|_p$ for $A \in \mathcal{B}_p(H)$.

Proposition 3. *Assume that f and g are non-negative functions on $[0, \infty)$ that are continuous and satisfying the relation $f(t)g(t) = t$ for all $t \in [0, \infty)$. Let T, V be operators in $\mathcal{B}(H)$ such that $|T|V = V^*|T|$, then for $A, B \in \mathcal{B}(H)$ with $|f(|T|)A|^{2pr}$, $|g(|T^*|)B^*|^{2qr} \in \mathcal{B}_1(H)$ for $p, q > 1$, $\frac{1}{p} + \frac{1}{q} = 1$, $r > 0$ and $pr, qr \geq 1$, we have*

$$(4.12) \quad \|BTV A\|_{\mathcal{E}, 2r}^{2r} \leq r^{2r} (V) \text{tr} \left[\frac{1}{p} |f(|T|)A|^{2pr} + \frac{1}{q} |g(|T^*|)B^*|^{2qr} \right].$$

If $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$, $pr, qr \geq 2$, and $|f(|T|)A|^{2pr}$, $|g(|T^*|)B^*|^{2qr} \in \mathcal{B}_1(H)$ while $|g(|T^*|)B^*|^2 |f(|T|)A|^2 \in \mathcal{B}_1(H)$, then

$$(4.13) \quad \begin{aligned} \|BTV A\|_{\mathcal{E}, 2r}^{2r} &\leq \frac{1}{2} r^{2r} (V) \left[\text{tr} \left(\frac{1}{p} |f(|T|)A|^{2pr} + \frac{1}{q} |g(|T^*|)B^*|^{2qr} \right) \right. \\ &\quad \left. + \left\| |g(|T^*|)B^*|^2 |f(|T|)A|^2 \right\|_{\mathcal{E}, r}^r \right] \\ &\leq \frac{1}{2} r^{2r} (V) \left[\text{tr} \left(\frac{1}{p} |f(|T|)A|^{2pr} + \frac{1}{q} |g(|T^*|)B^*|^{2qr} \right) \right. \\ &\quad \left. + \left\| |g(|T^*|)B^*|^2 |f(|T|)A|^2 \right\|_r^r \right]. \end{aligned}$$

Proof. If $\{e_i\}_{i \in I}$ an orthonormal basis of H , then by (2.3) for $y = x = e_i$, $i \in I$, we get

$$\begin{aligned} &|\langle BTV Ae_i, e_i \rangle|^{2r} \\ &\leq r^{2r} (V) \left\langle \left[\frac{1}{p} |f(|T|)A|^{2pr} + \frac{1}{q} |g(|T^*|)B^*|^{2qr} \right] e_i, e_i \right\rangle \end{aligned}$$

for $i \in I$.

If we sum over $i \in I$, then we get

$$\begin{aligned} & \sum_{i \in I} |\langle BTV A e_i, e_i \rangle|^{2r} \\ & \leq r^{2r} (V) \sum_{i \in I} \left\langle \left[\frac{1}{p} |f(|T|) A|^{2pr} + \frac{1}{q} |g(|T^*|) B^*|^{2qr} \right] e_i, e_i \right\rangle, \end{aligned}$$

which proves (4.12).

If $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, then by (2.5) we get

$$\begin{aligned} & |\langle BTV A e_i, e_i \rangle|^{2r} \\ & \leq \frac{1}{2} r^{2r} (V) \left(\left\langle \left(\frac{1}{p} |f(|T|) A|^{2pr} + \frac{1}{q} |g(|T^*|) B^*|^{2qr} \right) e_i, e_i \right\rangle \right. \\ & \quad \left. + \left\langle |g(|T^*|) B^*|^2 |f(|T|) A|^2 e_i, e_i \right\rangle^r \right) \end{aligned}$$

for $i \in I$.

If we sum over $i \in I$, then we get the first part of (4.13). The second part is obvious. \square

Corollary 5. *Assume that f and g are non-negative functions on $[0, \infty)$ that are continuous and satisfying the relation $f(t)g(t) = t$ for all $t \in [0, \infty)$. Let $X, A, B \in \mathcal{B}(H)$ and $\alpha, \beta \geq 0$ with $\alpha + \beta \geq 1$, if $|f(|X|^\alpha) A|^{2pr}, |g(|X^*|^\alpha) B^*|^{2qr} \in \mathcal{B}_1(H)$ with $p, q > 1$, $\frac{1}{p} + \frac{1}{q} = 1$, $r > 0$ and $pr, qr \geq 1$, then we have $BX |X|^{\alpha+\beta-1} A \in \mathcal{B}_1(H)$ and*

$$(4.14) \quad \begin{aligned} & \left\| BX |X|^{\alpha+\beta-1} A \right\|_{\mathcal{E}, 2r}^{2r} \\ & \leq \|X\|^{2\beta r} \operatorname{tr} \left[\frac{1}{p} |f(|X|^\alpha) A|^{2pr} + \frac{1}{q} |g(|X^*|^\alpha) B^*|^{2qr} \right]. \end{aligned}$$

If $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, then also

$$(4.15) \quad \begin{aligned} & \left\| BX |X|^{\alpha+\beta-1} A \right\|_{\mathcal{E}, 2r}^{2r} \\ & \leq \frac{1}{2} \|X\|^{2\beta r} \left(\operatorname{tr} \left[\frac{1}{p} |f(|X|^\alpha) A|^{2pr} + \frac{1}{q} |g(|X^*|^\alpha) B^*|^{2qr} \right] \right. \\ & \quad \left. + \left\| |g(|X^*|^\alpha) B^*|^2 |f(|X|^\alpha) A|^2 \right\|_{\mathcal{E}, r}^r \right) \\ & \leq \frac{1}{2} \|X\|^{2\beta r} \left(\operatorname{tr} \left[\frac{1}{p} |f(|X|^\alpha) A|^{2pr} + \frac{1}{q} |g(|X^*|^\alpha) B^*|^{2qr} \right] \right. \\ & \quad \left. + \left\| |g(|X^*|^\alpha) B^*|^2 |f(|X|^\alpha) A|^2 \right\|_r^r \right). \end{aligned}$$

We notice that, if we take $\beta = 1 - \alpha$ in Corollary 5, then we get

$$(4.16) \quad \|BXA\|_{\mathcal{E}, 2r}^{2r} \leq \|X\|^{2(1-\alpha)r} \operatorname{tr} \left[\frac{1}{p} |f(|X|^\alpha) A|^{2pr} + \frac{1}{q} |g(|X^*|^\alpha) B^*|^{2qr} \right]$$

and

$$\begin{aligned}
(4.17) \quad & \|BXA\|_{\mathcal{E},2r}^{2r} \\
& \leq \frac{1}{2} \|X\|^{2(1-\alpha)r} \left(\operatorname{tr} \left[\frac{1}{p} |f(|X|^\alpha) A|^{2pr} + \frac{1}{q} |g(|X^{*\alpha}) B^*|^{2qr} \right] \right. \\
& \quad \left. + \left\| |g(|X^{*\alpha}) B^*|^2 |f(|X|^\alpha) A|^2 \right\|_{\mathcal{E},r}^r \right) \\
& \leq \frac{1}{2} \|X\|^{2(1-\alpha)r} \left(\operatorname{tr} \left[\frac{1}{p} |f(|X|^\alpha) A|^{2pr} + \frac{1}{q} |g(|X^{*\alpha}) B^*|^{2qr} \right] \right. \\
& \quad \left. + \left\| |g(|X^{*\alpha}) B^*|^2 |f(|X|^\alpha) A|^2 \right\|_r^r \right).
\end{aligned}$$

Corollary 6. *Let T, V be operators in $\mathcal{B}(H)$ such that $|T|V = V^*|T|$ and $\lambda \in [0, 1]$, then for $A, B \in \mathcal{B}(H)$ with $\left| |T|^\lambda A \right|^{2pr}, \left| |T^*|^{1-\lambda} B^* \right|^{2qr} \in \mathcal{B}_1(H)$ for $p, q > 1$, $\frac{1}{p} + \frac{1}{q} = 1$, $r > 0$ and $pr, qr \geq 1$, we have*

$$(4.18) \quad \|BTV A\|_{\mathcal{E},2r}^{2r} \leq r^{2r} (V) \operatorname{tr} \left[\frac{1}{p} \left| |T|^\lambda A \right|^{2pr} + \frac{1}{q} \left| |T^*|^{1-\lambda} B^* \right|^{2qr} \right].$$

If $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$, $pr, qr \geq 2$, and $\left| |T|^\lambda A \right|^{2pr}, \left| |T^*|^{1-\lambda} B^* \right|^{2qr} \in \mathcal{B}_1(H)$ while $\left| |T^*|^{1-\lambda} B^* \right|^2 \left| |T|^\lambda A \right|^2 \in \mathcal{B}_1(H)$, then

$$\begin{aligned}
(4.19) \quad & \|BTV A\|_{\mathcal{E},2r}^{2r} \leq \frac{1}{2} r^{2r} (V) \left[\operatorname{tr} \left(\frac{1}{p} \left| |T|^\lambda A \right|^{2pr} + \frac{1}{q} \left| |T^*|^{1-\lambda} B^* \right|^{2qr} \right) \right. \\
& \quad \left. + \left\| \left| |T^*|^{1-\lambda} B^* \right|^2 \left| |T|^\lambda A \right|^2 \right\|_{\mathcal{E},r}^r \right] \\
& \leq \frac{1}{2} r^{2r} (V) \left[\operatorname{tr} \left(\frac{1}{p} \left| |T|^\lambda A \right|^{2pr} + \frac{1}{q} \left| |T^*|^{1-\lambda} B^* \right|^{2qr} \right) \right. \\
& \quad \left. + \left\| \left| |T^*|^{1-\lambda} B^* \right|^2 |f(|T|) A|^2 \right\|_r^r \right].
\end{aligned}$$

Finally, by Corollary 5 we get for $X, A, B \in \mathcal{B}(H)$ and $\lambda \in [0, 1]$, $\alpha, \beta \geq 0$ with $\alpha + \beta \geq 1$, and if $\left| |X|^{\lambda\alpha} A \right|^{2pr}, \left| |X^{*(1-\lambda)\alpha} B^* \right|^{2qr} \in \mathcal{B}_1(H)$ for $p, q > 1$, $\frac{1}{p} + \frac{1}{q} = 1$, $r > 0$ and $pr, qr \geq 1$, then we have $BX|X|^{\alpha+\beta-1} A \in \mathcal{B}_1(H)$ and

$$\begin{aligned}
(4.20) \quad & \left\| BX|X|^{\alpha+\beta-1} A \right\|_{\mathcal{E},2r}^{2r} \\
& \leq \|X\|^{2\beta r} \operatorname{tr} \left[\frac{1}{p} \left| |X|^{\lambda\alpha} A \right|^{2pr} + \frac{1}{q} \left| |X^{*(1-\lambda)\alpha} B^* \right|^{2qr} \right].
\end{aligned}$$

If $r \geq 1$, $p, q > 1$ with $\frac{1}{p} + \frac{1}{q} = 1$ and $pr, qr \geq 2$, then also

$$\begin{aligned}
 (4.21) \quad & \left\| BX |X|^{\alpha+\beta-1} A \right\|_{\mathcal{E}, 2r}^{2r} \\
 & \leq \frac{1}{2} \|X\|^{2\beta r} \left(\operatorname{tr} \left[\frac{1}{p} |X|^{\lambda\alpha} A \right]^{2pr} + \frac{1}{q} \left| |X^*|^{(1-\lambda)} B^* \right|^{2qr} \right) \\
 & \quad + \left\| \left| |X^*|^{(1-\lambda)\alpha} B^* \right|^2 \left| |X|^{\lambda\alpha} A \right|^2 \right\|_{\mathcal{E}, r}^r \\
 & \leq \frac{1}{2} \|X\|^{2\beta r} \left(\operatorname{tr} \left[\frac{1}{p} |X|^{\lambda\alpha} A \right]^{2pr} + \frac{1}{q} \left| |X^*|^{(1-\lambda)\alpha} B^* \right|^{2qr} \right) \\
 & \quad + \left\| \left| |X^*|^{(1-\lambda)\alpha} B^* \right|^2 \left| |X|^{\lambda\alpha} A \right|^2 \right\|_r^r.
 \end{aligned}$$

Moreover, if we take in (4.20) and (4.21) $\beta = 1 - \alpha$, then we get

$$(4.22) \quad \|BXA\|_{\mathcal{E}, 2r}^{2r} \leq \|X\|^{2(1-\alpha)r} \operatorname{tr} \left[\frac{1}{p} |X|^{\lambda\alpha} A \right]^{2pr} + \frac{1}{q} \left| |X^*|^{(1-\lambda)\alpha} B^* \right|^{2qr}$$

and

$$\begin{aligned}
 (4.23) \quad & \|BXA\|_{\mathcal{E}, 2r}^{2r} \\
 & \leq \frac{1}{2} \|X\|^{2(1-\alpha)r} \left(\operatorname{tr} \left[\frac{1}{p} |X|^{\lambda\alpha} A \right]^{2pr} + \frac{1}{q} \left| |X^*|^{(1-\lambda)} B^* \right|^{2qr} \right) \\
 & \quad + \left\| \left| |X^*|^{(1-\lambda)\alpha} B^* \right|^2 \left| |X|^{\lambda\alpha} A \right|^2 \right\|_{\mathcal{E}, r}^r \\
 & \leq \frac{1}{2} \|X\|^{2(1-\alpha)r} \left(\operatorname{tr} \left[\frac{1}{p} |X|^{\lambda\alpha} A \right]^{2pr} + \frac{1}{q} \left| |X^*|^{(1-\lambda)\alpha} B^* \right|^{2qr} \right) \\
 & \quad + \left\| \left| |X^*|^{(1-\lambda)\alpha} B^* \right|^2 \left| |X|^{\lambda\alpha} A \right|^2 \right\|_r^r.
 \end{aligned}$$

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